

CULTURE

INNER

EAST-WEST MAGAZINE



Prayer, or
“Loving Demand”

— ◆ —
The Path of Pain

*A Magazine Devoted to the Healing
of Body, Mind and Soul*

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Science of Right Thinking

To think is to live, and to live means to produce human good at all moments of life. Whenever or wherever you accelerate active thoughts in your mind, you are unknowingly laying the positive foundation for thoughtful activities in your life. *This is the first law of right thinking.*

Think straight and think ethically with fear or favor to none, save your undying loyalty to your own indwelling royal Self. Whenever you make a strong endeavor to think right, the very inner law of your Being will set you on the right track, and the whole Cosmos will render unto you its mystic co-operation. *This is the second law of right thinking.*

Think over, when you are thinking, to be sure of what you are thinking, for you do not know the wild ways of wrong thoughts, as to how and when they can secretly fly into the nest of your right concepts. *This is the third law of right thinking.*

Even when you are not thinking, or not even in a mood to think, at least think about the fact that you are not thinking. This will show to you the different shades and variations of your behavior at the times when you think, or at those moments when you do not think. *This is the fourth law of right thinking.*

Think over your problems with God, so that you do not think alone or think along with any lesser thinker. Think with the Thinker who has given you the power to think, in order that your thoughts shall forever partake of the divine wisdom. *This is the fifth law of right thinking.*

—By Sri Nerode.

INNER CULTURE

EAST-WEST MAGAZINE

Master Minds of the East and the West are contributing their best efforts to this magazine, dedicated to the super-art of living.

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SALOME E. MARCKWARDT, Managing Editor.

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CONTENTS

Science of Right Thinking	Sri Nerode	Cover	2
When Our Dear Ones Pass On.....	Louis E. Van Norman.....		2
Prayer, or "Loving Demand".....	S. Y.		3
THE SECOND COMING OF CHRIST—			
Steps toward the Attaining of the Consciousness which was in Jesus Christ	S. Y.		5
The Path of Pain	Starr Daily		7
The Old Fiddle	El Kay, B.A., M.D.....		9
Echoes of a Song	Dr. Fred Valles		10
Meditations for April	S. E. M.		11
Life Is Beautiful	Lillian Cohn		13
Scientific Digest			14
Looking Upward	Sri Ranendra Kumar Das... ..		15
Diet and Health	Ellen Easton, B. Sc.		17
Resurrection Morning	Seva Devi		18
What is Social Credit and What Does It Seek to Do?	J. Crate Larkin		19
A Song to the Divine Mother	Edwin Markham		21
The Common Touch	Katherine Maurine Haaff .. .		25
In Quest of the Beloved	Bibhuti Bhuson Sarkar.....		25
The White Peace	William Sharp		25
Utopia	Grace W. Hicks		25
News from India	C. Richard Wright		26
Letters of Appreciation			27
Center News	Orpha L. Sahly		28

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Prayer, or "Loving Demand"

By S. Y.

AFFECTIVE prayer must be scientific and definite in performance and must give intelligent understanding of all its factors. All those who want to demonstrate the scientific nature of prayer must first be sure that there is a God to pray to. The word "prayer" should be changed to "loving demand." The Father made us His children and we have chosen to be beggars. We must destroy our deficiencies and become acknowledged as His children, as Jesus did. To do that we must stop being prodigal children and retrace our steps homeward from the misery-making mainland of matter. We live in hope and die either with unfulfilled hope or broken-hearted. Very seldom does real complete happiness dawn on the horizon of our lives.

The popular method of prayer does not reveal the psychology and art of prayer. Ordinary prayer consists of addressing our desires, half in belief and half in doubt, to an unknown God. If prayers are answered, a superstitious trust in God may result; if they are ineffective, distrust may follow. Even an answered prayer has to be tested and distinguished from a fulfillment which was coming anyway without the causal intervention and effective activity of the prayer.

