

INNER CULTURE

EAST-WEST MAGAZINE



Special Illustrated Issue

Yogavatar Lahiri Mahasaya's
Ladder of Self-Realization

World Progress of Self-
Realization Fellowship

Yogoda Dream Hermitage

MARCH

1937

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Vol. IX No. 5

The Eternal Friends

By

PRABHAS CHANDRA GHOSE

Vice-President of

Self-Realization Fellowship, Ranchi, India

Our Swami had journeyed far
Across vast lands and seas
To meet kindred Spirits in the West.
The light of the East was on his face,
A thousand mothers' love in his eyes,
An all-conquering smile on his lips,
And the hall-mark of Realization on his words.
On he moved in his quest.
As he spoke,
Truth threw off the mask of centuries
To reveal itself.
With noiseless steps the other came,
A son of God, St. Lynn, seeking Silence
Amidst the tumults of a dollar-driven age.
In silent communion they met.
Back came visions of the dim past
When both had sat side by side
On the banks of the sacred Ganges,
In the caves of the hoary Himalayas,
To hear the Music of the Spheres within.
Oh, what a meeting of two most ancient friends!
Not all the distance of the old world from the new
Nor all the vicissitudes of life
Had succeeded in keeping them apart.
In silence they met again and again
Under the starry heavens, by babbling brooks,
In Yogoda dream hilltop hermitage by Encinitas'
splashing paradise seas.
Together they heard
And answered the call of the Infinite;
Space melted, Time lost its wings
And from the springs of united Joy
Flowed a strong stream carrying the waters of Life
To countless souls struggling on rugged roads.
What else can these blest travellers do
But sing His praise
Who in his Divine Mercy
Had chosen to bring His two Sons
To preach His Gospel together—
Love walking arm in arm with Faith,
Hope with Charity,
To drive Delusion-wraith
And perfume the earth with wisdom, amity.

INNER CULTURE

EAST-WEST MAGAZINE

Master Minds of the East and the West are contributing their best efforts to this magazine, dedicated to the super-art of living.

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SALOME E. MARCKWARDT, Managing Editor.

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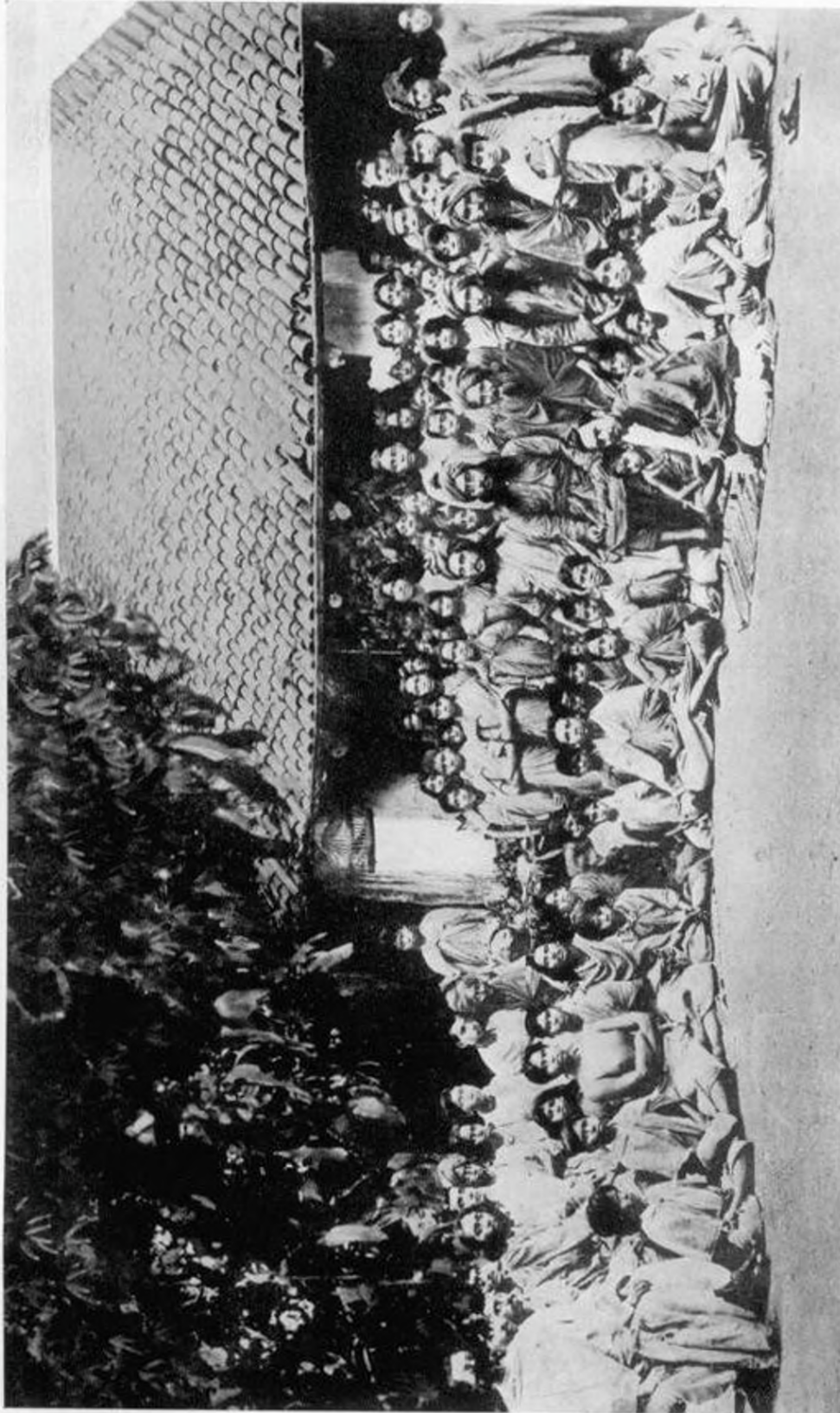
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March, 1937

Page One



An early picture of the teachers and students at the Brahmacharya Vidyalaya, Ranchi, India, established in 1917 by Swami Yogananda and the Maharajah of Kasimbazar. Permanently established and endowed in 1936.

The Spread of Self-Realization Fellowship (Yogoda Sat-Sanga) Over the Earth

By C. RICHARD WRIGHT

This issue is devoted to a review of the progress of the Self-Realization Fellowship (Yogoda Sat-Sanga) in America and India. In this article I wish to touch briefly on many points connected with the work. I had the great privilege of accompanying Swami Yoganandaji on his recent world-tour, and of meeting in India his great Master Swami Sri Yukteswarji. I was a guest at the Eastern headquarters at Ranchi, and will describe it, as well as Swamiji's triumphal reception throughout India and in London.

I shall also outline the present activities and recent celebrations at Mount Washington Estates in Los Angeles and at the new Yogoda Dream Hermitage in California, and shall end with a description of Swami's stirring plan for an ideal Yogoda World-City.

Swami Yogananda came to America in 1920 as a delegate to the International Congress of Religious Liberals held in Boston, Massachusetts, under the auspices of the American Unitarian Association. Many delegates from Japan, England and other important countries joined this Congress. The address given by Swami Yogananda was cordially received and later commented on in a book entitled, "New Pilgrimages of the Spirit."

26 Centers in America

Seventeen years have now elapsed since Swamiji first came to American shores. In that time, about twenty-six Self-Realization Fellowship Centers have been established in America, with national headquarters, since 1925, at the Mount Washington Estates, Los Angeles, California. Both in India and

America, the Self-Realization Fellowship is incorporated as a religious institution.

Beautiful Headquarters

The Self-Realization Headquarters (illustrated in this magazine) at Los Angeles, consists of sixteen acres of city property with a large building of sixty rooms. There are also two tennis courts, a stadium, and an orchard with many Oriental fruit trees, including the mango, banana, guava, orange and cherimoya. The property is decorated by date, pepper, deodar, camphor, eucalyptus and pine trees. The headquarters is situated upon Mt. Washington, about one thousand feet above sea level, overlooking the city of Los Angeles and the surrounding cities of Hollywood, Pasadena and Glendale. It is a hill-top paradise and at night resembles a floating mountain liner surrounded by millions of waves of twinkling lights of the various cities. It is just below Mt. Wilson with its noted astronomical observatory. Its location and great beauty make it the most outstanding temple established by an Oriental in America.

In the rear of Mt. Washington Estates, thirty miles away, lie the Sierra Madre snow-capped mountains. And in front of it, twelve miles away, lies the encircling Pacific ocean. Will Durant spoke of Mt. Washington Estates as "the only poetry in the prose of Los Angeles." Here Galli-Curci, world famous prima donna, and many celebrities have come to find peace and self-realization. The unsurpassed beauty of Mt. Washington Estates, S. R. F. Headquarters, can never be realized until ac-

(Continued on Page 42)



YOGAVATAR LAHIRI MAHASAYA

Disciple of Babaji and Guru-Preceptor of Swami Sri Yukteswarji

The above picture is a copy of the only photograph of Shama Charan Lahiri Mahasaya ever taken. A strange miracle was performed by Lahiri Mahasaya in connection with it. One of the great master's disciples begged him to allow himself to be photographed. After great persuasion, Lahiri Mahasaya seemingly agreed.

The disciple took several pictures of Lahiri Mahasaya sitting on a square wooden bench. After the plates were developed the disciple was dismayed and astonished to

(Continued on Page 72)



Swami Sri Yukteswarji



Swami Kebalananda



Swami Keshabananda



Swami Pranabananda



Bhupen Sanyal



Swami Yogananda
(Baptized by
Lahiri Mahasaya)



Bhagavati Charan

SEVEN ADVANCED DISCIPLES OF LAHIRI MAHASAYA

(For further information about these disciples, see page 8)

My Mother's Eyes

By SWAMI YOGANANDA

Whence came
The black-eyed light
Flickering in my life a moment?
Whither did it flit away?
The twilight of many incarnations
Has burned in those eyes;
Many lights of love dreams
Have met in the bower
Of yonder eyes.

Today, the Godless altar
The lifeless eyes
Just remain before me.
Thou Secret Queen
From what unknown region,
Did'st Thou in silence come
To bewitch the fortress of those eyes?

The bitter speech
And sadness-driven
Boat of my life
Many a time
Found safety
In the harbor of those two eyes.
Now that cruel death-quake
Forever has marred
The dream-harboring eyes.

Losing the harbor of those eyes
In search I sailed my boat
In the sea of the sky.
Threefold sorrow storm-driven
Life boat of mine
Has become motherless.
That is why in the unknown region
In the sea of the sky
My mind's boat sails on
Directionless
Seeking those two lost eyes.
In the star-eyed lights
All starry eyes
Twinkled black eyes
But they were not those
Which I lost.
Merely affection-saturated
Many black eyes

Called,—invited to nurse
My motherless sorrow
And this orphan life of mine.
But none matched
The love-call glance
Of those lost two dark eyes.

The love of those two black eyes
Forever set
From the region
Of all black eyes
Which I beheld.
Searching those two eyes
In birth and death,
In life and dreams
And in all the lands of the unknown,
At last I found
The all-pervading
DIVINE MOTHER'S
Countless black eyes.
In space and heart,
In earth-cores, in stars,
Within and without,
Hungriily staring at me
From everywhere.

Seeking and seeking my dead mother
I found the Deathless Mother.
The lost love of the earthly mother
I found in my Cosmic Mother.
Seeking and searching
In her countless black eyes
I found those lost two black eyes.
I asked Mother Divine,—
"With ruthless heart,
Why did'st Thou tear away
My love-dazzling mother
From the ring of my heart?"

The Cloud Voice
Of Mother Divine spoke,
Bursting in my firmament within,
"Many times have I fed thee
The blood of my milk
From the breast of many mothers.
Your black-eyed mother

(Continued on Page 8)



SWAMI YOGANANDA'S MOTHER

A spiritually highly advanced direct lady disciple of Lahiri Mahasaya. Swami Yogananda's greatest love was realized in his mother, as expressed in his poem on the opposite page.

Seven Advanced Disciples of Lahiri Mahasya

(Continued from Page 5)

(1) Swami Sri Yuyteswarji, Master of Swami Yogananda. (2) The late Swami Kebalananda (P. Shastri Mahasaya). (3) Swami Keshabananda, founder of a great hermitage at Brindaban. (4) The late Swami Pranabananda, founder of a hermitage at Rishi Kesh. (5) Sj. Bhupendra Nath Sanyal, founder of Lahiri Mahasaya Temple, Puri, and commentator of Lahiri Mahasaya's Bhagavad Gita interpretation. (6) Swami Yogananda, who was baptized by Lahiri Mahasaya. (7) Sj. Bhagavati Charan, father of Swami Yogananda and a devoted direct disciple of Lahiri Mahasaya; formerly, Assistant Agent of B. N. Railway, India. An exemplary character, a veritable Rishi living in but not of the world. He financed Swamiji's first trip to America. Another direct disciple of Lahiri Mahasaya and a very devout soul is Sj. Sarada Prosad Ghose, uncle of Swami Yogananda and father of Prabhas Chandra Ghose (vice-president, Yogoda Sat-Sanga, Ranchi). His picture is not shown here due to Swamiji's not having a copy.

My Mother's Eyes

(Continued from Page 6)

Whom you lost awhile
Was none else but me, only me.
But when I saw
Thy wisdom and cosmic love
Lost their way
In the dark jungle of those two eyes,
Then I set fire
To the alluring darkness
Of those two black eyes.

I stole those
Imprisoning two black eyes
That thou mightest be free
To find those eyes two
In all the eyes
Of all black-eyed mothers
And that thou mightest behold
In all black eyes,
The shadows only
Of My Eyes.

I broke the dream-made,
Little finite,
Thy Mother-form of mine,
That thou mightest behold me
Thy Divine Mother
In every form of a soulful woman
And in my Infinite Cosmic Form."



The Main Building of the Eastern Headquarters, Self-Realization Fellowship (Yogoda Sat-Sanga), Ranchi, India.

Yogavatar Shama Lahiri Mahasaya's Ladder of Self-Realization for Salvation for All

By SWAMI YOGANANDA

GOOD or bad children of God are potentially the perfect Image of God. They are all equal in His eyes. God loves His good or bad children in the same way, because they are made in His image.

Good children of God don't resist Him, whereas the wicked ones do not let Him work through them. Good children are those who have overcome the impulse of cosmic delusion, have forsaken their wandering in the land of entangling little desires, and have come back to the home of wisdom.

Wicked children are those who are running farther and farther away from God. But when the wicked children try to retrace their steps back to the mansion of God's liberty, then they can be classified according to their distance from the divine goal.

What Is a Divine "Incarnation"?

Incarnations of God are not souls who are dropped as perfect beings from heaven, imported into the world by God, but are those beings who by effort and meditation have removed all ignorance, knowing themselves in the earthly incarnation as perfect external manifestations of the potentially perfect images of God. One who truly knows God becomes God Himself.

The sunlight equally shines on the charcoal and diamond lying side by side under the open sky during a clear day. In spite of the impartiality of the sun, the diamond, by its own transparency, reflects the light of the sun more than the charcoal. Thus, in spite of God's impartiality, wise men reflect His light more than the ignorant.

Prophets use their heaven-given independence to tune their free will with God's wisdom-guided will. Ignorant people use their free will to allow themselves to be controlled and misguided by their whims, moods, prenatal habits and instincts.

Therefore, different home-returning God's devotees are judged according to the qualitative and quantitative good they do to themselves and the world.

