

# INNER CULTURE



EAST-WEST MAGAZINE

The Cosmic Dream-Idol



Mental and Spiritual Freedom

# Voice of Life

LIFE hurled me into a rapidly flowing river of experience. At last she has brought me to rest in a place of beauty and quiet depths. Here, no resistless current sweeps me headlong from bank to boulder. The lush-green leaves whisper, "Peace, peace." The mellow sunlight bids me rest. The deep waters murmur a wordless melody. All Nature conjoins to soothe the weary traveler.—"Peace, rest."

Within my storm-bruised Self the restless thoughts nestle like drowsy birds. Lashed nerves cease their apprehensive quiver. Silence, like an angel's wing, enfolds my Being in enchanted respite; while the hand of Time itself is stilled.—"Peace, peace."

As my senses become thus hushed in the murmurous quietude, my ear becomes attuned to a deeper voice; a voice throbbing behind the music of the river, of the trees, of the sunlight. It is the Voice of Life!—Gentle, urgent, resistless in its rhythmic call.

What is her message? Her command? Quietened, alert, chastened by the waves of experience, I listen. No more blind beating against the current of Destiny; no more seeking ways of escape in the ever-widening maze of my own creation. Pliant now, awakened to Life's need of her own fulfillment in the ultimate expression through the plasticity of Man to her molding, I stand an eager recipient of the wisdom imparted.

For Man, to reach his high estate—that Dream of God which was born with Earth's first breath—must heed the tide of that breath. Within the secret chamber of his heart is reflected the image of that Dream. There, written in wordless wisdom on tablets of stainless purity, the ageless knowledge awaits the revealing eyes of the god-man whose form within Man's own, measure to measure, awakens to boundlessness when released by the secret spring in Man's yearning search for Truth.

May I translate Life's message for others to read? Can the falcon be confined to the humming-bird's nest? Can the light of the sun be caged in the seamless basket?

No written or spoken language can imprison in words the immortality of Truth. Each man must read the sacred script for himself. Each man must awaken his god-self that the fullness of Truth may be revealed to him in its flawless purity through eyes undimmed by veils of human frailty. Only as he himself becomes cleansed in the crystal stream, can he bear its message in action direct and true. As clear, sparkling water can spray forth only from a fountain-head that is pure at its source, so Man may, from his god-head of guileless wisdom, express the Living Word.

In humility and joy I raise my hands in acceptance of Life's sacred mission. As my feet are laved in the rising tide of her boundless and horizonless sea, I step forward to immerse myself in her service. To my ear is wafted a melody of haunting beauty:

Who seeks his life shall lose it;  
Who loses it shall reign.  
Truth's gift of Light Supernal  
Seeks him who seeks no gain.

—By Orpha L. Sahly.

# INNER CULTURE

## EAST-WEST MAGAZINE

*Master Minds of the East and the West are contributing their best efforts to this magazine, dedicated to the super-art of living.*

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Published monthly by Self Realization Fellowship Church (Yogoda Sat-Sanga Society), 3880 San Rafael Ave., Los Angeles, California. S. Yogananda, President. Entered as second-class postal matter, April 6, 1934, at the Post Office in Los Angeles, California, under the Act of March 3, 1879.

SALOME E. MARCKWARDT, Managing Editor.

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VOL. VII

Printed in U. S. A.

No. 9

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Yearly subscription, \$2.50; Canada, \$2.75; Foreign, \$3.00. Single copies, 25c.

Manuscripts should be addressed to “The Editors,” not to individuals. Please enclose a stamped return envelope.

INNER CULTURE is the official organ of the Self-Realization Fellowship Church of America, founded in 1920 by S. Yogananda, A. B. Published Monthly by the Self-Realization Fellowship Church (Yogoda Sat-Sanga Society), 3880 San Rafael Ave., Los Angeles, Calif.

Changes of address should be sent to INNER CULTURE two weeks before the date it is to go into effect. Both the old and new address should be sent. We cannot be responsible for copies lost due to the subscriber's failure to notify us in time of his or her new address.

July, 1935

Page One

# Each in His Separate Star

By LOUISE ELIZABETH COLVIN

(Continued from Last Issue.)

**I**N an earlier issue the story of Theocrite was presented without embellishment, in the plain garment of prose. But let the imagination of the poet clothe it and it becomes a work of art. And when the poetic genius of Robert Browning takes up the legend, it brings forth his beautiful poem: "The Boy and the Angel."