The popular system of prayer is ineffective for the most part because we do not mean business. God, the Secret Knower of our thoughts, knows what selfish desires we have in our innermost mind, so He seldom manifests Himself. While the demons of sensations and thoughts dance in the tem-

ples of body and mind, it is difficult to recognize God, who remains hidden behind the veil of Silence within.

Some people pray with excited emotion and become intoxicated with the exuberance of their own passion. Such people feel satisfied by being drunk with their own blind feelings and they think that they are inspiration from God. Such emotions often lose their force in tears, or in religious dances, or muscular demonstrations. Visitation of God through intuition is different from emotional outbursts. Emotional prayers bring activity and excitement, while devotional prayers bring the calm joy of the Soul.

So-called intellectual prayers may uplift the intelligence, but not the Soul. They may give intellectual satisfaction, but they do not bring conscious response from God. He does not reveal Himself unto the theoretically wise, but unto babies, who surrender themselves, their egoism, their pride, and their mustard-seed-like knowledge before the vastness and humbleness of His measureless Wisdom.

Are Your Prayers Answered?

Do you realize that you may have been praying to an unknown God and may not have been getting any response. Have you ever taken time to think that your ordinary daily prayer to God is almost always a one-sided affair? Do you like to talk to a deaf, mute person? Do you want to go on appealing or talking to someone who never replies?

You must pray intelligently, with a bursting Soul, seldom loudly, mostly mentally, without displaying to anyone

what is happening within. Pray intelligently, with the utmost devotion, as if God were listening to everything you were internally, mentally affirming. Pray on into the depths of the night in the seclusion of your Soul. Pray until He replies to you through the intelligible voice of the utmost bursting joy tingling through every body cell and every thought, or through visible visions depicting what you should do. Pray unceasingly until you are absolutely sure of the Divine contact, then claim your material, mental, or Spiritual needs from the Most High as your Divine Birthright. Don't cry to Divine Mother like the baby who stops crying immediately his mother sends him a toy, but cry unceasingly, rending the heart of the Divine Mother like a Divine Naughty Baby, throwing away all lures and toys of name, fame, power, and possessions, and then you will find the answer to your prayers.

You may say: "I know my prayers are answered, for I hear God talking to me. I have demonstrated His response to my prayers." "Well," I ask, "are you sure that your prayers reached God, and if they did reach Him at all, did He consciously respond to them?" What is the proof? You prayed for healing and you became well. Do you know whether your cure was due to natural causes, or medicine, or to your own or another's prayers, bringing help from God? Sometimes there may be no causal relation between your prayer and your cure. You might have been healed even if you had not prayed. This is the reason why we should find out whether the law of cause and effect can be scientifically applied to prayer. It has been said that God responds to law. Some people have experienced this response and have said that all people who conform to the law can test and experience it for themselves. Physical laws have to be interpreted by the physical senses and judged by the understanding. Divine laws have to be comprehended by concentration, meditation, and intuition.

Then comes the question: Would a conscious God, Almighty in Nature, subject Himself to be commanded by

the law of cause and effect which He created Himself? Why not? The maker of all laws certainly does not want to break the laws of His own making. Of course, we must remember that, although God is approachable through the law of cause and effect, still He, being above the law of cause and effect, has the right to respond or not to respond to a mechanical prayer. God is something more than can be demonstrated in a laboratory.