Qualitative and Quantitative Good

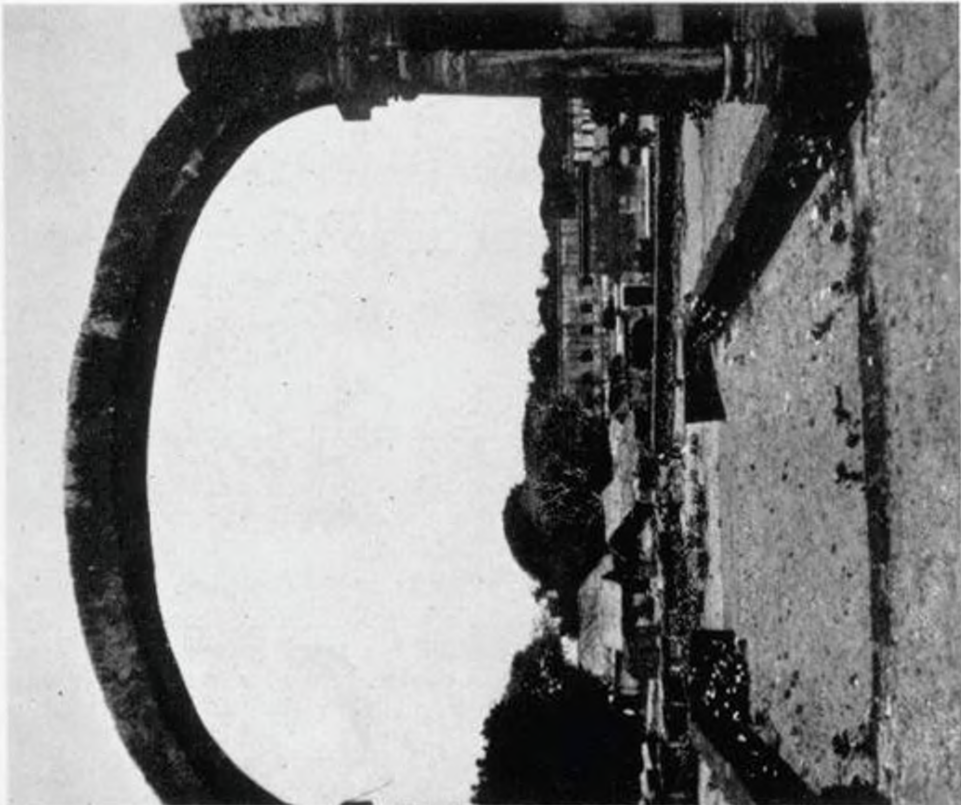
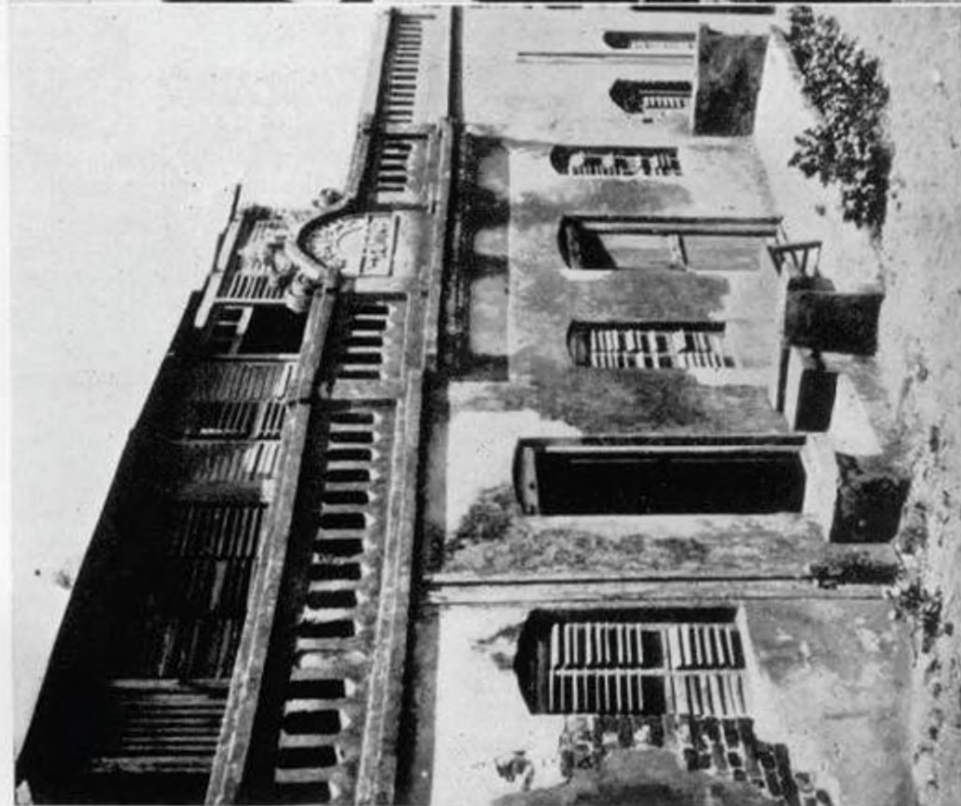
Qualitative good consists in creating Christlike qualities in self and others.

Quantitative good lies in converting the thoughts of self and others to think only of moral principles minus God or with imaginary ideas about Him. Great reformers may be well-read moralists, swaying thousands by the personality of their beliefs, but without any knowledge of God. These I call performers of simple quantitative good actions.

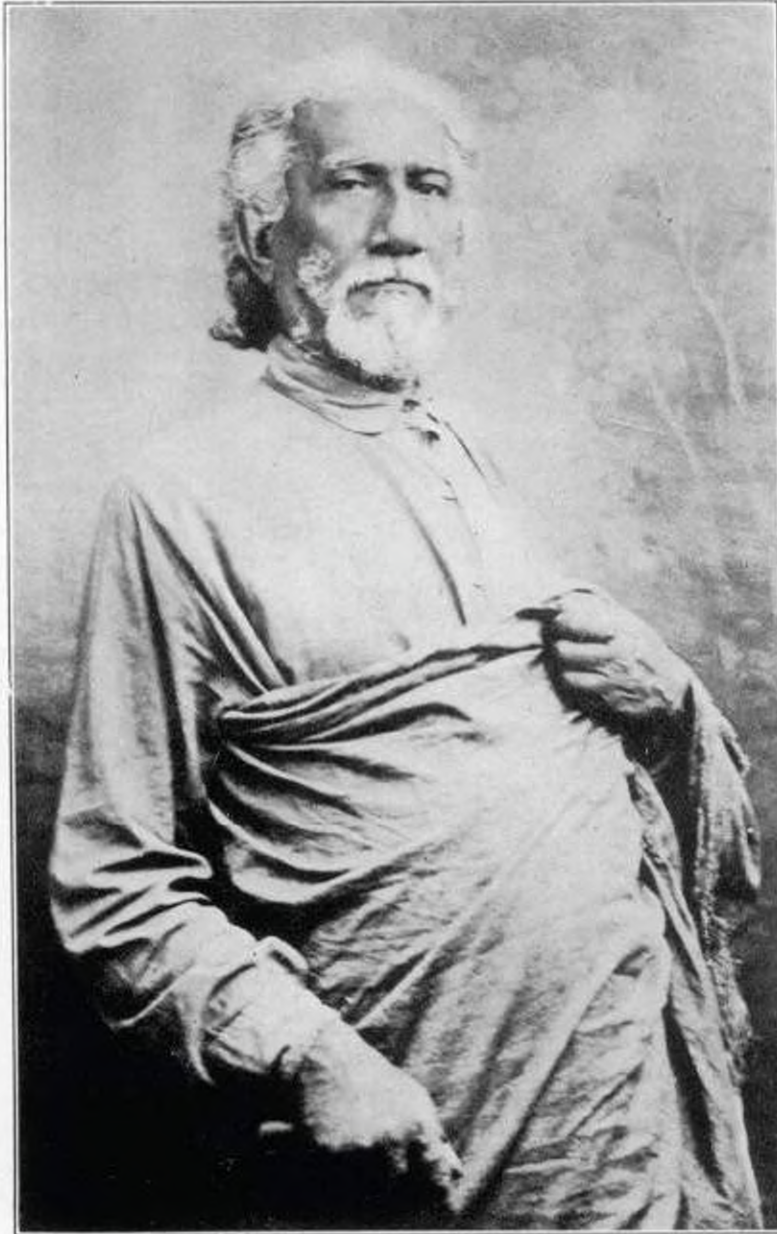
Only men of realization who have constant God-contact within themselves and who have actually helped others to possess Christ-perception are spoken of as having performed highest qualitative good actions for self and others.

What could be qualitatively greater than to find God and show others the way to find Him? Christ, Krishna, my Supreme Masters Babaji and Lahiri Mahasaya, have done qualitative good for themselves and others. They had Christ-contact and they made many actual Christs. Jesus made eleven Christs whose teachings, descending through other disciples, gradually lost their

(Continued on page 36)



The Yogoda Sat-Sanga Kararashram, Puri, founded by Swami Sri Yukteswarji. A valuable piece of seaside property, it now is the place of internment for the body of the Master. The Ashram is now in charge of Swami Sebananda, who conducts a boys' school here. (Right) In the center background is the sacred resting-place of Sri Yukteswarji's body.



SWAMI SRI YUKTESWAR GIRIJI

Swami Yoganandaji's Master and Guru-Preceptor, who was called by the title of "Swami" by the Supreme Master Babaji, even before Sri Yukteswarji had been formally initiated. A stern disciplinarian, he had few close disciples, one being Swami Yoganandaji, who could stand his rigorous discipline and training. He predicted a warm reception to Swamiji's work in America, years before Swamiji ever thought of coming here. Sri Yukteswarji's life of many Christlike miracles is being written by Swamiji.

The Direct Line of Great Masters

By SWAMI YOGANANDA

AS CHILDREN are like their parents, so disciples tend to resemble their gurus (spiritual instructors). For this reason, the members of Self-Realization Fellowship (Yogoda Sat-Sanga) are very fortunate in having the interest and direct teachings of some of the greatest Masters and Gurus of the world.

My own Master, Sri Yukteswarji, was one of the greatest wise men of India of his time, if not of all times before him. He had such acute intellectual perception as well as intuitive insight that he surpassed everyone in being able to detect interpolated errors in the great scriptures of the world.

I saw many Christlike miracles performed by my Master. Unlike charlatans who claim to have miraculous powers but possess none, Sri Yukteswarji was very conservative and avoided display in anything. His miracles came forth most mysteriously and yet very tangibly whenever there arose a situation which human methods could not meet. He had a miraculous power of healing. He was one of the greatest astrologers of his time, but also possessed the intuitive power to know people's destiny.

His Resurrection

His greatest miracle was accomplished in his resurrection and reappearance to me. Two years ago, he appeared in a vision which I had in America, saying, "I have waited for you fifteen years now. Unless you come at once, I will give up my body." So, after fifteen years, I hurried to India where, after a few months, Guru Sri Yukteswarji kept his tryst with immortality. He passed on in Maha-Samadhi at Puri on March

9th, 1936. His life and amazing resurrection, and the life of his Master, Lahiri Mahasaya, are being written by me now.

My Master's Guru

Shama Charan Lahiri Mahasaya, the Guru-preceptor of Sri Yukteswarji, was better known as Lahiri Mahasaya. He was a super-man in the world, but not of the world. He was the Yogavatar of India, the incarnation of God who reclaimed that state by step-by-step methods of meditation, and who also showed others how, by following these methods of meditation, they could bring about a sure, scientific union (Yoga) with God. No prophet preceding him had accomplished, as he did, the simplification of the entire Yoga system of Patanjali (the greatest exponent of Yoga) and of Christna's teachings in the Bhagavad Gita into a number of the most uncomplicated and greatest self-realization-producing techniques.

Yoga signifies scientific union with God and Avatar means God descended in flesh. In all souls God descends and manifests variously as potential incarnations of God. In the prophet, the descended God ascends and brings out the hidden divine potentiality, finding himself a perfect incarnation of God.

Lahiri Mahasaya was such a perfected, resurrected incarnation of God (as all true sons of God are). He was in the world, married, with the responsibility of three children; yet he was a Christ in every way. The entire religious world, all truth-seeking people

(Continued on Page 34)



(Left) Serampore Yogoda Sat-Sanga festivity with Sri Yukteswarji (on left) and Swamiji. (Right) Swami Yogananda and his party entertained (when Swamiji first re-visited his great Master on his arrival from America) by Swami Sri Yukteswarji (right, standing) at Serampore.



Last Yogoda Sat-Sanga meeting and festivity at Serampore. Master Sri Yukteswarji sitting at the table, Swami Yoganandaji on his right.

Titles for Page 15

(1) A Yogoda Sat-Sanga festivity and Sankirtan (singing party) going through the streets of Calcutta—the last festive occasion in which Swami Sri Yukteswarji joined. He and Swamiji are seen under the banner. The Mridanga (Khol) drums are being played. (2) (Left to right) Tulsi, Lalitda, Sananda, Kristo, Kabibhusan, Swami Yogananda, Prabhas, Charu Babu, Noni (from U. S. A.), Shivananda, Tundi lat. (Sitting) Shyam Babu, who, with Kristo and Charu Babu, is a beloved singer of Sat-Sanga songs. (3) S. Ananda Mohun Lahiri (Lahiri Mahasaya's grandson and a director of Yogoda Sat-Sanga, Ranchi), Master Sri Yukteswarji, Swami Yoganandaji, Swami Satyanandaji. Taken in front of Swami Yogananda's father's house in Calcutta. (4) Another view of the Calcutta Sankirtan. (5) Left to right) Bishnu, Moti Babu, Bhagavati Charan (Swamiji's father), Mr. Wright, Swami Yogananda, Tulsi, Swami Satyananda. (6) (Left to right) Maharajah of Kasimbazar, Swami Yogananda, Bishnu and a part of the large crowd which received Swamiji at Howrah Station, Calcutta, on his arrival in August, 1935.

Convocation Banquet Speeches

St. Lynn's Speech

Swami Yoganandaji introduced St. Lynn at the Yogoda Convocation Banquet on January 3rd in the following words:

"It is because of his great love of God that I have given him the title of 'Saint'. In his life is fulfilled the prophecy of our Great Master, Babaji of India, who had prophesied that potential Saints, would-be Saints, were waiting in America to receive the teachings of Lahiri Mahasaya. In the valley of humbleness the ocean of God rains forever; on the mountain-top of egoism the raindrops of God's love do not remain but slide down into the valley.

"Gift of His Love"

"I am so grateful for what St. Lynn has done for the Ranchi Self-Realization Headquarters. Through his and the students' cooperation it has become a permanent institution affording quarters for eastern and western devotees. Ranchi Headquarters was my first spiritual child. Greater than all else which he has given is the gift of his love. It is his love and friendship, and the love and friendship of these wonderful souls here, that have brought me

back to this country. I thought I might not return here again. All places are the same to me because they are filled with the almighty Spirit. When I close my eyes, I am with my Father. I don't know where I am, whether in India or America. But the love of these friends brought me back here again. In friendship there is no compulsion. In all other human relationships there is compulsion, but friendship is the natural or spontaneous gift of the heart. St. Lynn and I live in the greatest joy and friendship that I could express. What I expected of him in spiritual development, he has more than fulfilled.

"In the new Yogoda Dream Hermitage, St. Lynn and I have been meditating day and night. I have a hard time even to get him to eat or sleep. He represents the best in American business principles as well as spiritual principles. He is the greatest fulfillment of my life. I have never known such unity and friendship, such divine communion. I am very happy because God has given me a thousand times more than what I had expected in another".

(Continued on Page 16)



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Picture Titles on Opposite Page

Convocation Speeches

(Continued from Page 14)

St. Lynn addressed the banquet audience as follows:

"Beloved Swamiji. May I ask that all of you stand to do honor to Swamiji. Raise your hands, please. Exhale your breath quickly. Concentrate on the palms of your hands. Concentrate at the point between the eyebrows; concentrate on your heart. Exhale again. Concentrate on your hands with reverence for the presence of Spirit of which your soul is a part. Feeling this with reverence, concentrate on your hands, on your forehead and on your heart. Exhale again. Realize that you are in the presence of the Omnipresent Spirit, that you are never separated from that except as you shut it out of your consciousness.

Discovery of the Real

"Just five years ago I had the great privilege of meeting Swamiji for the first time. I had always been interested in life and religion, although I never accepted any church. My life was business but my soul was sick and my body was decaying and my mind was disturbed. I was so nervous I couldn't sit still. After I had met Swamiji and had been with him a little while, I became aware that I was sitting still, I was motionless. I didn't seem to be breathing. I wondered about it and looked up at Swamiji and became conscious of a very deep white light, seeming to fill the entire room. I became a part of that light and ever since, my nervousness disappeared. I found that I had discovered something real, something valuable to me. I had to be sure. Not until I experienced this did I realize that I was finding something which I had not known about before. The beautiful thing in this work is that one doesn't have to depend on blind beliefs. He experiences. He *knows* he knows because he experiences. One who is not conscious of that is not living, because he is not conscious of his own life. He knows about everything, perhaps, in the material world, everything about him that he can smell, taste, touch, see or hear, but he is not conscious of that

something of his own being which makes it possible for him to cognize these things with his senses. He doesn't know anything about That which is behind the scenes, just behind the thoughts. One must realize the presence of this Life, the real life and the union of his own soul with that Life.

Purpose of Religion

"Religion can have but one purpose and that is realization of one's own life as the omnipresent Life. That is the Heaven. And not until one is conscious of that does one have salvation. It never seemed to me at that time that we *could* be conscious any more than I had been, but having enjoyed the things of the world, I came to a point of distress because, as I said a moment ago, my soul was sick and my body was not well. Nothing seemed to satisfy. If you have ever had the opportunity to observe the rich who have had everything they want, you will find that they are most unhappy and dissatisfied. Wealth cannot bring joy. And after all we are seeking that one thing in life. In everything we do we are seeking happiness. Without that we are not satisfied.

"In this work one becomes alive again. He actually lives. He feels the life. He realizes his own life and experiences the union of soul with Spirit. And it is scientific. It is a combination of science and devotion. Understanding and developing life in devotion to God will bring you realization of your own divinity. And without that—in my own experience I am firmly of this opinion—there is no salvation.

India Rich in Spirit

"After listening to those who have talked this evening, one of the western world must feel somewhat ashamed that those who come here from far-off India can give an exposition of more wisdom than we ever thought of. America is rich in materiality. India is rich in Spirit. The combination of the two is good. But I think I should prefer India with her spirituality alone than America alone with her wealth.