Morning, evening, noon, and night,  
"Praise God," sang Theocrite.

Then to his poor trade he turned,  
By which the daily meal was earned.

Hard he labored, long and well;  
O'er his work the boy's curls fell:

But even, at each period,  
He stopped and sang, "Praise God."

Then back again his curls he threw,  
And cheerful turned to work anew.

Said Blaise, the listening monk: "Well  
done;  
I doubt not thou art heard, my son:

As well as if thy voice today  
Were praising God, the Pope's great  
way.

This Easter Day, the Pope at Rome  
Praises God from Peter's dome."

Said Theocrite: "Would God that I  
Might praise Him that great way, and  
die!"

Night passed, day shone,  
And Theocrite was gone.

With God a day endures always,  
A thousand years are but a day.

God said in Heaven: "Nor day nor  
night  
Now brings the voice of my delight."

Then Gabriel, like a rainbow's birth,  
Spread his wings and sank to earth;  
Entered in flesh, the empty cell,  
Lived there, and played the craftsman  
well:

And morning, evening, noon, and night,  
Praised God in place of Theocrite.

And from a boy, to youth, he grew:  
The man put off the stripling's hue:

The man matured and fell away  
Into the season of decay:

And ever o'er the trade he bent,  
And ever lived on earth content.

(He did God's will; to him, all one  
If on the earth or in the sun.)

God said: "A praise is in mine ear;  
There is no doubt in it, no fear:

So sing old worlds, and so  
New worlds that from my footstool go.

Clearer loves sound other ways:  
I miss my little human praise."

Then forth sprang Gabriel's wings, off  
fell

The flesh disguise, remained the cell.

'Twas Easter Day: he flew to Rome,  
And paused above Saint Peter's dome.

In the tiring-room close by  
The great outer gallery,

With his holy vestments dight,  
Stood the new Pope, Theocrite:

And all his past career  
Came back upon him clear,

(Continued on Page 24)

# The Cosmic Dream-Idol

By S. Y.

(Reprint from "Whispers from Eternity")

THE Spirit, the Silent One, who remained hidden behind dream space as an invisible, tore away the veil of Eternity and appeared as a Visible Cosmic Dream-Idol of Finitude. In the boundless Temple of Space, in the shrine of Cosmic Dreams, the Idol of Finitude rests or moves slowly or dances with His millions of feet of motion and life. Every day, when with closed eyes I seek to grasp Infinity, until my brain aches from the strain . . . I open my spiritual eyes and fly my mind-architect far away into the region of Eternity, and there build for myself a measureless temple of space, a Sanctuary of Silence; and there I place my Cosmic Dream-Idol of Finitude, my Idol with starry eyes, blue skiey body; bejeweled with moons, decorated with garlands of the milky way, blossoms of light, and wearing on His head a golden crown of jeweled rays.

I behold Him in the Cosmic Temple, His ever-busy hands working through the electrical forces and through the millions of hands of all living creatures. I behold this, my Great Idol, walking through fifteen hundred million pairs of feet. I hear His footsteps in the Temple. And in the Temple Choir, even the moth and the glow-worm fold their wings in devotion, and tiny-eyed lights fold their palms of rays together, along with mine, to worship Him. The temples, mosques, viharas, all sing in choruses of harmony only, offering unto my Idol of Finitude the different songs of multitudinous teachings.

The many called to the One through the lispings prayers of conscience, theology, and intuition—and my Idol of Finitude responded. He was Invisible; He became Visible. He was One and

He became many. He found that the many children of phenomena, especially His Human children, became entangled in their self-woven nets of delusion, and were unable to release themselves by their misused reason from the pits of illusion, dug by themselves. So He took pity and became the Father to protect the little helpless child; and then again He stabbed His Heart and let the blood of His Most Precious Heart's Love flow earthward; and He clothed the blood clot of His Love with a Divine form, and it became the Mother—Divine Love became Mother Love.

The Divine Mother Love in the human mother became the unconditional lover of the baby, so that, even if the baby should become a criminal, forsaken by all the world—still it could go to this miniature incarnated Divine Mother, the earthly mother, and find ready forgiveness, tender sympathy, and wise assistance to find a way out of the error.