To Sum Up

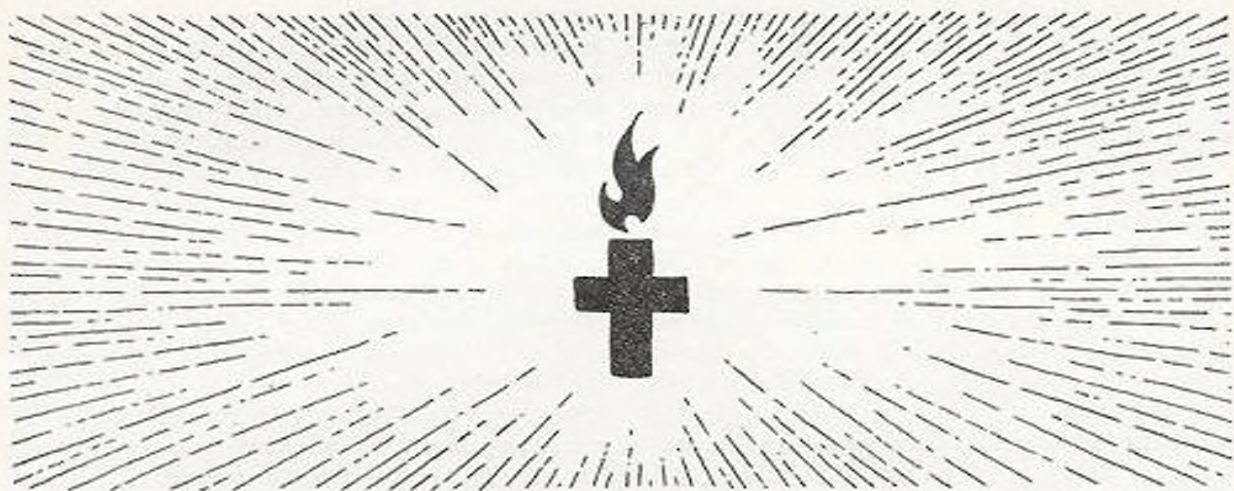
1. Solitude is the price of God-contact.

2. Knowledge of the laws of tuning the body, mind, and Soul radios to contact God is necessary.

3. Since God is also above law, devotion is necessary to call His attention. The devotional call, if sincere, deep, and continuous, and if it is supplemented by sincere efforts at deep meditation, must bring Divine response. Devotional demand is greater than law, for it touches the heart of God and makes Him answer His naughty and good children alike. Law is based upon mathematical precision, but devotion is based upon claiming God as our own true Love, for did He not make us in His own image? Law is exacting in its demand, while Love causes God to surrender Himself to the devotee. God can never hide from the person who exercises devotion, love, the law of meditation, and the Soul-Call.

4. Continuous personal zeal must be put forth. Whether God seems to respond or not, one must never cease loving. The beginner in devotion must not be discouraged if God does not respond to His immediate intense demands. God never fails to listen to all Soul-Calls, but He does not always respond in the way that we want Him to. He has His own mysterious ways. Besides, He consciously responds only when He is sure that the devotee wants Him and Him alone. That is why some Saints have been tested with disease, or extreme poverty, or temptation, and when found to prefer God to health, life, abundance,

(Continued on Page 24)



The Second Coming of Christ

Steps Toward the Attaining of the Consciousness
Which was in Christ Jesus

By S. Y.

For if ye love them which love you, what reward have ye? Do not even the Publicans the same? And if ye salute your brethren only, what do ye more than others? Do not even the Publicans so? Be ye therefore perfect, even as your Father which is in heaven is perfect.

*("Walks and Words of Jesus,"
by Rev. M. N. Olmsted.)*

EVEN the ordinary politician returns love for love and salute for salute—because of material policy and outward courtesy. But, as the Perfect Father loves His naughty or good children alike, so also you, who are seeking perfection, must love equally God's evil or good children.

Mortals behave like mortals by giving in the same measure what they receive, but to be like the immortal Gods, a soul must give love for hate, and goodness for evil actions. Such action entitles mortals to become perfect and immortal beings. If God gave hate for hate, where would man be today? God, by giving silent love to man, is helping man's slow but sure emancipation. God never loudly admonishes the wrong doer, but silently and lovingly talks to him

through the whispers of his conscience. To become like the Father, the ordinary self-deluded mortal must behave like the perfect Father.

Take heed that ye do not your alms before men, to be seen of them; otherwise ye have no reward of your Father which is in heaven. Therefore when thou doest thine alms, do not sound a trumpet before thee, as the hypocrites do in the synagogues and in the streets, that they may have glory of men. Verily I say unto you, they have their reward. But when thou doest alms, let not thy left hand know what thy right hand doeth: that thine alms may be in secret: and thy Father which seeth in secret Himself shall reward thee openly.

("Walks and Words of Jesus, Sermon on the Mount," By Rev. M. N. Olmsted.)