"One who lives in the material world alone, in the consciousness of materi-

(Continued on Page 18)



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(1) Prabhas and wife, blessed by Swamiji. Prabhas is Deputy Controller of Stores, B. N. Railway, and Vice-President, Yogoda Sat-Sanga, Ranchi. (2) Bishnu Charan (India's renowned pioneer physical culturist, and a director, Yogoda Sat-Sanga, Ranchi) and his family. (3) Swami Satyananda at the Yogoda Students' Home, Calcutta, with some of the members and Ranchi alumni. (4) Krishnakali, in front of the gymnasium.



The two symbols pictured above say the same thing in different languages. "Yogoda Sat-Sanga" is the Sanskrit for "Self-Realization Fellowship." In India, the Sanskrit name is preferred and more used, while in America the English designation is more acceptable.

Convocation Speeches

(Continued from Page 16)

ality, is attached to things of the material world. Attachment develops slavery. We become slaves to habits—possessions. It is not possessions that makes us slaves. It is the use that we make of the possessions. And one with attachment is never free. He has something that he is bound to lose. There is but one thing that is lasting and that is Spirit. Take the spirit out of anything and it doesn't have any attraction at all. Life is Spirit. And in everything there is some degree of consciousness. Even in a dead body there remains some life for that body contains God's life itself.

"Just two things stay with us when the body goes—life and consciousness. We can get rid of everything except our own consciousness. That is constantly with us. This work teaches one to develop a proper consciousness. A Consciousness of self-realization of spirit. It doesn't ask anyone to accept anything as a matter of belief.

Embodiment of Love

"A master is one who is an angel of God and in our beloved Swamiji we have one who is the very embodiment of

love, unselfishness, possessed with Divine Joy. His contact goes back to the chain of Masters. To the western mind this may sound a little strange but it is a fact. The Masters are linked, one with another. They have contact with the Spirit and that Spirit is transmitted through their powers. What a blessing it has been for us that India, a country that many people think of as a land of snake-charmers, did send one to our shores who could bring us God consciousness that our souls might be revealed and bring us Divine Joy and Divine Happiness.

"Those who commune with Spirit experience a beauty, a sweetness that is not experienced in any other way.

"What a blessing it is to enjoy the company and environment of saints. Of all the things that have come to me in life, I treasure and value more than all else what Swamiji has given to me. I must admit I was prejudiced at first. Possibly not when I met Swamiji so much as when I was one of those who thought of all Hindus as snake-charmers. I want to tell everyone who lives in the consciousness of the material world that he cannot know what love and happiness are until he has experienced the Divine Consciousness."

Convocation Speeches

Dr. Lewis of Boston

Dr. M. W. Lewis, leader of the Boston Self-Realization Center, and one of Swamiji's first students when he came to this country sixteen years ago, was one of the speakers at the Yogoda Convocation banquet. He said:

"I am very happy to be here with Swamiji, and to bring you all the greetings of Boston. Words cannot express my feeling. I shall have to let my heart speak in its own language. In wishing you all the happiest year in 1937, I think the greatest wish I can give you is that you will have deep spiritual realization and that you will find God in your meditation. Dive deeply in the ocean of Spirit and if you don't find Him at the first dive, dive deeper. As Swamiji says, find fault with your diving. I might add a humble suggestion. When you dive take Swamiji's hand. He knows where the pearls of wisdom are. He knows the Spirit. He can show you God".



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(1) Guest-Home at Ranchi (left); opposite it is the Oraon Munda School for aborigines. (2) The famous car which facilitated Swamiji's spiritual expedition in India. (Left to right) Swami Satyananda, Mr. Wright, Swami Shivananda. (3) Swami Yoganandaji "mangoing". (4) Row of buildings at Ranchi headquarters. (5) Bama and Mr. Wright in Bengali dress. (6) Swami Satyananda (left), Principal of Brahmacharya Vidyalaya, and a director, Yogoda Sat-Sanga, Ranchi, with Santananda.

Two Banquet Speeches

Sri Nerode of Miami

Sri Nerode, former leader of the Mount Washington Center and lately leader of the Miami, Florida Center, spoke at The Yogoda Convocation Banquet as follows:

"Loving Swamiji, silent Sage, smiling Mr. Moss, brilliant fellow-workers, wonderful devotional workers of Mount Washington Center, my good old friends and the new ones, may I tell you all that since we leaders have been here we have been living in a fourth dimensional world. Many of you are craving for that stage of mental and spiritual growth. Ever since I came here from Miami, I have been continuously intoxicated with the Divine Love and inspiration and wisdom of our Master as well as our most wonderful friend and patron, St. Lynn.

"A month ago I went to meet Swamiji in Kansas City. I followed him to St. Louis and then to Denver and then returned home to Miami. My wife told me I had improved greatly. The intuition of women is correct. A fortnight ago, when Swamiji sent me a wire arranging for my trip here, my wife was very happy to urge me to go. I asked her why. She replied, 'When you come back you will be so much better.'

"Since I met Swamiji many years ago, little by little I have tried to gather light from his great flame. Many times Swamiji has said, 'One moon is greater in its light than all the stars'. We have two of them. One is Swamiji and the other is our beloved Saint.

"I have had many sorrows in my life. But by the loving waters of Swamiji's spirit, he has washed them away. I am blessed that I came here. I came for two things, for his inspira-

tion and for the love of God. Because, when we go out to preach, what can we preach unless we preach more God and more love? Just as the river needs to be nourished by the waters of the hill-top, so we need that water of wisdom and love and God from the hill-top of our Master of realization".

Brahmachari Jotin of Washington

Brahmachari Jotin, leader of the Self-Realization Center in Washington, D. C., for the past nine years, was one of the speakers at the Yogoda banquet. Swami Yoganandaji introduced Jotin as one of the students trained in Ranchi at Swamiji's Yogoda Sat-Sanga school there. Swamiji also spoke highly of Jotin's early work in organizing the alumni of Ranchi and keeping alive the spirit of the ex-students, as well as his very meritorious work in this country.

Brahmachari Jotin concluded a very eloquent and stirring address with these words:

"In India it is a custom that after the education of the disciple is finished, he is to go on a pilgrimage. The Master of one such disciple said to him, 'Now, my son, your education is completed; you must now go on a pilgrimage.' The disciple stood up, circled around the Master three times and then fell at the Master's feet, saying, 'Master, I have just finished visiting all the holy places on earth. Where the Master is sitting, there is God. That is the holiest of all places. Where else shall I go on my pilgrimage?' This visit to Mount Washington has been to me a pilgrimage. If I had traveled all over the world and had not visited this temple and headquarters, I would consider my journey had all been in vain. Being here at my Master's holy feet, I have visited all the holy places on earth."



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(1) Swami Shivananda (middle); Prafulla (on his left) and some students of Brahmacharya Vidyalaya, Ranchi. (2) Members of the Yogoda Senior-A Soccer Team, and teachers. (Right to left, standing) Santananda, the Brahmachari in charge of the Praecepta Department at Ranchi; Krishnakali Banerji, in charge of the Gymnasium; Noni Muzumdar (Bama) advertising manager, football team organizer, and Swamiji's personal assistant in India; Pundit Bhattacharya, teacher of Sanskrit, and Captain of Soccer Team. (3) (Left to right) Swami Sebananda, organizer of Puri Yogoda Sat-Sanga where Master Sri Yukteswarji's body is enshrined; Pundit Mahasaya; Santananda. (4) Noni; Mr. Wright; Santananda. (5) Dairy at the Ranchi Headquarters. (6) Cows grazing in the Ranchi pastures.

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Nations, Beware

By SWAMI YOGANANDA

WHY do world suffering and world misery arise?

When people all over the earth are happy and prosperous they are in tune with God, and the entire vibrations of the earth in relation with the planets are harmonious. But as soon as one nation starts fighting with another or the selfish industrial gourmands try to devour all prosperity for themselves it brings depression. And when depression starts in one place it starts everywhere due to the vibrations which travel through the ether from one place to another. The last world war created wrong vibrations in Europe first and it then spread all over the earth and where there was no war, influenza appeared. The agonies of the people who died in the world war created the epidemic of Spanish influenza which immediately followed the world war and killed 20 million people while the war itself killed about 10 millions only.

In the present Spanish Civil War, the death struggles of thousands of men, women and children are floating in the ether causing floods in America, storms in England and Portugal, and earthquakes in India. And so the peoples of the world, instead of creating more wars and getting into wars, should try their utmost to use peaceful means and non-cooperation, blockades, to stop war.

Injustice to Ethiopia

The murder of thousands of Ethiopians (who didn't want war) and the vibrations of injustice done to them, has upset the equilibrium of the world. For no one can get away with disturbing one part of the world and preventing the disturbance from moving through the ether waves to other parts of the world.

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If people in one part of the house are disturbed, then the entire household is bound to be disturbed. After the Ethiopian conquest, the dread of war left as an aftermath of the world war, vanished. And many nations are again enthused for wars of aggression. The Ethiopian war was a war of aggression. The war in Spain is a war of aggression. According to the League of Nations a war of aggression is untenable. But since the world ignored the divine mandate and divine rule of outlawing wars of aggression (which came as a great lesson from the world war), the world is again headed towards the self-created, Satan-influenced possibility of a greater world war and greater destruction.

The depression is caused by the sins of the last war and if another world war is started there will be very little for the population of the world to eat. So it is better that the nations of Europe do everything to avert any wars.

Another thing, the greatest evil of patriotism is when it doesn't mind its own business—when it is used, instead of to keep the prosperity and happiness of the nation intact, to get into international complications and destroy the very thing for which patriotism stands. Those patriots who think that by having international patriotism they would lose national advantages are foolish, for the international good includes the national good and partial national good should be sacrificed for international good. But if the national good acts against the interest of international good it will defeat its own purpose. National selfishness, disregarding the international well-being, will bring national as well as international disaster.

(Continued on Page 69)

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(1) Women teachers and students of the Yogoda Sat-Sanga (S. R. F.) Girls' School at Ranchi, organized by Dinanath (seated on Swamiji's right hand). (2) Some of the Yogoda Sat-Sanga buildings, Ranchi. (3) Members of the Junior-B Yogoda Soccer Team. (4) Swami Yogananda, teachers and students of Brahmacharya Vidyalaya, Ranchi. (5) Entrance to the grounds of Yogoda Sat-Sanga, Ranchi.

March, 1937

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SPONSORS OF THE RANCHI SCHOOL

(1) Yuvaraj of Mysore, Sponsor, Yogoda Sat-Sanga and Brahmacharya Vidyalaya, Ranchi. (2) The late Maharajah of Kasimbazar, co-founder with Swami Yogananda of the Ranchi School.

(3) The present Maharaja of Kasimbazar, sponsor of the Brahmacharya Vidyalaya, Ranchi, and son of the co-founder. (4) The late Atul Chandra Roy Chowdhry, Sri Yukteswarji's disciple and sponsor of the Ranchi Vidyalaya.



Group of Bombay Yogoda Sat-Sanga Center. On Swamiji's right is Dr. Nawle, Leader; on Swamiji's left, Mr. Cama, patron, and Ettie Bletsch. (Bottom row, left to right) Prokash Chandra Das (director, Yogoda Sat-Sanga, Ranchi, and a great organizer); Mr. Wright, Noni (Bama) and Panchcowri.



Members of the Artists' Club in Mysore, who entertained Swamiji (center) with an evening of delightful music on the Indian stringed instruments and drums.

Swami Yogananda's Banquet Speech

Swami Yoganandaji brought the Yogoda Convocation banquet speeches to a conclusion with the following words:

"I cannot express in words my appreciation for all the kind things that you have said to me tonight. I am deeply grateful for your devotion and strength of spirit and the words which came from your heart. I pray that you all bless me that I may always be worthy to serve you all. I am proud to be with you all, and I am always happy to be reminded of my great duty to you all and-my own brothers and sisters of the world.

"What has been spoken here of me is not of me but of Him that is within me. All I know is that you all are the images of Christ. When you watch the wave, you don't see the ocean, but when you watch the ocean, you see that it is the ocean that becomes the waves. It is the same ocean beneath all waves. I see that ocean of Spirit beneath the waves of the lives of you all. I bow to you all.

"I am not worthy of all the wonderful things which you have said. Little as I am, I can only say it is the manifestation of the blessings of God which makes me so loving in your eyes. My life on earth has not been in vain. May God bless you for your words and may I be more and more worthy of what you said.

"I am overwhelmed by the many inspirations of this occasion wherein we have felt this divine joy, this divine understanding, this divine communion, wherein we have forgotten all limitations and differences. I pray that such communion through understanding and beautiful festivities and kindness reign all over the earth, that on the altar of unity, the kingdom and vastness of God may be expressed. By the pickaxe of such occasions, the rocks and useless crusts of our souls are broken—the Divine Spring gushes forth and brings to us new purity, new joy, new love.

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New Consciousness

"We have begun the New Year with a new consciousness. Everyday let us weed out all wrong habits and supplant them with good habits. May we all realize the joy of such occasions and receive such experiences that the darkness of ignorance may be forever dispelled with the beacon light of joy. I am blessed to behold His inspiration in all of you. I am blessed to behold Him on this occasion. I am boundlessly blessed to have heard Him speaking through the lips of these divine souls. It was God who speaks to me His appreciation. You are all gods if you only knew it. Behind the wave of your consciousness is the sea of God's presence. You must look within. Don't look at the little wave of the body with its weaknesses but look beneath, close your eyes and you see only the vast omnipresence before you, everywhere you look. You are in the center of that vast sphere and as you lift your consciousness from the body and all its experiences you will find it is filled with the great joy and bliss that lights the stars and gives power to the winds and storms. God is the fountain of all our joys and of all the manifestations in nature.

"God has not to be earned. 'Seek ye the kingdom of God first and all these things shall be added unto you. Nor be ye of doubtful mind.' Awaken yourself from the gloom of ignorance. You have closed your eyes. Awake, open your eyes and you shall behold the glory of God—the vast vista of God's light spreading over all things. I am telling you to be Divine realists and you will find the answer to all questions in God. Meditation is the only way. Beliefs, reading books, cannot give you realization. It is only by meditating in the right way that you can have that great realization and joy. If you follow this you shall know that God is not a God who can be moved by blind prayer, flattery, but He can be moved by law

(Continued on Page 30)

Inner Culture



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(1) Yogoda Senior-A Soccer Team, with Swami Yogananda in Oriental clothes. (2) Moti Babu, an advanced disciple of Swami Sri Yukteswarji. (3) The venerable Swami Keshabananda (center) at his Lahiri Mahasaya Ashram at Brindaban —(left) his disciple; (right) Swamiji; (sitting) Mr. Wright. (4) Ramkishore, faithful follower of Swamiji and a director, Yogoda Sat-Sanga, Ranchi. (5) The Yogoda Gymnasium. Krishnakali, gymnasium teacher and master athlete, a student of Bishnu, who organized the gymnasium.



Mrs. Clarence Gasque

SWAMI WILL ADDRESS WORLD FELLOWSHIP OF FAITHS

On Thursday, February 25th Swami Yogananda will speak at the World Fellowship of Faiths Assembly to be held in the First Methodist Church, 8th and Hope Sts., Los Angeles, California, at 7:30 P. M. The subject will be "Ideals for a New World Order." Other speakers will be Rev. Samuel M. Ortegon of Mexico, Rev. Roy L. Smith, D. D., Prof. Ken Nakazawa of Japan, Rabbi Harry A. Merfeld and Mrs. Clarence Warren Gasque of London. Rev. Sheldon Shepard, D. D., will lead the prayer.

Mrs. Gasque to Speak

We welcome Mrs. Gasque for she has come all the way from London and New York to participate in this conference. She is a most eloquent speaker of great spiritual and liberal religious understanding. Swami Yogananda had the pleasure of being a guest of Mrs. Gasque's in London a year ago, and observed that she is doing a great work inspiring the aristocracy and masses of Great Britain and the world by her spiritual personality and example and her dynamic eloquence.

We specially urge all Los Angeles students and friends of Self-Realization to hear Mrs. Gasque's inspirational message.

We congratulate Mr. Chas. Frederick Weller (organizer with Mr. K. N. Das Gupta of the World Fellowship of Faiths) and Dean Ernest Holmes of Los Angeles for their very successful organization of the World Fellowship meetings.

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BOOKS WANTED FOR LIBRARY IN INDIA

A great library in India, for the Ranchi Headquarters, for the Calcutta Students' Home, and also for the coming Yogoda World-City in Bengal, is desirable. An appeal is hereby issued to all members and friends of the Self-Realization Fellowship in America to donate books with an educational value for this purpose. Dictionaries, encyclopedias, reference works, books on science, philosophy, history, drama, art, religion, English language, dietetics and health will be welcome.

There is no doubt that the gift of knowledge is the greatest gift. Americans are noted for their practical display of sympathy and quick response to all world movements. Those who care to answer this request will please send all the books they can spare to the Los Angeles Headquarters, marked on the front page of each book with the donor's name and the following inscription: "Donated to Self-Realization Fellowship, India."

NOTICE

All donors to the India Temple Fund will receive a small gift from India, as promised, within the near future.