He became the baby, to keep the cold, reasoning Fatherly Love balanced and expanded by the unconditional love of the mother. He gave the Motherly Divine Love to soften the cold, calculating love of the Father. He became the baby so that He might keep the protecting and surrendering love together, unified to express the Divine, unconditional love in the baby. He unified the Father and Mother in body, mind, and Soul—surrendering love, to express unconditionally His Divine Love in their Souls, as well as in the abandonment or union of body, mind, and Soul.

He became the lover in order to give love, to teach and express unconditional, unselfish love; and He became the beloved to receive love and to appreciate unselfish love and to rouse unconditional love in the lover. He be-

came the teacher to warn Himself with love, thus warning Himself as the erroneous many. But when the many heeded not the voice of their One Cosmic Lover, they hurt themselves. And as often as they hurt themselves, He admonished visibly, vocally, tangibly, through the Father, and shed Soul-softening, protesting and loving tears through the Mother's or the Beloved's eyes.

He was not satisfied to become the protecting parents, so He appeared as Immortal Life, to destroy death. He became the baby to unite the parents in greater, unselfish, divine love felt in the child. He became the minister of wisdom in each temple of conscience to give secret, silent sermons to erring Souls. He was not contented to render help through the family instincts, so He appears as the unlimited number of friends, to offer continuously fresh added help to all individuals.

He throbbed as health to eject sickness. He smiled in the minds of men and women to destroy the intruder, sorrow. He became the light to shut out darkness in which many of His children stumble. He became the golden sun to give vitality, and he spread the silver rays of the moon as salve to soothe the fever-parched body of man. He sang as the nightingale in the halls of Nature, that His children may be induced to sing the spontaneous songs of the heart to Him. He peeped through the beauty-window of the bluebell to give His children a glimpse of His Beauty—that they might run after Him.

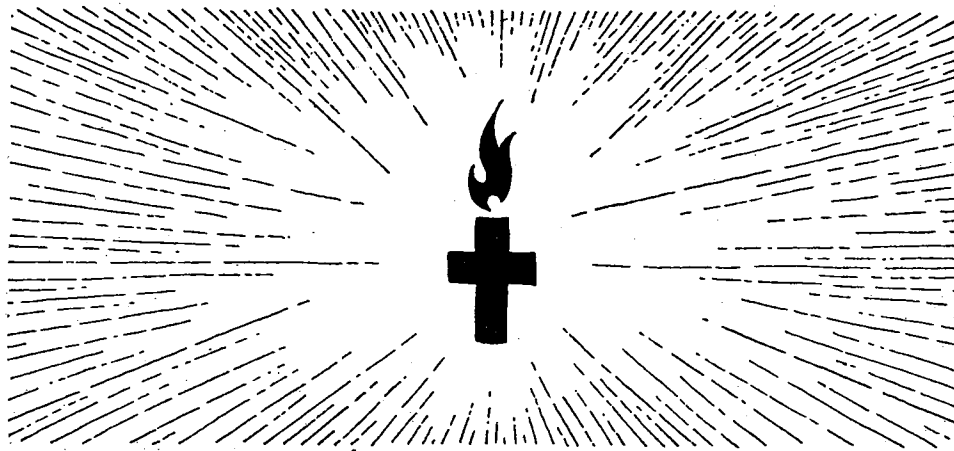
He spread Himself as fragrance to lure the mind to seek His Undying Fragrance hidden behind the ignorance-corked bottles of the human senses. He visited as determination in the hearts of the weak that they might awaken the all-freeing, all-accomplishing Cosmic Will sleeping in their Souls. He became love in all hearts, so that through the doors of their little loves they might escape forever and find protection in His Omnipresent Land of Love.

He sowed the Soul-seeds on the soil of larger love, and they grew into petals, all joined together on the stem of family love. Now, when the petals of

Souls exuded the fragrance of one family-love, they began to fall away through separation or death. The Divine Love and the fragrance of family love was harvested on the petals of Souls. Blown by the wind of Omnipresent Love, the progeny pollen of these Souls migrated and fell on the wider soil of social, patriotic, and international love; and then they became bigger and brighter flowers, emanating volumes of sweeter fragrance of social, patriotic, and international love. At last, from these were born larger living seeds. These better and more vital Soul-seeds no longer were satisfied to grow on soil with boundaries; so God planted them in the garden of Infinitude, and there they all bloomed as His Immortelle of Infinite Love, the One Flower from all flowers, forever knitted in the heart of His Omnipresence, ever-fragrant, with ever-new, everlasting joy.