Since no one owns anything, but is only given the use of things, according to the measure of his Karma (previous action) and, because of Heaven's bounty, therefore man should learn to present gifts to his brethren in secret, even as God gives sunlight, air, food, life,

love, and wisdom to man shrouded in utmost secrecy. Though man earns according to the measure of his ability, yet he could not get anything unless God created the things he needs.

Therefore, all things are gifts of God, even though He makes man work for them for the sake of his own evolution through struggle. Man has many needs, and he receives the gift of God in health, prosperity, and, above all, in spiritual qualities. Man uses the God-given gifts of intelligence, creative ability, and will power, and with these he achieves wonders. God wants His fortunate children to share His gifts with His unfortunate children, and God wants all gifts to be presented in secret, without marring them with repugnant pride or publicity. If anyone gives money or wisdom to another and brags about it, he destroys its sanctity. The Heavenly Law does not give the reward of revelation to bragging souls.

Do not give your material alms in pomp in the temples, and do not boastingly offer your wisdom to others. Never say: "I helped to redeem such and such a person." If you do so, you may receive material reward by gaining some friends and some followers, but that bragging will keep away wise friends and the all-wise God.

Remember, it is necessary to show God that you are not attached to your God-given possessions, and that you are ready to share them with your brethren. Most people are willing to offer advice and sympathy, but when it comes to sharing their hard-earned money with others, they are forced to be "tight-wads" with closed purse strings, believing only in family happiness—"Us four and no more." Some people never hesitate to buy yachts and new costly cars, but are very tight when it comes to giving a hundred dollars to a very needy cause. There they economize and feel righteous when giving five or twenty-five dollars.

Therefore, the primary lesson to be

learned on earth, as exemplified by God, is to every day share at least a little of your earthly possessions with worthy, needy persons, or, still better, with worthy, needy Divine Causes.

After you learn to give freely to others, and quietly, as you give to yourself, then the Divine law of supply will secretly work for you. As you lovingly, quietly, naturally, and joyously, without remorse, buy things for yourself, so must you learn to do the same for others, in the same way. As one gives the best gifts to himself, without publicity, so one should learn to give to others without ostentation.

To present gifts to others by identifying their necessities as your own, expands you, and you learn to dwell, not only in your own life, but in the lives and hearts of others also. Thus, in the reward of Heaven, the silent giver feels God's omnipresence in other hearts, but the bragging giver, though better than the miser, reaps some results due to bestowing gifts upon others, but his gift is tinged with the desire for display and pride, and he is engrossed in limiting and confining egotism, and misses the reward of Heaven, which consists in self-expansion in the hearts of others, when gifts are given in silence and by the identification of Self with others. Egotistic giving concentrates the mind on the false, insincere applause of men, but silent giving unites the heart of the giver with the heart of the one benefited, and with the Spirit of God.

When you give to others, with your right hand or the right spirit, let not your left hand, or egotism, be conscious of it. Those who think that they are great givers are not as great as those givers who are so engrossed in giving that they have no time to think that they are giving at all. If you present to others material and spiritual gifts as if you were giving to yourself, then the Spirit will reward you with the perception of Omnipresence sent openly into your heart.



Meditations for April

By S. E. M.

Wed. Apr. 1. A new king has been crowned. It is only the outer manifestation, however, that is new, for this man was conscious of his kingship almost from the time that he became conscious of anything. He was trained to think and speak and act like a royal being always, under all conditions. No matter what happened, he must always be controlled, fearless, wise, kind and gracious, for the son of a king cannot be a coward or a weakling; he cannot fly into fits of rage or be unjust. Always the son of a king must know who he is and what he is, and he must act accordingly. . . . You have forgotten for a long time that you too are the child of a King.

Thurs. Apr. 2. The pure energy of God is flowing through you every minute of your existence. As it comes from its source, it is perfect and unlimited, but where it passes through your mind and body it takes on the color and attributes which you give it.

Fri. Apr. 3. It is the same energy which gives force to your angry word, your hateful unjust act, or to your thought of loving kindness and act of unselfish service.