THE ALL-SOLACING NECTAR

My fancy, in infancy,
Played with toys and rejoiced.
Youth drank dreams and laughed.
With the advance of age
I marched by many taverns
Of happiness and mundane mirth,
But as oft as I run deep
In the jungle of silence,
And drink of the spring of ever-new
Peace,

I feel a Joy that no other
Earthly waters e'er can yield.

Athirst for mirth,
I ran down the tracts
of many lives,
And I drank of many
Springs of peace,
But my lips ne'er touched
Such all-solacing nectar
As oozed out of the hidden fount
of my heart,
Hidden in the thickets of Silence deep.
—By S. Y.

Inner Culture

March, 1937



London, England, Yogoda Class of Swami Yogananda, London by an Oriental teacher.



September, 1936, the largest class on Yoga ever conducted in

Swami Yogananda's Banquet Speech

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and devotion and the love of your heart. With the following of the meditation technique you must surrender yourself to God. You must claim your Divine Birthright. Your constant prayer, your boundless determination, your constant desire for God shall make Him break his tremendous vow of silence and He shall answer you. Above all, in the temple of silence He shall give you the gift of Himself that shall last beyond the portals of the tomb.

Movie Drama of Life

"When you see a motion picture of a performance on the stage, if you know the play beforehand it will not be so interesting. It is good that you don't understand this life because God is playing a movie drama in your life. It wouldn't be interesting if we knew what was going to happen before it happened. Don't be interested in the end. But always pray to God, 'Teach me to play in this drama of life, weak or strong, sick or well, high or low, rich or poor, with an immortal attitude, that I may at the end of this drama know the moral of it all.'

"Do not waste your time. You are God's greatest creation. Greater than all other creations. We are blessed that we can think. God says, 'I gave you will, I gave you freedom and free choice. Perchance you will forsake all things and love Me who gave those gifts to you.' I at last found all the silver streamlets of my desire leading to that Great Ocean of Consciousness. Many of you swam down that ocean but stopped by the shore. If you keep on following the good in life you shall flow down the river of desire into the ocean of God's consciousness. All these realities which stand before you will be unreal. Today we are and tomorrow we are not, but we must remember our utmost duty to that great Power which is behind all our lives. In acting this drama of our lives we must remember our highest duty to Him. If you want to understand this life we must remember the fine work He is doing in

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the flowers, the flame of His mind that is burning in our thoughts, the thoughts that are pouring from our souls, and the worlds upon worlds that are spread out over the great vastness of the Cosmos. How vast is that God and yet we feel Him in our consciousness. Our lives are the reflection of that Spirit. No life can exist without the ocean of life behind it, so we must realize that great ocean of life throbbing behind our lives.

Mountains—or Living Souls?

"It is the living example of souls that can give you the consciousness of God. Once long ago when I had developed two organizations I wanted to go away to the Himalayas but Master said, 'You cannot get there what you will get in meditation.' But I didn't listen. I went away. One day I came back to my Master and I thought he would be very much displeased with me but instead, when he saw me, he said, 'Let us see what we have to eat.' And I asked, 'Are you not angry with me, sir?' And he said, 'Why should I be angry with you? I never use anybody for my own purposes. You have come back and I have that same love for you, and you went away and that was your pleasure and I had that same love for you then.' Then I knew the meaning of unconditional Divine Love and that he was a God on earth to give that Love to devotees. One day after I had returned and was meditating deeply, Master called me and I didn't want to go. He called me again and I said, 'I am meditating.' Then he said, 'I know how you are meditating. Come.' And I went and as I looked at his eyes I saw he was looking at me with great divine compassion. And suddenly he touched my chest. I had heard of transmission of the divine perception but I realized it then. Everything melted. All was light—my breath went and I was rooted to the ground. I felt I was free, I was Spirit. I had a thousand eyes. I could see everything through the front and back of my head for miles around me. I could see through buildings, I could see even the sap flowing through the roots of trees and I could see through walls and everything. I tested myself to see if it was real and I saw that it

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Inner Culture



Swami Yoganandaji at the age of six. Though decorated by his mother with a gold garland and dressed in an Occidental costume, still he reflects in his eyes a spirit of other-worldliness entranced by something beyond this life.

Swami Yogananda's Banquet Speech

(Continued from Page 30)

was for I could see all things around me with the open or closed eyes. Such a joy, for which I had hungered for years, Master gave me by that single touch. There was a tremendous joy of divine communion—no words can describe the joy and happiness that came to me. (I never appreciated my master's greatness. I was so sure of him. I didn't realize that he would work so many things in my life.) God has no eyes. But He sees through the pores of space—the same way I saw all things independently of the eyes. Everything happened to me. And after half an hour of enjoying this great bliss and wonderful visions Master touched me again and said, 'Mountains couldn't give to you what God could give.' Master was the embodiment of God on earth to me. And he said, 'Come, let us go for a walk now.' He made me sweep the floor before we went to walk. What a contrast! And he and I walked by the banks of the Ganges in silence. He would be indifferent whenever I wanted to express my gratitude for the Spiritual vision he gave me. That was my great Master.

Resurrected Master

"My master is free like the radio vibrations which travel all around and this freedom of his presence is ever haunting me. He was never so real as he is now. Now and then I see him standing near. Everything that he said has come true. It was he that first said, 'I shall go away when you come back to India' and I shall never forget. So many years he had waited for me, and so many years I had been here, but he never recalled me until two years ago. Then I wrote to St. Lynn, 'My Master is calling me. He won't wait for me. I must go.' St. Lynn was very spiritually understanding and intuitive and he co-operated with me to send me to India. I went there and the Master fulfilled His tryst with Immortality. He went away, as I told you in the afternoon lecture, and then to my greatest surprise, he came back resurrected as I told you. It is not imagination, my

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friends. In these wonderful days of radio and so on, God has wonderful demonstrations if you will tune yourself to see these great manifestations of God. It is worthwhile to try. You must put heart and soul in meditation. If you give a couple of hours morning and evening to meditation you shall find that great God who is beneath all things.

"'Out of many thousand one seeks Me and out of those few, only one knows Me.' 'The last shall be first.' It isn't those that come first that shall find God, but those that shall last in the path that shall be blessed. They shall receive Him.

"More Tempting Than Temptation"

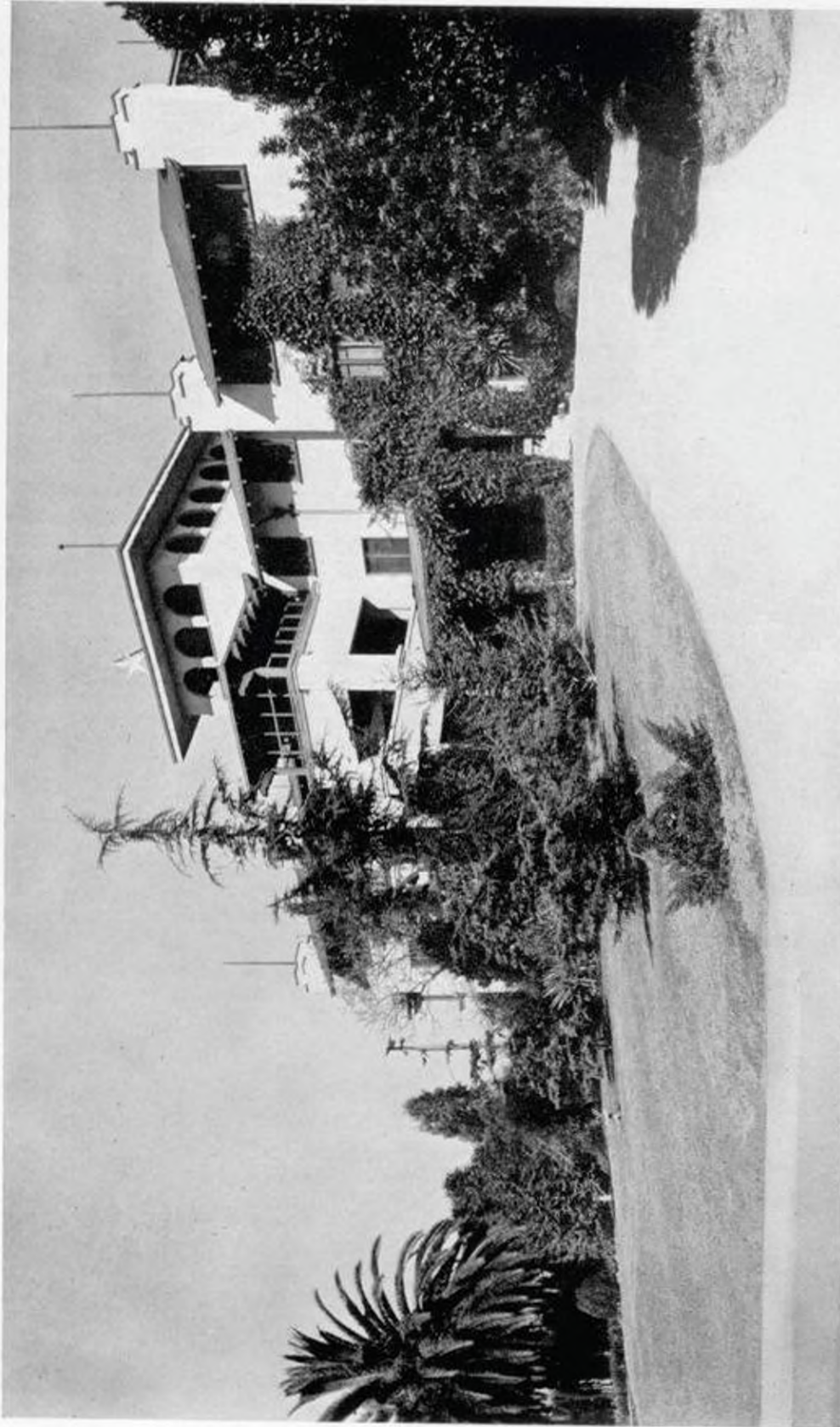
"I found God is more tempting than temptation. Side by side I compared Him with all material desires and I found Him more tempting than everything else. I am anchored in that Spirit. I can find my home in the auto or in America or anywhere. The joy of material things fades away, but the joy in God never fades away. It is eternal romance with the Spirit. It is joy indescribable. Although you find glimpses of the Divine, you must go deeper within and you will sit at the brink of eternity facing God. There, in the land beyond all our dreams, where the well of God is eternally springing, in the heart and soil of your soul, there you can go in the ark of silence. God is waiting. And you are dreaming about this dream. Turn your attention from this world into the vast kingdom of God which is within. I live in that kingdom. I am in this joyous sphere where stars and planets are floating in the vastness of my consciousness.

"'O God, I see Thee painting Thy beauty on the canvas of the sky, on the canvas of nature and on the canvas of my consciousness. O how blessed I am! I, who am unworthy to utter Thy name.'

"I see Him with my eyes closed and I see Him with my eyes open. That eternal freedom you must find. You shall find if you make the effort. It is better to enter into life maimed than to live without God. Awaken yourself!

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Headquarters of the Self-Realization Fellowship (Yogoda Sat-Sanga), Mount Washington Estates, Los Angeles, California, as it is today, with a new star on the roof.

The Direct Line of Great Masters

(Continued from Page 12)

lost in the jungles of theological and denominational beliefs, can find in Lahiri Mahasaya's technique a method to bring definite, ever-increasing self-realization and to free them from theological stagnation.

Shama Charan Lahiri Mahasaya, by his exemplary life, created many Christs and gave the step-by-step methods of Self-Realization (the Ladder of Self-Realization) which enables all to climb to the high abode of complete freedom. Lahiri Mahasaya was a Christ in the jungle of material civilization. He could perform all the miracles of Jesus Christ.

Lahiri Mahasaya was the greatest married saint, like "King Janaka" of India, and like the Yogi Jesus Christ of miraculous powers, combined in one life. Lahiri Mahasaya's techniques and life kindle the greatest hope and courage in the ordinary business men of the East and West, that they also may try to reclaim the lost kingdom of God, which is the birthright of all individual souls. His ceaseless God-contact and matter-transcending nature made him the inspiration of all renunciates.

Lahiri Mahasaya's Guru

The great Babaji was the Guru-preceptor of Lahiri Mahasaya. Very little is known about Babaji's life. We hear that he is several hundred years old, and looks almost exactly like Lahiri Mahasaya, only much younger in appearance. We are told that once Babaji wanted to give up his body. One of his advanced disciples objected. Babaji reasoned, "What is the difference if I keep a dream body or not? I am alive evermore with or without a body." Then the great disciple of Babaji asked, "Honored Guru-preceptor, if it is the same with you to keep your body or dissolve it in the cosmic stream, why not keep it just for a change?" Babaji answered that he would do so, and van-

ished. That is why it is said he is never going to give up his physical body.

Swami Keshabananda of Brindabon, disciple of Lahiri Mahasaya, speaks of meeting Babaji in Badri Narayan Himalayas, India. Swami Keshabananda hinted a message from Babaji to me when I visited Keshabanandaji's hermitage in Brindabon, India. Swami Keshabananda specially urged, "Yogananda, sometime you must see Badri Narayan Himalayas, for there I met Babaji."

Swami Keshabanandaji often travels by foot in the depths of the Himalayas. Once, while he was travelling in the Himalayan jungles, he met a tiger who became frozen with fear through Keshabanandaji's magnetism.

Great Masters' Interest in America

Babaji is in constant communion with Christ. Together they throw out vibrations for the redemption of the world. It was Babaji who predicted, to my Master, Sri Yukteswarji, that I would go to America to spread the message of India's sages. Sri Yukteswarji was asked by Babaji to write "The Holy Science" (which shows the union of the scientific principles underlying Yoga and the Christian Bible) and send to America the unified message of Christianity and Yoga as Self-Realization through fellowship of all religions, or Yogoda Sat-Sanga. I was financed by Bhagavati Charan, my earthly father and disciple of Lahiri Mahasaya, to spread this gospel in America. Babaji also predicted that there were many "would-be saints in America," and one wonderful soul in this great country has already been honored with that title, St. Lynn.

I am also writing the life of the great Babaji as I heard the story from my own Master, Sri Yukteswarji. It was Babaji who first honored Sri Yukteswarji with the title of "Swami" (Master). He received his formal initiation into the Swami Order from the Mohunt of Budh-Gaya.





The "Wishing Well", Palm Tree and general view of a part of the beautiful grounds of Self-Realization Fellowship (Yogoda Sat-Sanga), Mount Washington Estates, Los Angeles, California.

Yogavatar Shama Lahiri Mahasaya's Ladder

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practical force and remained only as an influence to guide the masses to follow simple quantitative theological goodness.

Christlike Souls

Yogavatar Lahiri Mahasaya created the following Christlike souls, some of them really possessing the highest Christ-consciousness.

1. My Master Swami Sri Yukteswarji, the greatest disciple with Christlike miraculous powers.
2. Bindya Bhakat of Benares, a Christlike soul.
3. Swami Pranabananda, who could materialize or dematerialize his body, a feat actually witnessed by myself.
4. Ram Gopal Babu of Ranbajpur, a great yogi who meditated forty years in a cave, for eighteen hours a day.
5. Bhupen Sanyal, a great teacher who is reviving the unique spiritual interpretation of the Scriptures as first taught by Lahiri Mahasaya.
6. Swami Kebalananda Shastri Mahasaya, a Yogi of rare quality.
7. Swami Keshabananda, a man of great renunciation.
8. Sri Bhagavati Charan, my earthly father, very high in morality and Self-Realization.
9. Abinash Babu, a great devotee.

Meaning of "Yogavatar"

Lahiri is the family title of Brahmins to which Yogavatar Shama Charan Lahiri Mahasaya belonged. Mahasaya signifies "high soul". Yogavatar means "The awakened incarnation of God", (Avatar) one who came to earth to demonstrate the technique which would enable students to accomplish the scientific union (Yoga) of soul and Spirit by their own effort. In a later article I shall explain the meaning of Avatar more elaborately.

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I give Lahiri the title of Yogavatar because in him and through him the highest form of Yoga or step-by-step scientific union with God has been handed down to the world. God can be known through inner wisdom, not book-learning, and through royal Yogic union of soul and Spirit by different methods of consciously-pursued meditation, not blind meditation. It is by God-manifesting karma (action) and not by following any moral (but God-obliterating) action, that Spirit is revealed. By inner soul-touching devotion and not by holy-rolling, muscle-contorting, insincere devotion, or blind devotion, one can know God.

Lahiri thus deserves the title Yogavatar, one of the greatest incarnations of God which descended in flesh. From flesh he ascended to complete realization of Spirit by step-by-step methods of realization. All human beings are His children, in whom God is potentially present in His fulness. That is why Lahiri Mahasaya pointed the actual way by which each deluded man could bring out his potential Godhood into distinct consciousness, and reclaim his hidden Godhood, becoming one with Him.

God-Known Souls

When you go to a big well-packed church, try to find out if one or two of the souls know God. I prefer a single God-known soul to a crowd of God-unknown souls in a church. It is good to love God-known crowds of souls.