When I lost my earthly mother, I sought her two black eyes in the stars—until they twinkled black eyes everywhere. But they were not those eyes that I had lost. There were many black eyes that sought to mother me, but they were not those eyes that I loved. I pulled the Divine Mother's veil of Silence within me very hard, and I asked Her: "Why art Thou so cruel? Why didst Thou take away my beloved earthly mother? Why dost Thou deny her to my heart's gaze?" She replied: "Little child, it was I who became your mother. Many times have I nursed thee. Sometimes it was as a mother nightingale, sometimes as a deer in the forest. I have suckled thee through many breasts. The last mother whom you loved so dearly was I, and now I have broken that little form, because your love was becoming too locked up and clogged within the boundaries of a little motherly breast. I broke those boundaries so that thy released love might flood through all mothers and feel my One Vast Love in all hearts. I broke the little form of your mother, that you might seek Me, your same mother, in the form of Infinitude, and in the form of the Infinite Cosmic Idol of Finitude."

In the chain of Universes, I beheld  
(Continued on Page 26)



# The Second Coming of Christ

Steps Toward the Attaining of the Consciousness  
Which was in Christ Jesus

By S. Y.

## Chapter IX

*"Blessed are the Merciful: for they shall obtain mercy."*

("Walks and Words of Jesus," by  
Rev. M. N. Olmsted)

**M**ERCY is a sort of fatherly heart-ache for the deficiency in child souls. The wise alone can be really merciful, for they look upon all wrongdoers as children who deserve sympathy, forgiveness, help, and guidance. Mercy is useless unless the fatherly heartache melts and expresses itself in offering forgiveness and actual spiritual help in eliminating the error in an individual. The morally weak but willing-to-be good, the real sinner, (the greatest transgressor against his own happiness) and the spiritually ignorant, should obtain merciful help from the wise. Besides these, the physically decrepit and the mentally and spiritually weak all need merciful help from souls that are capable of rendering merciful help.

Mercy denotes the capacity for being helpful. Therefore, only developed or qualified souls can be practically and mercifully useful. Souls who continu-

ously develop themselves in every way and mercifully feel the lack of all-round development in others, surely will melt the heart of God with compassionate sympathy and obtain His unending and helpful mercy. In other words, you must be merciful to yourself by making yourself spiritually qualified, and must also be merciful to other deluded children of God if you want to receive divine mercy.

"BLESSED ARE THE PURE IN HEART: FOR THEY SHALL SEE GOD." ("Walks and Words of Jesus," by Rev. M. N. Olmsted).

Purity of the intellect gives one the power of correct reasoning, but purity of the heart gives one the contact of God. Of course, pure wisdom and divine understanding are identical. Intellectuality is a quality of the power of reason, and wisdom is the redeeming quality of the soul. Intellectuality is confined to developing the power of human reason, which can interpret the data offered by the senses. Wisdom signifies the all-seeing power of the soul, which not only truly interprets phenomena as presented by the senses,

but interprets the pneumena, the substance or cause, which lies screened behind the vision of the senses.

Purity signifies wisdom-guided actions or the adjusting of human actions to the sacred soul qualities of love, mercy, service, self-control, self-discipline, conscience, and intuition.

The pure-eyed quality of wisdom must be combined with the feeling of the heart. Wisdom shows the righteous path and the heart desires and loves to follow that path. That is, all wisdom-guided pure qualities must be whole-heartedly (not intellectually or theoretically) followed.

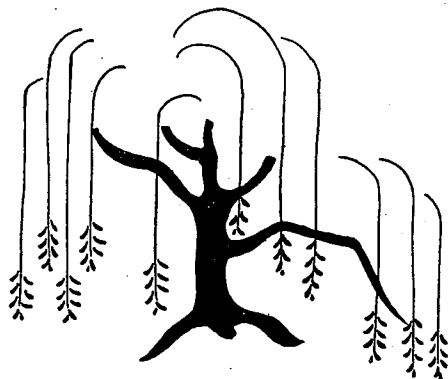
After attaining purity and wisdom, one can perceive God, who is a combination of supreme wisdom and supreme love. When pure wisdom is combined with pure divine love for all Beings, then one can see or become One with God. Physically we see through our eyes, but spiritual seeing is performed by the all-seeing, all-feeling eyes of intuition. When one's heart and soul are filled with wisdom and divine love, then intuition develops. This developed intuition reveals to the true devotee the true God as the union of wisdom and divine love.