Sat. Apr. 4. This energy goes where you send it and creates as you command. You are the intelligence which governs and controls it, and if you would live in beauty and harmony, you must consciously choose to do so and direct your thoughts and activities accordingly.

Sun. Apr. 5. It is the nature of the Life Energy to create health and strength and beauty if it is given a chance and is not obstructed or given patterns of imperfection to carry out.

Mon. Apr. 6. Try to get a mental picture of this pure essence, this creative power, with which you are entrusted, and then determine to give it a chance to create according to the divine pattern in your body and world.

Tues. Apr. 7. Why not try for, say six months, to build your life according to your heart's desire? Aren't you tired enough of muddling along in unhappiness, sickness and failure to be ready to do something about it?

Wed. Apr. 8. Well then, the thing to do is to get a clear idea and mental picture of what your body would be like if it were perfect—if you had built it according to God's original plan for you.

Thurs. Apr. 9. Then hold fast to this idea until the energy of God can build according to your new specifications.

Fri. Apr. 10. The cells of your body are continually breaking down and being renewed. You are free to choose what kind the new ones are to be. If you desire perfect health and beauty, admit nothing else in your consciousness until the pure energy of God has a chance to replace the old worn out cells with that kind of new ones.

Sat. Apr. 11. The element of time is a limitation of your consciousness only. You have spent a long time creating imperfection, so do not get discouraged if it takes a little time to clean out your mental and emotional house.

Sun. Apr. 12. When you get the complete realization, the result will be immediate. Now is the time to begin to get rid of the mental dirt and ugliness which you have been accumulating through the centuries. It can be done. You have only to begin and you will find it the most fascinating and profitable experience of your life.

Mon. Apr. 13. Remember, the pure energy flows into whatever mold you provide. If you see half an organ instead of a whole one, or if you see one that functions improperly, the energy builds according to your design and creates new cells according to your specifications.

Tues. Apr. 14. You are the ruler in your own kingdom and you do not have to accept into your body or world anything you do not want. If physical inharmony seems to manifest, do not start an internal battle by denying the existence, but rather say to the headache, "You do not belong to me. I refuse to harbor you longer. Get out!"

Wed. Apr. 15. And then realize that the life energy is flowing into you from the source of your being, creating the perfect body of your vision. See it, feel it, and know it.

Thurs. Apr. 16. Think much on the Christ. Try to get His feeling of dominion over outer conditions and His feeling of freedom from limitation of all kinds. Ask Him to guide, to strengthen, and to help you.

Fri. Apr. 17. Mentally picture His perfect, radiant Presence, and whenever a perplexing situation arises, stop a moment and think what He would do under the same conditions. The answer will always be definite and immediate.

Sat. Apr. 18. The animating, sustaining energy of God will as easily create harmony and beauty in your surroundings and affairs as in your body. Here also the result depends upon your direction of it.

Sun. Apr. 19. To have a joyous, serene and successful life, you must guard your thoughts, emotions and acts continuously and without compromise against negation and discord of all kinds—anger, doubt, fear, criticism, condemnation, judgment, and so on. You know when you are thinking negative thoughts. Now is the time for you to refuse entry to them in any form.

Mon. Apr. 20. Freeing yourself from the habit of wrong thinking is a struggle at first, but if you persist, right thinking, right feeling and right acting will become your natural habit of living and it will seem as if Life itself is carrying you along in the way you have chosen to happiness and freedom almost without effort.

Tues. Apr. 21. Did you ever stop to think how unjust and unreasonable it is for you to judge or condemn another of God's children? You cannot know even the conditions or inner motives of this life which are influencing him. And, unless you were God, you could not know the forces He has to contend with from past lives. It is impossible for you ever to have sufficient information about the conditions and influences affecting another in order to form a just opinion about him.

Wed. Apr. 22. The only wise and charitable course is to let other people alone and confine your judging to your own attitude and actions. This will keep you more than busy, as you will know if you have tried to apply the preceding meditations.