To create a big church in a town and fill it with creed-led and dogma-fed men and women does some good, no doubt, but such good cannot be compared with the good exercised by a single developed soul sitting under a tree, with Christhood beaming through his countenance.

Why should the orthodox religious leaders take the money of people to build big churches without being able often to fill those churches or to give the members God-contact?

The church is a symbol of God contact. Any minister who wants to make Churchianity-Christians and not Christ-

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New Year's Convocation Group, on the lawn at the Los Angeles Headquarters. Swamiji and St. Lynn in center, with delegates and students.

Yogavatar Shama Lahiri Mahasaya's Ladder

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like-Christians of himself or others is deluded.

In contradistinction to most prophets, Lahiri Mahasaya did not try to inspire people with improved doctrines. He showed them the step-by-step methods of Self-Realization, by which truth-thirsty people could redeem themselves by properly living them in life and bring out the ignorance-shrouded image of God into distinct human consciousness.

Hastening Evolution

Sunlight and food change the human body, brain and mind every seven years (there is a twelve-year cycle also), provided there is no physical sickness. It takes one million solar years to evolve the healthy human body, brain and mind so that they are able to manifest Cosmic Consciousness.

Since the human body cannot last so long, Lahiri Mahasaya devised the Kriya technique which so changes the brain-cells, spine and body that they can express Cosmic Consciousness in three, six or twelve years (in determined, advanced students) and in twenty-four to forty-eight years (in ordinary students).

Christ gave techniques of salvation to St. John and the disciples, promising to send to them the Comforter, about which people understand little.

Lahiri Mahasaya's teaching is the Second Coming of Christ, not through a mere claim, but in actuality. His Kriya technique of meditation expands the cup of concentration so that it can be large enough to hold the ocean of Christ - consciousness, (consciousness that was present in the life of Jesus). Lahiri Mahasaya's technique can reveal to each soul that God belongs to him by divine birthright and has not to be evolutionarily attained. But actual step-by-step meditation is necessary in order to destroy self-created delusion. The prodigal son walked away from God. *Each of his retracing footsteps back to God consists of a mental tech-*

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nique which actually enables him to return.

Praying Unceasingly

Jesus Christ spoke of praying unceasingly or with ever-increasing concentration until God was realized. Do most of the modern Christians try to meditate as Jesus commanded? Most of them pray for a little while, with an automobile ride or a chicken dinner remaining in the background of their minds.

Christ spoke of Holy Ghost or the Great Sacred Ghostlike Invisible Intelligent Cosmic Vibration which is responsible for the creation of all solid, liquid, gaseous and energy substances.

In the beginning of the creation of finite things like solids, liquids, gases and energy substances was the Word (the combination of Cosmic Vibration and Cosmic Intelligence) and God is the Word or Intelligent Cosmic Vibration. Science agrees with this fact, that Intelligent Cosmic Vibration differentiates itself into an ordered creation of solids, liquids, gases, etc.

This Cosmic Vibration manifests as Cosmic Light, Cosmic Sound and Cosmic Ever-New Joy of which St. John speaks: "I was in the Spirit (God-contact) and heard (realized thru intuition) behind me the voice as of a great trumpet (Cosmic Sound)".

"The Comforter"

Lahiri Mahasaya's Kriya technique is the fulfillment of Jesus Christ's promise to send the Comforter. Through Kriya the devotee can expand his consciousness from the body to infinity, without losing consciousness, by tuning in with the actual Cosmic Sound or the Holy Ghost sound emanating from the vibration of all atoms and electrons. When the devotee tunes himself with this sound, he finds the greatest all-sorrow-quenching Comfort and perceives his Spirit present not only in his little body but in all vibrating space.

Patanjali speaks of listening to this Cosmic Om. Science knows that there is a Cosmic Hum emanating from all atoms. St. John says, "I heard behind

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The Christmas Banquet Group at the Los Angeles Headquarters. (Foreground) St. Lynn, Swami Yogananda, Dr. Lewis. (Right) Mr. Moss, Brahmachari Jotin, Sri Nerode, Sri Das, Mr. Wright, Mr. Elliott, Sister Bhakti, Sister Gyanamata.



The Thursday Night Meditation Group of the Self-Realization Fellowship, Los Angeles.
March, 1937

Yogavatar Shama Lahiri Mahasaya's Ladder

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me . . . a great trumpet." Lahiri Mahasaya speaks of tuning and expanding the soul into Cosmic Vibration. All Christians and truth-seekers need not believe forever what Lahiri Mahasaya taught, but need to believe only for the purpose of demonstrating the truth of the teachings in their own Self-Realization.

After the passing of a prophet, his inspiration usually is changed into a dogmatic creed by his blind adherents, but the followers of Lahiri Mahasaya are given step-by-step wonderful methods of meditation which work and which yield results of ever-increasing divine joy from the beginning, if practiced intensely. Therefore, Self-Realization of Divine Bliss-contact of God and not beliefs holds the followers of Self-Realization Fellowship together.

Hence, Christians and all truth-seekers who have suffered long from theological indigestion ought to try Lahiri Mahasaya's world-emancipating technique with scientific steadiness, just as they might join a university, and find for themselves that God can be contacted in this life, *now*.

Meditation Temples

Lahiri Mahasaya's teaching is to more or less discard the morning service system used in churches just to entertain the church members with new ideas every Sunday when they seldom practice what they heard the previous Sunday. We desire that our Self-Realization teachers should first of all realize God in themselves and then lecture only to explain how God can be contacted. Instead of a one-day Sunday morning service, we propose to have daily medi-

tation in temples of Self-Realization to be started all over the world.

Now we have three most beautiful hermitages of meditation in the world—(1) the headquarters on Mount Washington, Los Angeles, California, (2) Yogoda Dream Hermitage, Encinitas, California and (3) the Eastern Headquarters at Ranchi, India. We also have the Second Temple of Meditation in Los Angeles. The World-City of Self-Realization shortly to be started in India will combine industry with Self-Realization, plain living with high thinking. We also have the Self-Realization Students' Home in Calcutta, the Self-Realization Ashram at Puri and the Self-Realization Centers in Bombay, Bangalore, also in various parts of Bengal, in Europe and in many principal cities of America. We are planning to start Meditation Temples all over the world.

Special Notes

"Ji" is a term of respect in India, and is always used when addressing any honored person, as "Swamiji" or "Swami Yoganandaji."

"Swami" means "Master," one who practices mastery over himself, and receives his title of "Swami" from another Swami who in turn traces his title back to the great Sankaracharya, reorganizer of the very ancient Swami Order in India.

"Brahmachari" is the title given to unmarried boys and young men who follow a definite spiritual training.

"Sri" is a title of respect, somewhat similar to the Western "Sir" or "Mister."

The initials S. R. F. mean Self-Realization Fellowship, and Y. S. S. mean Yogoda Sat-Sanga.





Close-up View of the New Year's Yogoda Convocation Group on the lawn at the Los Angeles Headquarters, with members, and students in Oriental costumes in honor of India, all saying "Pronam".

The Spread of Self-Realization Fellowship

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tually seen. This is the consensus of opinion of all visitors who had previously only heard about its scenic glories.

Praecepta Testimonials

Here in this headquarters we find a number of efficient, selfless devotees who send out, each week, thousands of Praecepta to truth-seeking students all over the world. These lessons are not an ordinary metaphysical "hash" between book-reading and imaginary self-realization, but they are God-inspired, God-dedicated truths which Swami Yogananda writes as fast as he receives them from the Infinite. There are thousands of testimonials about these weekly Heaven-uplifting instructions. They are all spiritual techniques which can be put into practice for step-by-step development in attaining God through Self-Realization.

The management of the Self-Realization Headquarters at Los Angeles is very ably carried on by Manager Faraon Jay Moss, Treasurer F. Darling (Sister Durga) who has served unselfishly, saving to help the needy and the spread of the work in India, F. and V. Wright, H. Salter, M. Lancaster, B. Mills, M. Broomell, who have wonderfully carried on the organization work; O. Sahly who efficiently looks after Branch Center affairs; S. E. Marckwardt and L. Royston, able editors of Inner Culture Magazine, M. Pötter, E. Moeller and L. Pratt. Sister Gyanamata, St. Lynn and Sister Durga kept the Self-Realization Fellowship Headquarters breathing highest spiritual vibrations while Swami Yogananda was in India.

The Self-Realization Fellowship Headquarters at Los Angeles has weekly Thursday night meetings to which a select group of devotees regularly come. Whenever Swami Yogananda lectures on Sundays, hundreds overtax the capacity of the lecture hall of the Headquarters building.

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Second Temple

The Second Temple of the Self-Realization Fellowship is in the heart of Los Angeles (see illustration) and is going to be developed into a Yoga School. It seats over six hundred people and has much ground for expansion.

Recent Activities

Recent activities at the Los Angeles Headquarters have included the Christmas and New Year's banquets in honor of Swami Yogananda's homecoming from India, the welcoming of delegates and Yogoda teachers to the first Yogoda Convocation, and the dedication of the new Yogoda Dream Hermitage.

On the first Sunday of the New Year, January 3rd, several hundred Los Angeles Self-Realization students gathered at Mount Washington for the first Yogoda Convocation, to welcome home Swami Yoganandaji, Sister Ettie and myself from our eighteen months' tour of Europe and India.

Pictures were taken on the Center lawn, and Swamiji delivered an inspiring talk on "The Resurrection of My Master." The evening was given over to a delightful banquet, served to several hundred guests by students dressed in silk saris in honor of India.

The menu consisted of many new dishes and ingredients brought by Swamiji from India, and included Kashmiri Gucechi mushrooms with Chinese potatoes, papay fruit, Rasagulla Mango Cream, and Indian Keora Flower Ice Cream.

The enjoyable musical program consisted of a vocal solo by Mrs. Charles Frye, a piano solo by Miss Karla Schramm and a violin solo by Miss Lois Challand.

Yogoda Leaders Present

The Hindu leaders of Self-Realization Fellowship in various parts of the country were present to welcome home their Guru. These were Brahmachari Jotin of Washington, D. C., Sri Nerode of Miami, Florida, and Sri Ranendra Kumar Das of Indianapolis and Cincinnati. Sri Khagen of St. Louis was also present. Dr. M. W. Lewis, leader of the Boston Center, Mr. B. J. L.

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The Yogoda Convocation New Year's Banquet in honor of Swami Yogananda's homecoming from India.



Part of the Reception and Lecture Hall, seating several hundreds, at the Self-Realization Fellowship, Los Angeles. The hall leads into the library, at the farthest end.

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Merck and Mrs. Alyce Gubler, joint leaders of the Salt Lake City Center, Dr. Roman Ostojka of the Cleveland, Ohio Center, Mrs. Marjorie Briggs Shepherd, Mrs. Truth Burbery, and Judge and Mrs. Hardy were among the guests. The speeches delivered by the Yogoda leaders are printed elsewhere in this issue.

These leaders have done remarkable work in the spread of Yogoda. Sri Nerode alone, during the past few years, has initiated at least ten thousand into the technique of Self-Realization. He has done admirable work. Sri Das has also converted many thousands into the path of Yogoda. Dr. Ostojka, a wonderful healer, has helped hundreds by his spiritual power and has taught Yogoda to thousands. Dr. Lewis has kept very highly developed souls inspired by his exemplary life at Boston. Brahmachari Jotin, who has recently been appointed a Director of the Self-Realization Fellowship at Los Angeles, has won the extreme admiration and love of his many Yogoda followers in Washington, D. C., by his exalted eloquence and spiritual example. Seva Devi of the Los Angeles Headquarters and Second Temple has kept many souls inspired by her devoted life during the absence of Swami Yogananda in India. Sri Khagan has also converted many seeking souls into the path of Yogoda and is rapidly developing into a good teacher.

Christmas Meditation

The delegates were also present at the highly spiritual Christmas meditation on December 24th which started early in the morning and continued through the day until Christmas Eve. The meditation was conducted by Swamiji Yogananda who was in ecstasy for seven hours without intermission. Those who joined this meditation felt the seven hours pass like seven minutes of unending joy.

Christmas Day was a never-to-be forgotten celebration. A cross-like table

was arranged with beautiful Yuletide decorations by S. E. Marckwardt and M. Broomell. The wonderful food was prepared by Mrs. Potter and the Swami himself. Swami Yogananda played the part of Santa Claus and distributed gifts from India to all present. The evening passed in an ecstasy of true Christ Celebration.

Yogoda Dream Hermitage

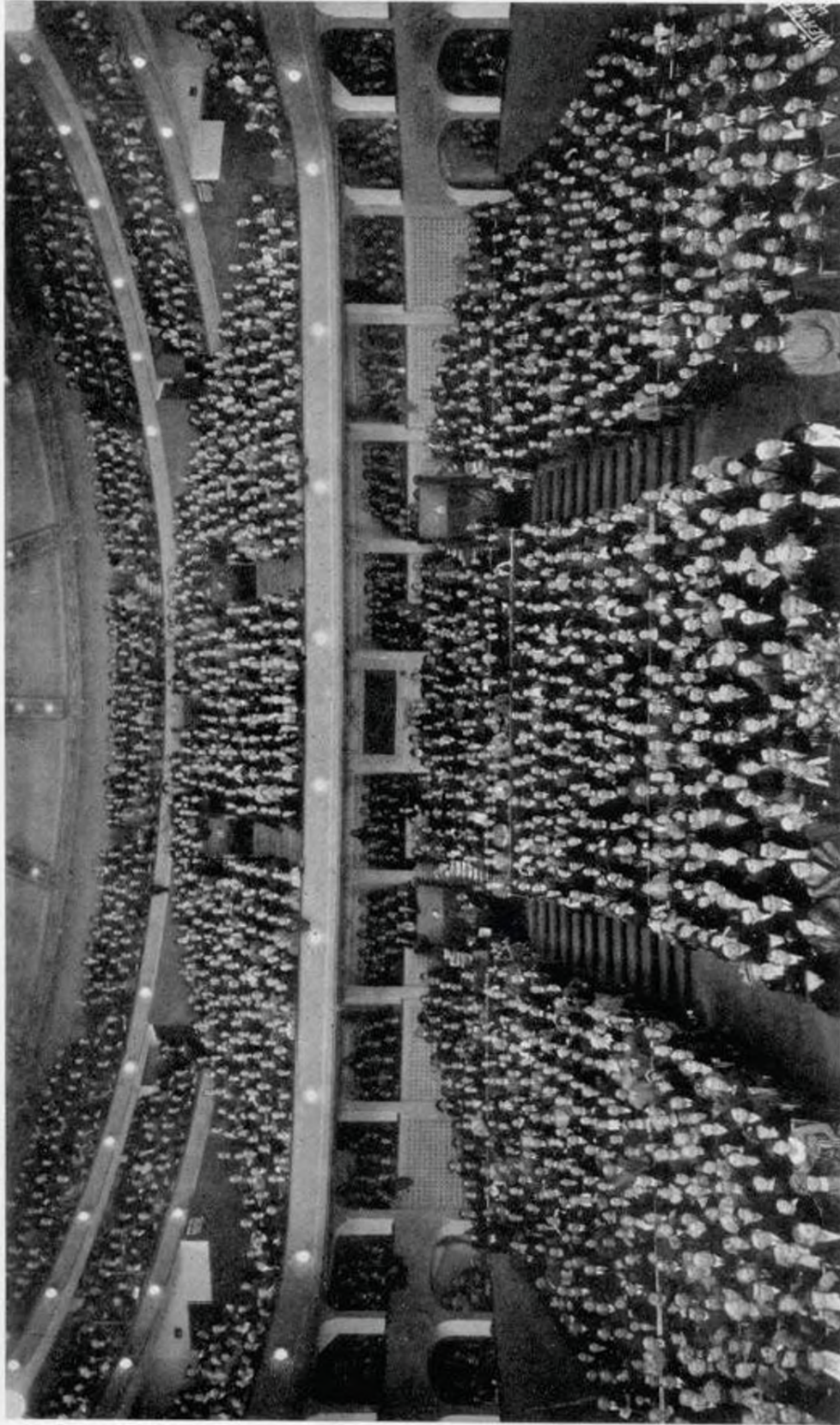
On the 27th of December the house-car of Self-Realization Fellowship and other automobiles laden with delegates and students arrived at Encinitas for the dedication of the new Yogoda Dream Hermitage.

This Hermitage is like a dream dropped from Heaven. It is exquisite within and without. The grounds are laid out under the direction of a noted landscape gardener, so beautifully that one gasps at the first sight of so much loveliness. The Hermitage is a combination of the highest devices of utility offered by modern science and the finest beauty of sky, mountain, ocean, trees and caves offered by Nature. It is truly one of the garden spots of the earth. Swamiji has considered Mt. Washington Self-Realization Headquarters as one of the most beautiful places on earth, and now Encinitas Hermitage, newly built for Self-Realization Fellowship and given to Swami Yogananda as a Christmas surprise, has astounded Swamiji, who exclaimed, "After my world tour and visiting Switzerland and Kashmere and all beautiful places in the world, I can safely say that this Yogoda Dream Hermitage resting on a cliff overlooking the ocean is the most perfect, most beautiful place I have ever seen in the world."