**"BLESSED ARE THE PEACE-MAKERS: FOR THEY SHALL BE CALLED THE CHILDREN OF GOD."**

("Walks and Words of Jesus," by Rev. M. N. Olmsted.)

Those who make peace in the factory of meditation are the children of God. He is the first-born-peace in the Temple of Silence. God is the first peace felt in meditation. God first manifests Himself as peace to one who meditates. Hence, those who regularly meditate are the makers or worshippers of Peace-God, and therefore, they are His true children. Those who worship God as the peace of meditation are the ones who truly know and feel the nature of God.

Such devotees, who feel God as peace, always want the Peace-God to be manifest in their home, in society, in the neighborhood, in the nation, and in all nationalities and races. So, anyone who brings peace to an inharmonious family has established God there. Anyone who removes the misunderstanding between souls has united them in God's peace. Anyone who, forsaking national greed and selfishness, works to establish peace amidst warring nations, is establishing God in the heart of nations. Anyone who stirs up strife among brother nations under the guise of patriotism is a traitor—a faithless child of God. Anyone who keeps family members, neighbors, and friends fighting through fostering falsehoods and gossip, is also a maker of disturbance and helps to oust God from the temple of harmony.





# Mental and Spiritual Freedom

By S. Y.

## BHAGAVAD GITA

### Chapter II Stanza VIII

#### ENGLISH TRANSLATION

I behold nothing to do away with this inner affliction which pounds my senses, even if I were to receive a matchless and prosperous kingdom over this world and become lord and master over the astral dieties.

#### LITERAL SPIRITUAL TRANSLATION

I see nothing in my spiritual vision by which I can get away from this haunting mental affliction consisting of my feeling of commiseration for the neglected relatives of sense pleasures. I feel that, even if I gained lordship over the world or over the entire astral subtlety, I could not get rid of this hammering destructive sorrow resulting from the relinquishing of the sense attachments.

#### ELABORATE SPIRITUAL INTERPRETATION

It is natural for every one to feel the haunting influence of sense habits. No matter how bad a habit is, it is hard to get rid of it. When a person sincerely tries repeatedly to get rid of a bad habit and does not succeed, he naturally becomes despondent and tries to eschew courageous thoughts.

Bad habits almost paralyze the will and make the individual helpless. He says to himself: "What is the use of trying? It can't be done." All bad habits are very audacious, monopolizing, confining, and limiting in their behavior toward human beings. The bad person, becoming engrossed in the enslaving after-effect of sense pleasures,

thinks: "What is the use of trying to have self-control at all? When I fail to exercise self-control, I am so completely engrossed in the senses that I dare not ever think of loosening their grip over me."

In this sense-enslaved state, the individual becomes so overpowered by the influence of the senses that he begins to think: "Even if I were to become lord and master over this world and all the subtle astral forces, still I would not be able to do without the sense pleasures."

Some people think that they cannot give up even a little sleep for the higher bliss in meditation. Some think that they could never give up living on the sex plane, even if they received the ever-new bliss of Eternal God. Others could never give up family, friends, fame, or name, or any portion of material success in order to acquire the more lasting bliss in God.

The mental slavery to a sense habit is the result of a daily repetition of the specific act which gives birth to a particular habit. By attentively thinking about something every day, that thing becomes a part of an individual's consciousness. When a habit becomes a part of one's thought, it becomes "second nature." This "second nature," consisting of habits, is very powerful and convinces one that he can never get rid of his own nature, even if he were to receive the whole world of superior pleasures in exchange. This state is termed by metaphysicians as the "habit-identified state," or "body-identified state."

The soul should not, through false

sympathy, feel sorry for the bodily pleasures with which it becomes identified. Sense pleasures are only felt to be pleasurable in the imagination of the soul. The soul can be happy only with its own nature of bliss, second sight, wisdom, and so forth. It can never be contented by imagining itself to be happy when the senses are happy.