Thurs. Apr. 23. Besides, the ideas and mental pictures that you allow your mind and attention to dwell upon, you tend to draw into your own life. If you don't like what other people do, you don't have to think about it. Get busy on yourself.

Diet and Health

By ELLEN EASTON, B. Sc.

DINNER MENU

French Vegetable Soup
Pepper-Celery Salad
Savory String Beans
Mushroom and Almond Sauce on
Rice
Broiled or Scalloped Tomatoes
Carrot Plum Pudding

FRENCH VEGETABLE SOUP

2 large carrots
1 large onion
1 small leek
1 stick celery
4 cups warm water
2 turnips
3 tablespoons peas
1 tablespoon kidney beans
butter
vegetized salt

Dice the vegetables and put all of them, except the peas and beans, in a saucepan with a little butter. Cook over a slow fire until the vegetables are well browned. Then add the water and vegetized salt, bring to boiling point and simmer for $1\frac{1}{2}$ hours. Add the peas and beans $\frac{3}{4}$ hour before serving.

PEPPER-CELERY SALAD

1 cup chopped lettuce
1 cup chopped celery
 $\frac{1}{2}$ cup chopped green pepper
Mix with well seasoned French dressing and serve.

SAVORY STRING BEANS

Select firm young beans, wash and string, cut into thin strips lengthwise and steam with scallions. About 5 minutes before serving, add finely chopped parsley and a sprig of summer savory (beanherb.) After adding the parsley and herb, let steam just a few minutes longer, remove to dish and add butter.

MUSHROOM AND ALMOND SAUCE ON RICE

2 cups boiled rice
2 tablespoons butter
2 slices onion
2 cups Vegex broth
 $\frac{1}{4}$ lb. (or 1 can) mushrooms
 $\frac{1}{4}$ cup almonds, toasted
2 tablespoons whole wheat flour
 $\frac{1}{2}$ teaspoon vegetized salt

Cook with onion and mushrooms in the butter until soft, add the flour and salt and cook until brown. Add the Vegex broth (made by adding $\frac{1}{2}$ teaspoon of Vegex to a cup of hot water) and boil for 2 minutes. Add the sliced almonds and serve on the hot rice.

CARROT PLUM PUDDING

4 cups whole wheat flour
1 pound grated raw carrots
 $1\frac{1}{2}$ pounds seedless, unsulphured raisins
 $\frac{3}{4}$ cup unsulphured molasses
 $1\frac{1}{2}$ pounds currants.
 $\frac{3}{4}$ cup honey or corn syrup
2 eggs
1 teaspoon salt
3 teaspoons soda
2 teaspoons each of cinnamon, cloves and mace
 $\frac{1}{2}$ cup butter

Mix and sift dry ingredients, add the eggs slightly beaten, the melted butter, fruits, carrots, molasses and syrup. Steam in tightly covered, buttered molds for five hours. Serve with a cooked or hard sauce.

DIET AND HEALTH

Chlorine has several important functions in the human body. It is an essential part of the hydrochloric acid in the stomach and this acid stimulates the flow of the pancreatic juice which is

(Continued on page 24)

Echoes of a Song

(Continued from Page 10)

20. The waves of pleasure or pain, the forces black or white, right or left, do not reach the faithful, for this he that is in Him feels no heat or cold, no pleasure or pain.

21. Emptiness does not exist in the created, so all things in space succeed or continue, or link, in perfect harmony. One must procure to grow no more roots, as the natural ones around us are sufficient; one should conquer and finally liberate and identify with the Superior 'I.'

22. Any external fruit is the object of sorrow and pain; some day it must die; do not enjoy too much perishable things.

23. When the external man has no links, then the true, the occult surges.

24. When one partakes of the Truth with the Eternal: then shines the real happiness, the real joy, the real life, PEACE.

25. The dual man, who converts in one, feels vehemently the duty that all should participate.

26. The light shines without dense or flimsy clothing—brilliant Beings should be likewise thus.

27. In guarding your entrances, rhythm your credits, sweeten your debits without running from danger, nor either looking for it, and you will find YOURSELF.