Predicted by Swamiji

The coming of this hermitage was predicted by Swami Yogananda several years ago to Dr. R. Ostojka and others. He is happy beyond dreams to see his vision of this place materialized. The building itself has all the latest modern conveniences, and is nestled amidst solitude, scenic beauty, and climatic super-excellence. We are told that Encinitas, California, has been pronounced

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The audience at one of Swami Yogananda's first series of Lectures in Los Angeles, at the Philharmonic Auditorium, seating 3000. Many thousands had to be turned away each night for the lack of space.

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by the United States Government Weather Bureau as the healthiest place in America.

The hermitage consists of a temple hall, bed rooms with ultra-modern bath rooms, several living rooms, a large dining room overlooking the ocean and a verandah on each wing of the building. There are hidden meditation caves built on the lap of the cliff and immediately overlooking the sea. The house itself has fine oak floors, beautiful carpets and rich, durable furniture. The temple hall is very large and beautiful with a great fire-place, over the mantle of which rests a most remarkable picture of Lahiri Mahasaya, done by Sananda, and pictures of Christ, Sri Yukteswarji and Swami Yoganandaji. Many beautiful and interesting vases brought recently from Tibet, and costly tapestries from India, decorate this temple hall.

The kitchen is large, equipped with all modern conveniences—an electric dish-washing machine, a garbage-disposing machine, a large refrigerator and another vegetable and fruit electric cooler.

Away from the main building is the three-car garage with a lovely four-room apartment overhead. A tennis court is being laid out and there will soon be a very fine orchard with many Oriental trees, mango, cherimoya (*ata*), avocado, and orange trees. A swimming pool between two rocky enclosures by the private beach is being planned.

The eminent Los Angeles architect, Mr. Charles Frye, with his able assistants, Mr. T. F. Trulsen, superintendent, and Mr. Wilson, landscape gardener, cooperated with Sister Durga's efficient plans in creating the Yogoda Dream Hermitage, which was built during Swamiji's absence in India. Both Sister Durga and Mr. Frye have received the blessings of Swamiji for their untiring zeal in intuitively working out all the ideas of himself and of St. Lynn about a dream Hermitage and Yogoda retreat at Encinitas.

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First Temple of All Religions in America

A temple of meditation for all religions, reflected in a quiet pool on the hill, is being erected at the present time and will be finished within a few months. Here Shama Charan Lahiri Mahasaya's statue in alabaster marble, and pictures of Christ and Sri Yukteswarji and Swami Yogananda will decorate the altar. This temple will have a roof overlooking the ocean, where one may go to meditate, and a large four-storied glass tower equipped with a telescope, where one may retire for deep meditation on the united altar of the blue ocean, sky and earth.

Here advanced Yogoda students will come from all over the earth for higher meditation and communion. Here in this palatial gift hermitage with private sea beach, Swami Yogananda has retired for meditation and writing.

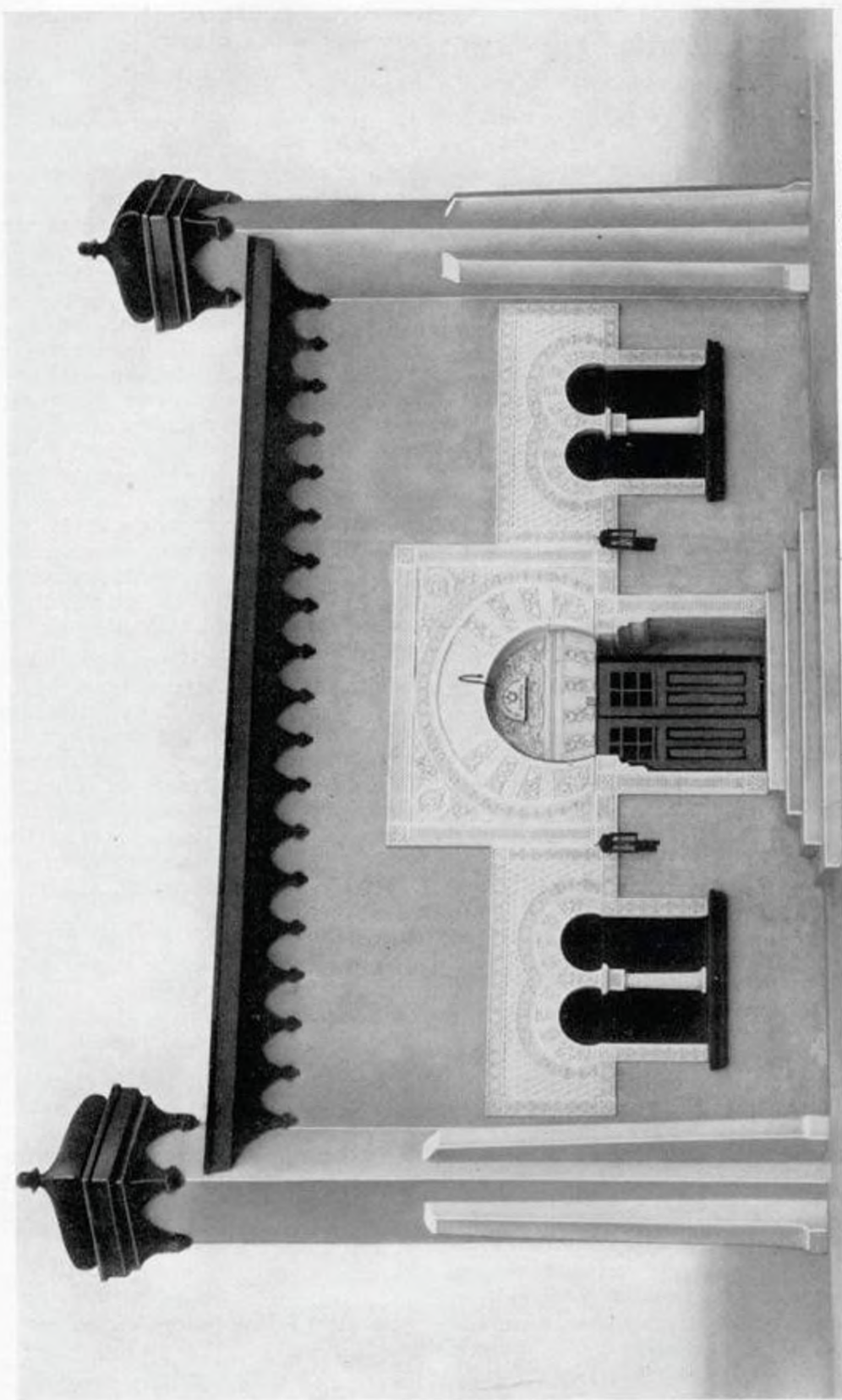
This hermitage has been presented, free of all debt, to Self-Realization Fellowship. It is the first and most beautiful temple of all religions started in America.

Swamiji Renounces Everything

Before he went to India in 1935, Swami Yogananda made over all his personal property and cars, also the income from the sale of his widely-read books and magazine and from his Yogoda classes, to the Self-Realization Fellowship. He receives no salary from the organization, nor has he any private bank accounts. Several of his very devoted disciples look after his personal needs so that, without difficulty or obligation, he is free to spread his message to the world. Swami Yogananda himself comes from a well-to-do family in India. He renounced an important executive position in B. N. Railway which he was once offered before he became a Swami. He has also renounced his rights to the family property. The Ranchi Headquarters property, which was also given to him, he has renounced and given to Self-Realization Fellowship (Yogoda Sat-Sanga Society, Inc.) of India.

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The Second Temple of Self-Realization Fellowship, 711 West 17th Street, Los Angeles, California.

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His Prophetic Vision

Swami Yogananda organized the Brahmacharya Vidyalaya in 1917 in India with its quarters in the Kasimbazar Palace, Ranchi. In 1920 Swami Yogananda saw a vision in the storeroom of the Ranchi Vidyalaya, that he was being called to distant lands. He said, "The Lord is calling me to America where thousands of American men, women and children are thirstily waiting for light!" Many around him wondered. But he left the Ranchi School a few hours after that vision. Brahmachari Jotin, now leader of the Washington Self-Realization Center, was one of the students at Ranchi Vidyalaya at the time Swamiji left for America, and he tells us of his hearing then of Swamiji's prophetic vision and of the bewilderment felt by the boys when they heard of Swamiji's vision and his abrupt departure for America, where the purpose of the vision has been since remarkably fulfilled.

The Master's Call

In 1935, after fifteen years' of spreading India's message in America, Swamiji was recalled to India by a vision of his Master. He left this country amid obstacles that he predicted would be removed through God. He had very little money when he made his plans to start for India. But he was presented with a car to be used on his trip. Two secretaries, Ettie Bletsch and myself, accompanied him. He travelled all over Great Britain, and lectured to an overflowing audience in Caxton Hall, London. His tour took him to Scotland, where he was a guest of Sir Harry Lauder. He visited Theresa Neumann, the great soul of Konnersreuth, Germany, who has not eaten for many years and who bears the stigmata of Christ upon her hands, feet, head and breast. He then went on to France, Belgium, Holland, Switzerland, Italy, Greece, Jerusalem and Egypt, all by auto.

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Arrival in Calcutta—Welcomed by Mayor

From Port Said he sailed for Bombay, arriving there amidst great rejoicing and received by a committee of many prominent people. Upon his arrival at Howrah Station, Calcutta, he was received by hundreds who milled about the station platform. He was garlanded, in the India fashion, by the Maharajah of Kasimbazar (son of the late Maharajah who was co-founder of the Ranchi school). Amidst the sound of conch-shells and drums, the Swami and his party were driven to the home of his earthly father, where a great reception, organized by his brother Bishnu and devotees of the Calcutta Yogoda Students' Home, was tendered him. Such a meeting, everyone weeping for joy at the homecoming of the beloved son and teacher, is rarely witnessed. He was returning after sixteen years in America, when they had given him up as practically lost to them.

Swami Yoganandaji spoke in Albert Hall, his great Master present by his side. Deafening applause resounded during and after his speech. The meeting was presided over by the Maharajah of Santosh, and attended by many notables, including the Mayor of Calcutta who, on behalf of the citizens of that great city, received and welcomed the Swami back to his homeland.

Lecture at Calcutta University

Swamiji was a speaker at the Indian Philosophical Congress under auspices of the Calcutta University, his own *alma mater*, where he received his A. B. degree.

Swami Yogananda and his brother Bishnu and nephew Bijou and Mr. Buddha Bose gave wonderful demonstrations of Yogoda feats and physical culture feats in a reception given to Swami Yogananda and European officials and Eastern potentates. Many princes and maharaneses attended.

Ranchi School Made Permanent

Swamiji was overjoyed to see again his "first child," the Brahmacharya Vidyalaya at Ranchi. But due to the re-

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Inner Culture



Swami Yogananda

Mahatma Gandhi is Host to Swami Yogananda

During his travels in India, Swami Yogananda went to Wardha as the guest of Mahatma Gandhi, who had already visited Swamiji's Ranchi school and had expressed his admiration for the training given the boys there. The following is an *Associated Press* dispatch under date of August 27, 1936:

"Swami Yogananda of the Yogoda Sat-Sanga, Los Angeles, California, who is on a tour, arrived here yesterday and was received at the station by Messrs. Mahadev Desai, Babasaheb Deshmukh and Dr. Pingale, amongst others. He is coming here after 16 years' stay in America. He is the guest of Mahatma Gandhi. The Swami arrived on the Mahatma's silence day. He therefore conversed in writing. The Swami was impressed with the self-sacrifice of the Ashram inmates and the deep spirituality of the Mahatma. He

was astonished to see the extreme humbleness of the Mahatma, who lunched with the Swami, giving him some of his food with a spoon from his plate.

"The Swami was asked to join the evening prayer and found the atmosphere intensely spiritual and was interested to see Miss Slade (Mira Bai) reciting Gita verses with a perfect Oriental pronunciation. At the end, beckoned by the Mahatma, the Swami chanted verses from the Hindu scriptures and gave a short talk about the East and the West . . . After prayer the Mahatma broke silence and talked on different subjects. The Mahatma showed interest in the extensive spiritual work fostered by the Swami in America. Swamiji is having a special discussion with the Mahatma on the origin of evil. The Swami is addressing a public meeting in the evening."

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cent death of the late Maharajah of Kasimbazar, patron of the school, it was in a very precarious state, kept alive by the loyal efforts of Swami Yoganandaji's beloved disciple, Swami Satyananda, and a few selfless workers and teachers. With the help of St. Lynn and many other students of America and India, Swami Yoganandaji was able to permanently establish the Eastern Headquarters of Self-Realization Fellowship (Yogoda Sat-Sanga) at Ranchi. This town, which is 200 miles from Calcutta, is one of the healthiest places in India. The property consists of 25 acres of the finest orchard land in India, with 300 mango and countless other fruit trees.

Guest Quarters for Americans

Free guest-quarters for American Yogoda students and travelers have been provided for by Swamiji. Anyone traveling to India may avail himself of

this opportunity by writing to the Los Angeles Headquarters for a letter of introduction to the Ranchi headquarters.

The first American Yogoda students to visit Ranchi were Mr. and Mrs. F. F. Downs, Cincinnati students, who spoke of the Ranchi Headquarters as "the eighth wonder of the world." Mrs. Downs' letter, published in *Inner Culture*, described Ranchi thus:

"The days we spent there are among the happiest of my life. The atmosphere of peace, harmony, brotherly love which prevailed was remarkable. The dear little boys would quietly come to my room each day with flowers, or a fruit . . . I just fell in love with these dear boys, the best-mannered youngsters I have ever seen in my life . . . Many of the friends from the village came to call and all expressed their deep devotion for Swamiji Yogananda.

"The work this school is doing to build mentally, spiritually and physically is remarkable and I only wish we had hundreds of such schools for our youth in the United States . . . The property



Some of the Yogoda students and friends from all over America who gathered to hear Swami Yogananda's lecture before the Fellowship of Faiths at the Second Parliament of Religions at the Chicago World Fair. To Swamiji's left is Raja Jai Prithvi Bahadur Singh, Prince of Nepal; to his right is Vidya-Vibhushana Pandit Dr. Shama Shankar of India and Geneva. Mr. Wright, Brahmachari Jotin, Sri Das, Sri Nerode and Dr. Lewis are among those in the foreground. Swamiji's speech has since been printed in "World Fellowship," a book containing the Congress addresses.



Yogoda Class at Washington, D. C., numbering over a thousand students, including many public men, senators and government officials. Swamiji gave a series of lectures in Washington Auditorium for fifteen nights, when 7000 people heard him nightly.

is most picturesque, with the fruit orchards, playgrounds, and gardens well laid out. They were all happy that a new dormitory for the boys will be built soon . . . I have a vision of the development of this school. Hope some day such a school may be at Mt. Washington Center also."

A Modern Dairy

The Ranchi Headquarters, now endowed, has a modern dairy, and dormitory for students. The hermitage is being extensively reorganized and modernized. A department, in charge of Brahmachari Santananda, for sending out each fortnight the unique Praecepta teachings, has been organized to inspire the spiritually-thirsty intelligentsia of India. Beautiful mimeographing work is being done on the Praecepta at Ranchi.

Great progress in every way is being shown under the able leadership of the Ranchi directors, who are Prabhas Chandra Ghose, vice-president and acting president in Swami Yogananda's absence, Swami Satyananda, secretary, Bishnu Charan Ghosh, Prokas Chandra Das, Sananda Lal Ghosh, Ananda Mo-

hun Lahiri, Prokash Chandra Ghosh, Ramkishore Babu, all directors.

Fine Gymnasium

The Brahmacharya Vidyalaya offers high school education with Yogoda training to boys. The students have a vegetarian diet with an abundance of good, fresh milk from their own dairy. A very fine gymnasium has been organized by Bishnu Charan, renowned pioneer physical culturist of India and brother of Swami Yoganandaji. This gymnasium, in charge of Kristo Kali, a wonderful soul and disciple of Bishnu Charan and Swami Yogananda, is doing very fine work for the building of strong, healthy athletes in the school as well as for outsiders, to whom the gymnasium is open. The high school at Ranchi receives both residential students and day scholars.

High School and Hermitage

This Yogoda Sat-Sanga (Eastern Headquarters) is divided into two departments:

1. Yogoda Sat-Sanga Ashram (Hermitage) with Praecepta department, Yoga training classes held by Swami Sat-

yananda (principal of the Brahmacharya Vidyalaya and disciple of Swami Yogananda) and classes for training workers and teachers who will spread the technique of Self-Realization, as taught by Lahiri Mahasaya and made adaptable by Swami Yogananda under the name of Yogoda teachings, all over the world. The Eastern Headquarters has been renamed recently to operate under the name of "Lahiri Mahasaya Shama Charan Mission."

2. The Brahmacharya Vidyalaya and students, who are given high school education combined with Yogoda training and self-discipline. Every year many students pass the matriculation examination, and go to the colleges in Calcutta, staying at the Yogoda Students' Home in that city.