A mother may get away from the sensation of hunger a few times by fasting during a food shortage in a besieged city by saying: "I am happy if my starving child eats." A few times the mother may really feel her hunger appeased by feeling the satisfaction of her child, but, if she continued to go without food, she would find that her hunger was satisfied only in fancy and not in reality.

Likewise, sense identification is very delusive, inasmuch as it makes the soul believe that it is contented with sense indulgences only in mind and imagination. In time, when the identification of the soul with a sense pleasure wears off, it loses the glamor of this pseudo-pleasure and tries to find pleasure in something else. In this way the soul is duped into seeking the will-o'-the-wisp of many sense pleasures while thinking them all to be his own pleasures.

This way, after losing pleasure after pleasure, the soul begins to feel that it has been trying to be happy by satisfying the insatiable senses. After this discovery, the soul tries to find the real pleasures in meditation, in silence, in wisdom, in service, in contentment, and in self-control, and not in a restless pursuit of desires, noisy actions, ignorant behavior, and in sense slavery. When the soul finds out that sense happiness is not its own happiness, then it really wishes to get rid of its parasitical so-called sense relatives who show much sympathy and yet continuously practice deception.

The senses keep the soul so engrossed in them that it fails to distinguish between its own real pleasures and the pseudo-pleasures of the senses, often mistaking the sense pleasures for soul pleasures. This is a pity, for most peo-

ple think that sense pleasure is their own, and thus they cannot separate sense pleasures from soul pleasures. Such people go on catering to the sense demands, and thus involve themselves in ever-growing dissatisfaction, disillusionment, and suffocating acute affliction.

The devotee, inclined toward sense pleasures, also thinks that even if he should receive a body free from the three-fold evils, he could not give up his attachment to sense pleasures. The three-fold evils are: (1) the influences of past and pre-natal actions (Karma). Unless the pre-natal seeds of action lodged in the brain are roasted by the fire of wisdom, it is difficult to reap the fruits of newly-initiated actions; that is, if one has a tendency toward physical weakness, carried from a past life, and tries to be very healthy in this life, he will not get enough results from his newly-initiated actions to bring health, unless he destroys the pre-natal seeds of ill health tendencies lodged in the brain. (2) The evil tendencies, or sense attachment, which fills the soul with insatiable, torturing desire, but never satisfies. All sense attachments cause temporary satisfaction to the sense involved, at the cost of untold misery to the soul. (3) The ravages and bodily disturbances due to the disorder of heat, respiration, pancreatic troubles, and colds.

When the body is free from the above three-fold disturbances, then it is spoken of as free from enemies. This state of the body, without the three-fold inner enemies, can be attained only by practicing the eight-fold Yoga of posture, doing away with breath, or Pranayam, self-discipline, meditation, ecstasy, and so forth. When, through Yoga, the body becomes ripe with wisdom and spiritual power, and invulnerable to physical maladies, then this state is what is meant by gaining spiritual prosperity on earth.

The "earth" stands for the perishable body and its prosperity signifies its freedom from the above three-fold troubles. This stanza depicts the depth of material attachment, in which the devotee

*(Continued on Page 24)*

# Human Faith Without Judgment

*"Whatsoever ye ask, believing, ye shall receive."*

**J**ESUS could say that with authority, because He was more than Jesus. He was also the Christ. He not only had the authority to say it; He had the capacity to prove it.

It is the business of us lesser lights to work toward the attainment of this capacity. Merely repeating the matchless epigrams of Jesus will produce little in consciousness of a fruitful nature. But if one will take a single epigram from His endless list of them, and think much upon it, it will produce in time a Soul impulse. For the epigrams of Jesús were all seed thoughts, to be planted in the minds of others, and to be watered with concentration and fertilized with meditation until the seed burst, put forth a shoot, and in due season a ripened harvest.

Our faith in things doesn't always work. And that is a blessing, because very often we pin our faith to things the result of which would not be good for us. My wife recently invested a hundred dollars in an oil well. She had the utmost faith in the thing. But what good did her faith do? The whole deal was a fake, just a crooked scheme to get money from the weak and gullible. It has taught her to use judgment in such matters, and that faith is too precious a quality to be misused on get-rich-quick ventures.

In all mental and spiritual science there is a "plus" that accompanies human faith, an unreckonable factor that prohibits the use of snap judgment and dogmatic conclusions.