28. It is the way the wise conquers his freedom.

29. Capable of enjoying thus eternally, love to all and for all is how the superior man finds PEACE.

Men are more inclined to ask curious questions than to obtain necessary instruction.—Quesnel.

A fact, if looked at fiercely, may become an adventure.—Gilbert Chesterton.

Where there is much light, the shadow is deep.—Goethe.

Page Twenty-four

Prayer, or "Loving Demand"

(Continued from Page 4)

or temptation, then God came. If one persists long enough in seeking, one will surely find God at the end of the trail.

5. Never mind if you cannot see Him or hear His knock at the gate of your heart. For a long time you have been hiding from Him and running away in the marsh of the senses. It is the noise of your own rowdy passions and the flight of your heavy footsteps in the material world that has made you unable to hear His call within. Stop, be calm, pray steadfastly, and out of the Silence will loom forth the Divine Presence.

Diet and Health

(Continued from Page 17)

necessary for the digestion of fat. Most of the mineral matter in the blood serum is sodium chloride and this "favors and sustains the generation and conduction of electric currents."

The fact that milk contains so large an amount of chlorine seems to indicate that the chlorides are used in the construction of the organs as well as in the preparation of the digestive secretions.

Chlorides are important for renal secretion and are necessary for the elimination of the nitrogenous waste products of metabolism.

DIET

The best chlorine foods are: cheese, tomatoes, milk, buttermilk, celery, dill, lettuce, white of egg, spinach, butter, kale, cabbage, red cabbage, parsnips, savoy cabbage, beets, sorrel, and turnips.

The Old Fiddle

(Continued from Page 9)

it by its own Sages in a language suited to the thinking mode of those it served. Whether Truth comes down the corridors of Time, through the saying of Confucius, the teachings of Buddha, or what we know as the Bible, it is One and the Same.

Inner Culture

News From India

Excerpts From Letters of C. Richard Wright

Brahmacharya, Vidalaya,
Ranchi, India.
Jan. 5, 1936.

A THOUSAND regrets and tears for causing such alarm and fears when my pen and mind refused to cooperate as Time sped by, and I should know how much even a little word means, especially since I so selfishly and anxiously await your every letter. But believe me sincerely when I say it grieves me more to be forced to remain so silent, I, who owe it all to you. I feel so repentant for my selfish, greedy silence that I hereby and hereon command myself to sit in meditative thought and silence for one minute (an interval) . . . Please feel with me that the more I fill the cup and the less I pour out, the more I'll have to give you on my return.

It has been no easy task for me to adapt my awkwardness to the many strange ways and customs, and added to this the fact that I require at least two continuous, undisturbed hours to scribble a letter, two hours that are nigh impossible when Swamiji is laboriously and continuously calling: "Mr. Wright, Mr. Wright," and Heavenly Father knows that I serve him all too briefly and stingily even now, and when India's charms are everlastingly beckoning and enticing me by a "come here, and look, and feel," and when my lackadaisical inertia grips my pen and thoughts, what am I to do, I ask you?

Perhaps you are wondering: "How is it that he has so much time to write so casually now?" Well, much to the joy of my writing, but much to the sorrow of myself, Swamiji found it necessary to return to Calcutta by train to attend to some details, and so I was left behind in Ranchi here at the Ashrama to

help them start a series of Fortnightly Lessons, as we have the Weekly Lessons in America. So, besides feeling lonely, I'm feeling a bit relaxed, at least enough to scratch out a few lines.

A little atmosphere or background is befitting this leisurely writing. Right at this moment, as I scribble along, dragging my thoughts behind, I'm attracted by the keen pointed shadow my pen-point casts as the ghostly, yellow light flickers from one of those old-fashioned kerosene (coal oil) lamps, (lanterns) casting weird, eerie shadows on the white walls of my little den at the Ranchi Ashrama or newly acquired India Temple.