Mission Work and Christian Missionaries

Attached to the Shama Charan Mission and the Self-Realization Headquarters is a Yogoda Oraon Munda Boys' School and a wonderful Yogoda Girls' School for the upliftment of village

aboriginal tribes. The Christian missionaries at Ranchi have been doing some fine work in educating them and giving them industrial education and lessons in hygiene and cleanliness. So also Shama Mission plans to do good in its own way to some of the countless aboriginal tribes.

Yogoda-Girls' School

A Yogoda Girls' School has been opened at Calcutta under the efficient management of Prokash Chandra Das, Tulsi Narayan Bose and Sister Radha Rani.

New Temple Planned for Yogoda Students' Home

The Yogoda Students' Home at Calcutta, headed by the noble, self-sacrificing souls, Sailesh Chandra Mazumdar, Sailendra Bijoy Das Gupta (Khitish) and Swami Sebananda (Sudhir), is doing admirable work in training teachers and continuing the studies of the Ranchi ex-students at Calcutta. Training college students in Yogoda teachings is systematically and thoroughly carried on here. They have Satur-



The Yogoda Dream Hermitage, nestled on a hill, mirrored in the sea, unsurpassed in splendor, one of the garden spots of the world.

day night meetings. Swami Yoganandaji dearly loves the alumni of Ranchi and their Students' Home, and is planning a permanent home and temple to be specially built for them.

Noni (Bama) personally looked after Swami Yogananda during his stay in India. A very good publicity manager for the Yogoda Cause and a selfless worker, he is a brother of Swami Satyananda. He organized the Yogoda senior soccer team which won in the finals at Ranchi, India.

Centers All Over Bengal, India

There are Yogoda Sat-Sanga Centers in Serampore and Chatra, headed by the most spiritual Moti Babu, a great disciple of Swami Sri Yukteswarji. Moti Babu has honey-combed Bengal with a number of Yogoda Sat-Sanga Centers. Sri Yukteswarji also started Ashrams and Yogoda Sat-Sanga Societies all over Bengal and India, in Khukurdaha, Jhinkra, etc. Swami Yogananda was received with great pomp and a half mile of procession, at Jhinkra. He

talked to thousands and initiated hundreds of men and women into Kriya—Lahiri Mahasaya's technique of Self-Realization.

Christlike Disciples Spread Work

The teachings of Lahiri Mahasaya have been spread by his Christ-like disciples Swami Sri Yukteswarji, Swami Pranabananda, Swami Keshabananda, Sri Panchanon Bhattacharya, Sri Kumar Nath Bhattacharya, Sreemat Bhupen Sanyal Mahasaya, Swami Kebalananda (Shastri Mahasaya), Sri Ram Gopal Babu, Panchcori Lahiri, Ducori Lahiri, Bindya Bhakat and Bhagavati Charan (Swami Yogananda's earthly father) and many others.

The Puri Ashram

The Puri Karar Ashram where the body of Swami Sri Yukteswarji is interred is fast becoming an inspiring shrine and a useful school. It is situated on valuable property at Swargadwar, Puri. A temple will be built there in time, to commemorate the place which

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Yogoda Dream Hermitage By the Sea (front view), newly built for the Self-Realization Fellowship. All rooms on the other side overlook the ocean.



1



2



3



4

(1) A part of the private beach belonging to the Encinitas Hermitage. (2) The Hermitage on the hill as viewed from the ocean. (3) Angels' Flight Stairways on the Hermitage grounds leading to the private sea-beach for Yogoda devotees, Encinitas, California. (4) The Yogoda Dream Hermitage on the hills of Encinitas looks like the Rock of Gibraltar. The Hermitage is built on solid rock.



Swamiji meditating before the Meditation Caves in the lap of the Self-Realization Hermitage at Encinitas. Here the devotee sits before the conjoined blue sky and blue sea, nothing else being visible.



1



2



3



4



5



6

(1) Yogoda Dream Hermitage. Near the fence is the site where the Temple for all religions is being built at Encinitas. It will have a large hall for meditation services, a roof overlooking the sea, and a four-storeyed glass tower. (2) A view of one side of the Hermitage. (3) The Hermitage. The farthest left window and fireplace chimney are of Temple Hall; the second chimney and door lead to Swamiji's living room facing the sea; the third chimney and door lead to St. Lynn's quarters. (4) The Hermitage porch, overlooking the ocean, with modern outdoor furniture. (5) The three-car garage and apartment near the entrance-grounds to the Hermitage. (6) Apartment-garage and tennis-court grounds amid eucalyptus bowers on the Hermitage site.

The Spread of Self-Realization Fellowship

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contains the body of Swami Sri Yukteswarji.

Swamiji in Mysore

Other Yogoda Sat-Sanga Centers have been established in Bangalore, Bombay and many other places. In Bangalore and Mysore Swami Yogananda was the guest of H. H. the Yuvaraj of Mysore, whose picture appears in this issue. Thousands listened to the Swami at Bangalore and Mysore. Hundreds joined his classes. Swami Yogananda talked to three thousand people in the biggest Puttanam Chetty Auditorium at Bangalore, and spoke in the Mysore University and Medical Clinic, where he gave remarkable divine healing demonstrations. He had audience with the good Maharajah of Mysore.

Maharishi and Paul Brunton

While in South India, Swamiji visited the Maharishi of Arunachala and met his famous disciple, Paul Brunton, who has written several books much praised by Swamiji, including "A Search in Secret India". Swamiji was pleased to note the wonderful spiritual development and open-mindedness which Paul Brunton has attained under the guidance of the great Maharishi and his very advanced disciple, Yogi Ramiah.

When the time came to leave India again, Swamiji set sail for London, where he had promised many that he would return to give Yogoda teachings.

Swamiji's London Classes

Swamiji had the largest classes in London ever given by an Oriental teacher (see illustration in this issue), and received the cooperation of Kedar Nath Das Gupta, beloved leader of the World Fellowship of Faiths in London, and of Rev. Dr. Arthur Porter, Unitarian minister. All the proceeds from the Yogoda classes in India and London were donated by Swamiji to the Yogoda cause. His success in London, where he was continually interviewed and pho-

tographed by newspaper and news-reel representatives, received the following comment from a columnist in the *London Star*, September 24, 1936:

The "London Star"

"I managed to squeeze into Caxton Hall before the overflow invaded the Press table. The occasion was an address on God by Swami Yogananda, Yoga master. Hall, floor and balconies were crammed. For an hour-and-a-quarter attention was held by a remarkable piece of reverent entertainment. I have heard few equals of the Swami as an orator. There was not a syllable of rant or unintelligible metaphysic. His character-acting of a socially distracted lady trying to practice meditation as the Swami ordered would have brought down any house. At the end of 75 minutes, the Swami, apparently not the least fatigued, left to address the overflow meetings. Next Tuesday the Swami will speak at Whitefields Institute in support of the World Fellowship of Faiths. The president of the British National Council is our old friend, Mr. George Lansbury. The world president is the Maharaja Gaekwar of Baroda."

Yogoda World-City Planned

Swami Yogananda, through the inspiration of God and the Masters, is planning to create a model Yogoda World-City in Bengal, India, where he wants to combine really necessary industries and scientific training of Yoga. Here people of all races schooled in Yoga will be admitted. This city will be guided by the highest spiritual principles and the laws of universal brotherhood.

In this World-City special big dairies, fruit orchards and agricultural developments, along with carpentry and weaving, will be carried on. Both married and unmarried harmonious, intelligent, laborious, cooperating people will be received. Each citizen in this Yogoda World-City will be expected to live as a perfect citizen of the coming United States of the world, with God and Truth as the guiding President-King.

(Continued on Page 58)



1



2

(1) Noted Yogoda leaders, in the temple-hall of Yogoda Dream Hermitage, Encinitas, California. (Left to right) Dr. R. Ostoja, Sri Nerode, Dr. Lewis, Swami Yoganandaji, Brahmachari Jotin, Sri Das. Mr. Wright (sitting). (2) Swamiji in front of Meditation Caves, seated in the western posture.



A Group of Self-Realization Teachers and Students at the Dedication Opening of Yogoda Dream Hermitage. Lahiri Mahasaya's picture in the Temple Hall may be seen in the background.

March, 1937

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The Spread of Self-Realization Fellowship

(Continued from Page 56)

The cooperation of able-bodied young men and women, Rajas and Maharajas, and of unselfish, philanthropic people of the world is invited. They may give their suggestions or physical or financial or whatever kind of help they can offer, to make this Yogoda World-City a success. All letters and applications to cooperate with this proposed World-City must be addressed to P. C. Ghose, Vice-President, Yogoda Sat-Sanga Society, (Self-Realization Fellowship) Ranchi, (B. N. Ry.), India.

The idea in creating the proposed Yogoda World-City is to offer to the war-torn, industrially-selfish, politically hide-bound nations of the earth a glimpse of a perfect divine city, which can be an inspiring model pattern after which all nations of the earth would like to build their cities.

Swami Yogananda, with the help of a few exalted souls, is going to make a supreme effort to do something practical in establishing such a city. It has hitherto remained only an imaginary idea with most people. He is not looking for absolute success or failure in the creation of a perfect World-City. He would be satisfied in making a supreme effort to create one such, as near-perfect as possible, avoiding the mistakes of all one-sided nations and taking in the best methods of all of them.

Swami Yogananda believes that the greatest enemy of man is ignorance and selfishness—not wars nor variety of religions nor customs nor races nor colors nor creeds. If ignorance and selfishness were driven from the hearts of men and they were taught to cooperate for mutual good, regarding themselves as brothers born of the one Father God, then that would pave the way for a World Nation.

The Yogoda World-City—its Aims

1. To follow the religion of actually knowing and therefore loving God.

2. To speak one universal language besides one's own native language.

3. To follow the best universal laws of hygiene and diet. Creation of health and meditation centers all over India and the world, to allay the physical and spiritual suffering accruing from wrong diet, wrong living through individual, social and political selfishness.

4. To use industry for mutual benefit and not selfish ends.

5. To consider God as the Ultimate Harmonizer of all our difficulties, paradoxes and unintelligible problems of life. To recognize those of all races and colors as children of the one God. To teach the good and evil of patriotism. To introduce the study of international brotherhood in the schools of the world to save children from world-hatred which leads to world-wars.

6. To give self-supporting, soul-uplifting, ever-new joy-producing education.

7. To make everybody an athlete—a Sandow in body, mind and soul.

8. To teach one religion of Self-Realization. Federation of all temples, churches and creeds of the world.

9. To advance moral consciousness and spiritual utilitarianism.

10. To establish a temple of all religions in the four quarters of the globe. Three already established in Los Angeles and Encinitas in California, and at Ranchi in India.

11. To teach universal brotherhood—celebration of good-will congress for all nations—teaching to love all nations and to correct them by love and example and not by hatred or wars or evil politics.

12. To adopt universal standard customs governing body, mind and soul, taken from all nations, which would perfect body, mind and soul, and make each man an ideal world-citizen.

If this model City is fairly successful then similar ones can be established in the principal cities of the world.

Swami Yogananda— Today's Prophet

By SRI RANENDRA KUMAR DAS

Sri Ranendra Kumar Das, leader of the Cincinnati and Indianapolis Self-Realization Fellowship Centers, spoke as follows at the Yogoda Convocation banquet:

"One man or woman raises a banner and thousands follow; little movements, started locally, may become world-wide. This statement has never been more true than in the case of the movement started by Swami Yogananda. A little movement started in India twenty years ago has spread all over the world today. Instead of having only a band of followers in India, today the Self-Realization (Yogoda Sat-Sanga) movement has thousands of followers in all parts of the world.

"Divinely Ordained"

"Some may surmise that the appearance of Swami Yogananda on the arena of this earth is an accident of time but to me it has been divinely ordained. Divine Intelligence envisions the needs of each age and sends a worthy son to bring forth a new message to the world. When one casts a glance at the world-panorama today, a scene of inharmony, chaos and conflict is presented to the view. Enmity, greed and other evil forces are powerful. The precepts of Jesus Christ and the other great masters of the world appear to have sunk below the horizon of the world-mind. People everywhere are living unhappy, discontented and insecure lives. They are wandering in the jungles of life as forlorn, thirsty and hungry souls, crying for aid.

"The Divine Father in answer to these soul-cries has sent forth Swami Yogananda as a divine messenger to supply the spiritual food and water for which the multitudes are clamoring, and to point out to this chaotic world the

path to peace, joy and above all, the road to Self-Realization.

"The lives of divine sons are very interesting and enlightening, having great practical value to all who apprehend their greatness and wish to mould their own lives after an ideal pattern. Thousands are changing their lives to fruitful paths by placing in their mind's eye the ideal life of Swami Yogananda as an example to be followed.

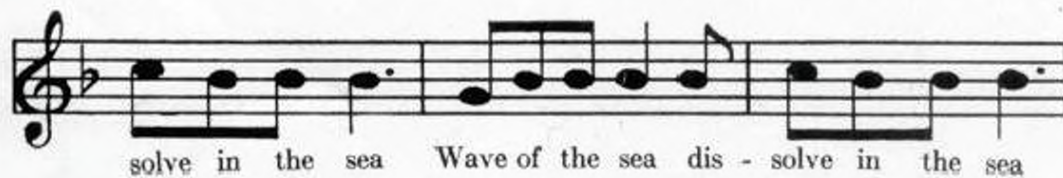
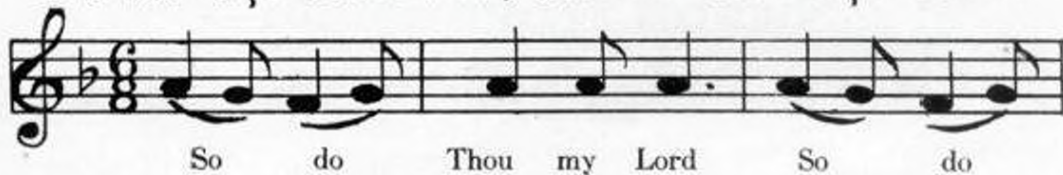
"Observing how the great ones solve the problems of life is instructive and inspiring. An incident in the life of Swami Yogananda which came to my personal attention and in which I found an uplifting message, I would like to narrate here. When I was in Pittsburgh there came a teacher into the city who criticized Swami Yogananda from the public platform. This lecturer was planning to leave soon for a trip to India and a farewell social gathering was held to which Swamiji was invited by one of the lecturer's students. Swamiji was fully aware of the attitude of the teacher toward him but unlike ordinary men, Swamiji harbored no feelings of revenge or repugnance for the person who had abused him. Swamiji not only went to the social but spoke very highly of the teacher and gave him letters of introduction to his friends and associates in India so that he could derive help from them.

Intoxicated With God

"Acts of this type—giving love to those who hate you—can only be performed by souls who are intoxicated with God-realization. Such incidents make a deep impression on the minds of those who witness them, and show them the practical application of the idealistic teachings and noble sentiments handed down by all true teachers. The great-

(Continued on Page 70)

I Am the Bubble, Make Me the Sea





I am the bub - - - ble make me the sea



Make me the sea, make me the sea



Make me the sea, make me the sea



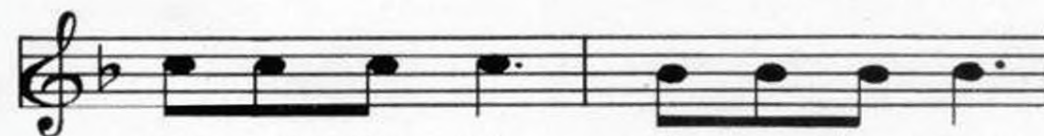
I am the bub - - - ble. make me the sea Oh



I am the bub - - - ble make me the sea



Make me the sea, make me the sea



Make me the sea, make me the sea



I am the bub - - - ble, make me the sea Oh



I am the bub - - - ble make me the sea

Three Yogoda Messages

Seva Devi of Second Temple

Seva Devi, former leader of the Salt Lake City Self-Realization Fellowship Center, and now a conducting teacher at the Second Temple of Self-Realization in Los Angeles, spoke at the Yogoda banquet as follows:

"Dear Master, St. Lynn and fellow teachers, fellow students, first of all I want to say how I have enjoyed this wonderful day, the glorious words of our dear Master this afternoon, and the grand testimonials that have been given him tonight. I was glad to hear the little story that Brahmachari Jetin told us, that we don't have to go away to some sacred shrine for enlightenment. It put me in mind of the words of one of Jesus' disciples who said, 'To whom shall I go? Thou hast the words of eternal life'. This is what I say to our Master.

"There are just one or two points I would like to bring out. First of all, I have learned to contact the silence, to get calm. If my mind could become calm, then anyone in the world can calm his mind. I have the great joy to say that my mind becomes tranquil now since I have studied with Swamiji. I know something of what it means now to drink from the waters of eternal life. I have learned that the eternal fountain of which Jesus spoke is really a fact".

Sri Khagen of St. Louis

Sri Khagen had the following message for Self-Realization students:

"My dear friends, Swamiji and St. Lynn, I am very glad to be here with you tonight. I thank Swamiji from the bottom of my heart for his loving invitation, and for allowing me to participate in this beautiful festivity.