In our recent chain letter epidemic we were told not to break faith with our friend, but to keep the chain unbroken. This is a decided misuse of faith, and thousands who kept faith with their friends on the chain had that faith sadly disappointed.

When Jesus said, "Whatsoever ye ask, believing, ye shall receive," he spoke a truth. But one could spend a lifetime thinking about such an amazing statement. And if one, by meditating much upon it, could actually build into one's consciousness the capacity for proving it to be true, one would have the secret to the whole riddle of life and the universe, just as He had it.

By taking things for granted, however, does not build the proving ground for faith, nor does it increase one's capacity for receiving faith. On the other hand, by taking things for granted, one throws oneself open for all manner of painful mistakes, disappointments, and disillusionments. One may even lose what true faith one has gained by following such a course.

It is as easy to work up a false faith as it is a false face.

We should seek always to increase our capacity for exercising faith. But until we have acquired that faith that was also in Christ Jesus, we should also be sensible, and place our faith with judgment, discernment, and a great and rugged sanity.

—By Starr Daily.

# Social Credit Is Necessary Money Reform

Economist Says Failure of Administration to  
Raise Prices was Fortunate

By **J. CRATE LARKIN**  
Vice President, The Larkin Company

**T**HE present Administration has recognized, both implicitly and explicitly, that the monetary problem is the heart of the modern economic problem.

The platform on which Mr. Roosevelt was elected declares that the depression was due to the "indefensible expansion and contraction of credit for private profit at public expense." More than one thousand members at the convention ratified this statement without a dissenting vote.

Further, the Administration reformers have, through many measures and many declarations, stated that the root difficulty was in lack of mass purchasing power.

## "A Fortunate Failure"

Their attempts to deal with this effect have been superficial. They have devalued the dollar. By this devaluation they increased the price of gold from \$20.67 an ounce to \$35.00. The price of gold rose 69 per cent.

The attempt was to raise all other prices by 69 per cent. Fortunately this attempt failed. All other prices rose, on the average, by only 28 per cent, and there is strong evidence to show that this was due to such influences as crop shortages, deliberately brought about, the effect of drouth, curtailment of acreage, the suspension of the Sherman Anti-Trust act permitting the codes to establish monopolistic prices, and only to a slight extent to the devaluation of the dollar.

This was because the gold dollar no

longer circulates as money. It is used only in the settlement of international trade balances. Its price, therefore, only affects products entering export trade, and this trade has dwindled to about six per cent of our total trade.

Had the policy as planned been successful, it would only have increased the cost of living to the masses of consumers at precisely the time when their wages, salaries, and dividends were at a minimum. The desired inflation would have been aborted, followed by another crash.

## Other Attempts Fruitless

The Administration's other attempts to boost purchasing power by means of the NRA, AAA, CWA, PWA, FERA, and other alphabetically designated schemes, have been fruitless. Millions of men were hired and then discharged.

The attempt at credit expansion by lending hundreds of millions to bolster up the banks has resulted in continued credit contraction, with a total of 160 million dollars less in bank loans and deposits, as of October 5, 1934, than when Mr. Roosevelt came into the Presidency.

It has already been demonstrated that gold-buying, monetization of silver, control of speculation, and so on, are all adjustments within an essentially unsound financial system. They cannot remedy the trouble.

The practical proposals for monetary reform now coming into prominence, because most fundamentally sound, are known as Social Credit.

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# Meditations for July

By S. E. M.

**Mon.**  
**July 1.** All your good exists now. All that is now has always been. This includes the divine pattern for your life and all of the abundance, health, happiness, freedom, love and wholeness which are yours by divine right. They will manifest as soon as you actually realize this truth and demand them.

**Tues.**  
**July 2.** Since only perfect, positive ideas are in Divine Mind, why do you allow false, negative ones to register in your mind? If you want health, success and happiness, then see these qualities in your life and refuse to recognize anything else.

**Wed.**  
**July 3.** The best thing you can do to help the world is to become enlightened yourself. It is much greater and more effective to be the Truth than merely to talk about it.

**Thurs.**  
**July 4.** Every man is at all times free to do God's will. No matter what your position, or how much trouble you seem to be in, there is a right way out of it. Right where you are you can put yourself in tune with Infinite Intelligence and be divinely led to the next thing you should do. You never have to take more than one step at a time.