As I sit here, all is calm and quiet; most everyone is snug beneath blankets, and were I to take a stroll or stumble around through the larger rooms of the Ashrama or Vidalaya (school) at this bewitching hour of eleven, I'd chance upon 20 or more cots all filled with a bundle of bedding and a boy, just about eleven or twelve years of age, in each bed, in each room, and were anyone to study the various sleeping postures, he would find every conceivable kind of sleeping position here depicted by these boys. Why, there's even a leg dangling out, and he's a bit brave on this cool night, I might say.

Really, one's thoughts can go far astray in this soothing atmosphere; this calmness is as conducive of meandering thoughts as a trip-around-the-world, if you know what I mean. I can sit here under the spell of this lamp and the calmness and coolness of the night and travel mentally to our night at the Pyramids, our night at the Dead Sea, our dip in the Sea of Galilee, our camel ride on the fringe of the desert, our pause at the Birth Manger of Christ, our dawn ride out of Jerusalem, our

Center News

By ORPHA L. SAHLY

(Director of Center Activity)

"I Am the Resurrection and the Life." (John 11:25).

"And whosoever liveth and believeth in me shall never die. Believeth thou this?" (John 11:26).

Easter is a reminder of this promise, which is not merely a promise but a statement of spiritual law. Eternal life is the result gained by one who not only believes in but lives in Christ Consciousness — that consciousness which Jesus had which enabled Him to raise His body and make the Ascension.

It is said in the Scriptures that Death is the last enemy to be overcome, indicating that all else must be overcome before Death may be conquered.

Again, Jesus says, "He that believeth on me, the works that I do shall he do also." (John 14:12).

"Believeth thou this?" Then Easter holds a vital message for you.



Dr. Roman Ostoja will conduct a series of lectures and classes in Cleveland, Ohio, during March, beginning early in the month. The time and place may be learned by watching the newspapers for notices.

Des Moines, Iowa.

From Des Moines comes the splendid report that the attendance at the Center meetings has more than tripled in the last year. Behind this report lies a story of great achievement on the part of the officers and students.

Minneapolis, Minnesota.

The Minneapolis Center has an interesting program scheduled for each Sunday evening at 8 p.m. Supper is served on the last Sunday of the month, at 6:30 p.m.—25c per plate.

Santa Barbara, California.

The Santa Barbara Center reports steady growth, both as to attendance and foundational strength.

Dayton, Ohio.

Sri Randendra Das conducted a series of lectures followed by classes at Hotel Gibbons, Dayton, during the month of February.

Mt. Washington received a visit recently from Mr. Frederick Wadley, very capable Conducting Teacher of the Denver, Colorado, Center.

The Unseen Church

ON the soil of Eternity, I built an Unseen Church where all might worship. Here, under the blue dome, illumined by sun, moon, aurora, milky way, and wisdom lights, are gathered the assembled star families, island universes, solar systems, and the little earth with its millions of families of many religions.

Every day, during the vesper hour, the flying angels of thoughts soar over Infinity, calling mute and noisy Beings to forsake their age-long slumber and join the Cosmic Service of awakening.

The altars of one rhythm, united hearts of commingled lives, of molten gold of Cosmic Union, and electrified matter, were dimly burning with His gentle, enchanting Presence.

The comets arrived and shed their joyous tears of light; the stars poured their twinkles at His Feet of Eternity, and the prodigal souls shed tears of repentance for age-long forgetful wanderings. All the blossoms of the earth opened the cork of petals and loosened their liquid fragrance on His omnipresent altar.

The dew of devotion from the heart of all true tears meekly, but steadily, flowed over His feet of forgiveness. Love, hate, light and gloom, wisdom and ignorance, good and bad, all thronged into the Church of all Creation.

Then a silent sermon of the Infinite was heard in the Silence—a silent song of mirth filled the chalice of all lives. A silent smile of light drove the hidden gloom away from all.

Under the silent spell of His Sermon, love embraced hate, light hugged gloom, wisdom transmuted ignorance, good charmed bad, many religions embraced His one Faith of Truth, many hearts dissolved into one altar of Heart, many loves became His One Pure Love, and many souls became One Spirit.

And all of them sang with one voice the chorus of one religion, one life, one truth, one goal, one devotion, one love, and One Spirit.

—By S. Y.

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