**Fri.**  
**July 5.** The same life, the same creative mind, the same energy flows through you as ever flowed through the greatest men in history. Are you making use of your wonderful heritage or are you content to be mediocre and only half alive? You can be what you will to be, for all power, love and intelligence, are at your command. Stop whining and complaining and begin building your life according to the perfect, divine plan.

**Sat.**  
**July 6.** We live in a sea of thought, as fish live in water. Every thought of every human being vibrates in this vast ocean and affects the individuals who are sensitive to or in tune with them. We are responsible for our thoughts and must be exceedingly careful about sending out vibrations of fear, depression and failure, for they may furnish the final push over the brink of despair, of some poor, struggling soul. It is our privilege to increase the brilliancy and beauty of this thought atmosphere by releasing happy, creative, positive ideas. It is our privilege to tune in at any time with the healing and harmonious vibrations of the great and holy ones of all ages.

**Sun.**  
**July 7.** If you wish to succeed, you must do more than pray and meditate. After you have put yourself in tune, after you have become receptive to divine guidance, then you must act. Infinite, Creative Intelligence works through your mind and your hands. Do your part and the results will be sure.

**Mon.** Do you consciously extract  
**July 8.** all of the value from your experiences? Do you know that no unhappy experience can touch the real you, but that most situations bring you a lesson to be learned or information which will lead you to understanding, if you will but keep yourself calm and awake to their significance?

**Tues.** The one unbroken, ever-renewing stream of life flows  
**July 9.** through you, bringing energy, health, youth and inspiration. It is the eternal source of your existence. See that you put no obstacles of wrong thoughts—thoughts of weakness, failure, disease or old-age—in its way.

**Wed.** The real you is complete  
**July 10.** and perfect. Nothing can change or harm it. The greater the realization of this truth, the more completely do you manifest perfection, happiness and success on the physical plane.

**Thurs.** In order that your soul  
**July 11.** may be free and at peace, all of your debts must be liquidated and all of your obligations must be wiped out. Make every effort to pay your money debts and, if you have wronged another in any way, do what you can to make retribution and also seek forgiveness. You must free yourself from all sense of guilt; you must forgive yourself (give yourself the right ideas for the wrong) before you can realize your oneness with Infinite Love and Intelligence. Your willingness to pay and your efforts to do so will open up the way for you.

**Fri.** You are greater than your  
**July 12.** environment. Within you are the power and the wisdom to deal with any problem.

**Sat.** The realization of the center  
**July 13.** of power and peace within you enables you to maintain poise and self-control under all circumstances.

**Sun.** I recognize the presence of  
**July 14.** the Eternal One in other men and therefore I can rejoice in their success and happiness without the slightest trace of envy. I know that He loves and cares for me too and that, through His power, what

others have been able to accomplish, I can do—and more.

**Mon.** The divine law is that  
**July 15.** everything which is received must be paid for in some way. The stream of life must be kept flowing freely and any greed or attempt at hoarding of any kind must bring disastrous consequences. Therefore, I give gladly and generously of my time, my efforts, my loving interest, my goods and my money, knowing that the law will take care of me.

**Tues.** I know that I can never be  
**July 16.** really alone and forsaken, for divine love and guidance are always near. As I meditate and develop an ever-increasing faith and confidence, I am more and more aware of the Holy Presence.

**Wed.** If God can swing the  
**July 17.** planets through space in such exact rhythm that their positions can be calculated to the second, years ahead, do you think He cannot bring your good to you when it is needed? Can you imagine the sun limping up in the heavens a couple of hours late some morning? As surely as you know that can never happen, know that you are also looked after with infinite care. God is never too late.

**Thurs.** Your body is made of  
**July 18.** divine substance; the One Life and Energy flows through it; it is permeated with Spirit. You have been given a perfect instrument or machine to work with. See that you govern it perfectly and keep it in perfect order.

**Fri.** Get out of your mind the  
**July 19.** idea that misery, sickness, or failure have to endure one moment longer than you allow. You can command your mind and your conditions. Get in harmony with spiritual law and live victoriously, radiantly, happily. Let go of that which you do not want and claim that which you desire.

**Sat.** Life may be a glorious ad-  
**July 20.** venture on the way to perfect understanding. It may be intensely interesting and exciting. There is so much of beauty and wonder in