"As a son, Christ knew God his Father. The love of a husband may be carnal and jealous, the love of a friend may be deceitful; only the love of a

father is pure and unselfish. The father does for his son what he would do for no one else; his son is his own creation. So Swamiji, as our spiritual father, is always ever mindful, ever ready, to fulfill the needs of his children. To him, all are alike, he is equally lavishing his blessing and kindness upon us.

"Friends, this is my second visit to Mount Washington in the last ten years. My first visit was very brief and I saw little of this place. We see things only as we wish to see them, and keep our eyes closed against that which we don't want to see. It is our mental attitude that makes us see things in different lights. During my first visit, I failed to notice the beauties of the hills and the surroundings here. My mind was full of gross and material things, and instead of seeing God at every nook and bend of this mighty Mount Washington, I saw nothing uplifting. But my dear friends, there are changes in everything, from an atom to a human being. Constant change is the characteristic of nature. According to the Sankhya philosophy, the universe is created at the union of Spirit and matter. The whole idea of the world is to give the experience to Spirit. The Spirit is caught in the net of matter and goes through a succession of changes and at the end of the journey, Spirit frees itself from the bondage of matter. Then emancipation takes place.

Freedom Our Goal

"Freedom is the keynote of our life, not pleasure and happiness though they come in the end. We will have to go through different changes. Sooner or later, when true knowledge dawns upon us, we find everything is pure and holy, the manifestation of God upon earth.

"I climbed up and down the hills many times during my first trip here, but this is the first time I had the experience, as I stood at the foot of

Mount Washington and looked up, of beholding, not a massive structure of bricks and stones, neither its artistic value, but something more than that. It is the God that resides in this beautiful temple, calling everyone: 'O poor one, O disillusioned one, O wearied one, come to me and lay your burden here, you will find eternal peace and happiness.' This was the first time I began to realize that behind these everlasting phenomena of the universe, there must be something real, something tangible, which is identical with the essence of a man. We must find that Reality, we must find that unlimited freedom. When we find that, then there will be everlasting peace and happiness."

Mr. Wright, Secretary

Mr. Richard Wright, secretary-disciple and companion to Swamiji on the recent trip to India, was called upon to say a few words regarding his impressions of that land. He spoke as follows:

"There are many aspects of India that one could analyze but to me the most outstanding impression that one carries away from India is the great love the people have for a Supreme Power. You will find that in ordinary conversation, even with young people, no matter if they are just children in school, the thought dwells on God, on the philosophy that has been handed down by the great Rishis (savants). And coming from the West one cannot help but be lifted up. Fortunately I was taken freely into the Indian life, for few westerners have had that opportunity. You cannot realize the great friendship that these young Indian boys can express.

"It would be of some interest perhaps to tell you of the wonderful meditations we had on Saturday evenings with the ex-students of Ranchi. On these particular Saturday nights friends and devotees used to gather from all over Calcutta, sit cross-legged at Swamiji's feet (the harmonium in front of him)—many young men and old men drinking in every word he uttered, and really diving in with his chanting. This spirit didn't last only one hour but everyone was sitting with rapt attention

chanting and meditating all night long and not just a few hours. I am deeply indebted to Swamiji for the privilege of having been taken into such an atmosphere."



Swamiji, with Kedar Nath Das Gupta, founder of the World Fellowship of Faiths, who presided at Swamiji's London lectures.

Swami Yogananda's Banquet Speech

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Be anchored in the spirit of God and realization of the Infinite Being that flows like an ocean through all creation. It is worthwhile to make the effort to reap, in this short season of life, the rich harvest of God-realization. Joy will constantly flow. I feel this great ocean of life and I say, 'O God, this little being Thou hast blessed with that joy and I know now why Jesus bled for all, I know now why He gave up His life.'

"All must bring this body, mind and soul into discipline and pray with might and devotion to God, and if you follow meditation as we teach, you shall find one day, when you are least expecting it, He shall drop two hands to lift you up. It is not you who are seeking God, but God is seeking you more than you are seeking Him. But He has given you independence to cast Him

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Comment Abroad

The newspapers and illustrated weeklies in London and India devoted a great deal of space to Swami Yogananda's presence in their lands. Mr. Wright, who accompanied Swamiji, came back loaded with newspaper clippings about Swamiji's work and lectures in various places.

"Sunday Graphic," London

The *Sunday Graphic* of London (September 27, 1936) had the following feature article by its columnist, Gordon Webb:

"In a quiet room, high above the clamour of London's traffic, a famous Indian mystic, one of the master-minds of Yoga, gave me a remarkable demonstration of his powers. He was the Swami Yogananda, who now plans to organize a Yoga center in Britain. In yesterday's demonstration the Yogi proved that he can (1) Stop his heart beating for a brief period; (2) Stop his pulse at will, or lower his blood pressure; (3) Control his sense of touch, or eliminate it entirely; (4) Switch off the energy from any part of his body.

"Dark-eyed, youthful-looking, the Swami told the history of his study and mastery of Yoga, the mysterious power of the East which he is now adapting to the varying conditions of the western world. 'I studied Yoga in my childhood days,' he said, 'but it was not until I was profoundly moved by the death of my mother when I was a young man that I brought my powers to their full pitch. Here in the western world you are burning up all your energies. You do not find real happiness. You die young. We in the East have learned much from you, but in this matter of leading a balanced life, you have much to learn from us. By concentration and relaxation I can do with two hours' sleep out of the 24. There is no reason why anyone who will give an

hour and a half every day to deep concentration cannot do the same. When the heart is quieted *consciously* every other part of the body is rested with incomparably more benefit than in a deep sleep. It is this rest which prolongs life.'

Complete Spontaneity

"The Swami has the appearance of a man in the early twenties. At home it is unusual for him to work less than 16 hours a day, addressing clubs, churches and societies, attending to his vast correspondence, interviewing his followers, and directing the headquarters of his fellowship in Los Angeles. In addition, he spends long hours in intense meditation. He makes no preparatory notes for his addresses, but speaks with complete spontaneity. He claims that he is himself living proof of his teaching that anyone who faithfully follows his doctrines can attain complete self-mastery and remain young even in old age."

The large newspapers of India, in Bombay, Calcutta, Madras, Bangalore and Delhi carried many articles, welcoming Swamiji home to India after his 16-year absence. Many carried headlines and devoted whole pages to Swamiji's work.

"Daily Post," Bangalore

A long report of a lecture given by Swamiji appeared in *The Daily Post*, Bangalore, South India, on November 5, 1935, part of which read:

"At a large gathering of students, officials, ladies and gentlemen, Swami Yogananda was introduced by the president, Justice Shankar Narayan Rao, in a meeting held under the auspices of the Mysore University Union, last night, preceded by wonderful demonstrations of 'Yogoda,' the action of will

(Continued on Page 66)

Joyousness

By DR. ROMAN OSTOJA

Dr. Roman Ostoja of Cleveland, Ohio, addressed the following words to the banquet audience at Los Angeles on January 3rd:

"First of all, we all really should stand up for a moment out of respect for our great leader, and besides a leader, I consider him a Master, and also out of respect for St. Lynn who to my knowledge is also a great man and especially in this movement, renouncing many things and giving a great spiritual support.

"I left here two years ago and since then have lectured to thousands of people and have given them what I received. I have received more through this Self-Realization movement than I received even in India. I have been in India and studied the secrets of self-mastery, yet the greater and deeper understanding I have received from Swami Yogananda of Self-Realization Fellowship. I really can say today I have come to that point of self-realization because today I am happy. That calmness and happiness of God-contact have come to me through this movement. I hope you all will receive that, for everyone can receive it. Nothing is impossible. I am a westerner as you are. It should not be any harder for you to accomplish than it has been for me.

"The Third Mind"

"Self-Realization is teaching us to be a part of the Divine Mind. It is for us only to be willing to go and reach it—to reach beyond the subconscious mind to the superconscious or the third mind and receive. The Self-Realization Fellowship is teaching us how to reach that. Contact that third mind and you will receive all the benefits from that, because you are a part of the Divine Mind where there is all knowledge. If

you are in poor health, or if you need prosperity, Swami Yogananda teaches you to go into the self, deep, and you will find the answer, how to have health, or real wealth.

"What have I received? Joyousness. Joyousness. I had heard of that all my life, but how to get it? I have heard of this joyousness which is within and without and yet I said, 'God, I pray to you but you do not answer'. Then once I realized why He didn't come, for I had prayed for years. It is because you have to make this joyousness. If you make yourself smiling without, you have also to make yourself smile within. Always watch yourself that you are joyous within and without. Let nothing disturb you and sorrow will be eliminated.

"Not only is it a necessity, but it is our utmost duty, a divine duty, if we are a part of the Divine Mind, to live in that joy. If we do not make it here on this earth now, we cannot expect it afterward. The joy which is within is a harmonious vibration and you must attach yourself to that joy. It is everything because it is your true self. It is because you attach yourself too much to the body that you suffer pain. Why should you be afraid of death? You are not afraid to go to sleep and yet you are afraid to die, which is only a little longer sleep. To me sleep is a short death, as death is but a sleep.

"Every day of your life, make yourself joyous. Go to the mirror from time to time if you feel you are brooding, and see yourself how you are looking. Your expression shows how you feel. When you find yourself sad, change that expression and change that feeling within. You will find that you are happiness itself."

Comment Abroad

(Continued from Page 54)

in the muscles, by the Swami's brother, Bishnu Charan, and his two students. The Swami gave an enlightening and stirring lecture before an enthusiastic and appreciative audience.

"During the course of the lecture, the Swami's age was conjectured to range from 17 to 100 years, but when asked his age point-blank, he answered, 'Do you want to know my age? I never tell my age. For I am ageless. You failed to designate the age of this residence or body of mine. I am the immortal Soul, and am therefore ageless.'

"The president, Justice Rao, expressed gratitude and said, 'We are proud of one who has placed the banner of India and her spirituality in America, awakening souls from slumber.' He also spoke of the lecture as being most inspiring and one to be long remembered. He concluded by paying his 'humble obeisance to our illustrious guest, Swamiji Yogananda.'

"The president of the University Union, Mr. L. Rama Rao, said, 'I want to express the hearty thanks of you all to our revered guest, Swami Yoganandaji. He has delivered one of the most marvellous, thrilling, remarkable and dynamic addresses ever heard in Bangalore. I wish to express thanks to His Highness the Yuvaraj of Mysore, on behalf of you all, for inviting the Swamiji to Mysore State.'

Swami Gives Demonstration

While in Mysore, Swamiji also addressed a meeting held under the auspices of the Mysore Civic and Social Progress Association which *The Daily Post* of November 6, 1935 described as follows:

"Swamiji Yogananda gave a demonstration of the action of will power and magnetism, which he described as flowing from the Cosmos through him and which he directed to the brain of those sensitive souls accurately in tune with him, arousing the energy in their bodies and concentrating it in the hand and locking their clasped hands as if shackled by ropes. Moreover, those with

locked hands were unable to open them when ordered to do so by the audience, but immediately responded to the command of Swamiji, all except one man who was ailing from heart disease and stomach trouble.

Instantaneous Healing

"However, his hands instantly opened as Swamiji's hand approached his and upon request, Swamiji gave a remarkable healing to this ailing man, by merely touching his heart and stomach, allowing the soothing vibrations of the Cosmic Energy to flow into the man's body. The pain instantly vanished. In explanation Swamiji stated that he merely served as a channel for the flow of the Cosmic Energy from God which has the power of healing. It is God who actually heals, and this capacity of directing God's power lies dormant in all of us. It lies with each of us to learn how to arouse it and us it.

"In concluding the meeting, Sir Puttanna Chetty (donor of the Sir Puttanna Chetty Town Hall in which Swamiji spoke) said, 'I am very happy to have heard your most enlightening lecture. I was deeply listening and especially enjoyed your unique explanations of Patanjali. You have packed this house and we already feel uplifted from your presence'.

"The audience was very enthusiastic and attentive and showed its courteous cooperation despite the crowded condition of Town Hall, the largest hall in Bangalore, for the hall was packed to overflowing with 3000 friends, some in window-sills, in aisles, doorways, on the stage and standing outside—a demonstration of the sincerity and earnestness with which the people are seeking to know God."

Latent Powers

This same meeting was reported by a columnist in *The Daily Post* as follows:

"The third big event of the week is the appearance of Swami Yogananda of Los Angeles in Bangalore, giving *darshan* to many eager hearts . . . showing us the way to contact God through *Pranayam*, the mixing of God-conscious-



The Self-Realization Fellowship, Los Angeles, showing tennis-courts.

ness with life-control. The rare yogic feats done by his disciples (Bishnu Charan, Buddha Bose and Bijoy Kumar) have opened the eyes of many to the latent powers in man and how they can become patent.

"The atmosphere of Bangalore, with its electro-protonic cell batteries charged by that *Sadhu-Sanyasin* Swami Yogananda (a man of immense powers, the result of his conscious efforts at the unity of body, mind and soul) I am sure has taken during the last 3 days, a fresher hue than it used to have. The ladies and gentlemen, young and old, that filled every vacant space in Town Hall ought to give testimony to what I say. All those who heard his lectures, I can say are really great souls, according to a stanza in Tamil poetic lore—'It is good to see a good man, more to hear the pearl-drops of wisdom, much more to keep company with him'".

"Sunday Times," Madras

The *Sunday Times* of Madras, March
March, 1937

29, 1936, had the following comment on Swamiji's lecture at Gokha'e Hall:

"For over two and a half hours, the Swamiji held the audience spellbound by his oration. It was a consummate address . . . He is certainly the master orator who can sway mass meetings at will. No finished product of the best elocution school of America could excel him in that art. He began with a glorious tribute to India's heritage of spiritual ideals, and stressed that India should never swerve from her ancient ideals . . . His lecture was enthralling, his ideals were impressive, and the way in which he propounded them were quite interesting. He talked of the necessity of implicit faith in God, of the power of the right kind of prayer, of the amazing miracles that can be brought by will-power".

Arjuna The Warrior

Among numerous meetings, Swamiji addressed the All-India Kshattriya Conference presided over by H. H. Mahara-

jah of Jhalwar. In this lecture at Calcutta, Swami Yogananda stressed the fact that the true duty of a Kshatriya (the warrior or second highest caste in India) was to follow the instructions given by Lord Krishna in the Bhagavad Gita, to his great Kshatriya disciple Arjuna, who was bidden to fight evil, bad habits and ignorance.

In London, Swamiji spoke at a meeting arranged by Dr. Kedar Nath Das Gupta, famous director of the World Fellowship of Faiths. Sir Francis Younghusband was the chairman on this occasion. His introduction of Swamiji was reported by the London correspondent of *Amrita Bazar Patrika*, in the following way:

"Sir Francis Younghusband paid a great tribute to India for producing saints and holy men. 'Greatest gift which India has offered to the world', he declared, 'is her gift of spirituality and spiritual forces. Great saints of India have found their way to this country and we are grateful to Swami Yogananda for coming this evening and addressing us for the first time'."

DEATH CEREMONY NOTICE OF SWAMI SRI YUKTESWARJI

The *Amrita Bazar Patrika*, leading newspaper of Calcutta, had the following notice under date of April 3, 1936: "The death Bhandara Ceremony of Srimat Swami Sri Yukteswar Giriji Maharaj took place with great eclat at Puri on the 21st March last. Many disciples came down to Puri to join in the celebration and among those includ-

ed were Swami Yogananda, Rai Atul Chandra Chowdhury of Kidderpore, Swami Satyananda Giri, principal of Ranchi Brahmacharya Vidyalaya, and S. Ananda Mohun Lahiri.

"One of the greatest exponents and propounders of the Bhagavad Gita, and a great disciple of Yogiraj Sri Sri Shama Charan Lahiri Mahasaya of Benares, Sri Yukteswarji was the founder of several Yogoda Sat-Sanga Centers all over India and had been the great inspiration behind the movement of Yogoda which has swept America and the West under the direction of Swami Yogananda, his principal disciple.

"It was Sri Yukteswarji's prophetic powers and deep realization that inspired Swami Yogananda to cross the Atlantic and spread the message of the Masters of India to the thirsty souls of the West.

"As he believed in the unity of all religious faiths, Sri Yukteswarji established Sadhu Sabha with the cooperation of leaders of various sects and faiths for the inculcation of a scientific spirit in religion. At the time of his demise he nominated Swami Yogananda his successor as the President of Sadhu Sabha.

"India is really poorer today by the passing of such a great man. May all who are fortunate to come near him inculcate in themselves the true spirit of India's culture and *sadhanā* which was personified in him and pave the way further for the realization of unity and understanding among the various faiths of the world."

One Friend

Many clouds do race to hide Thee—
Of friends and wealth and fame—
And yet through mist of tears I see
Appear Thy Golden Name.
Each time my father, mother, friends
Do loudly claim they did me tend,
I wake from sleep to sweetly hear
That Thou alone didst help me here.

—S. Y.

Nations, Beware

(Continued from Page 22)

Right Patriotism

Ye nations of the world, beware!
Use your patriotism to protect your
own country and don't get mixed up
with any other nation. All nations
should get together to non-cooperate in

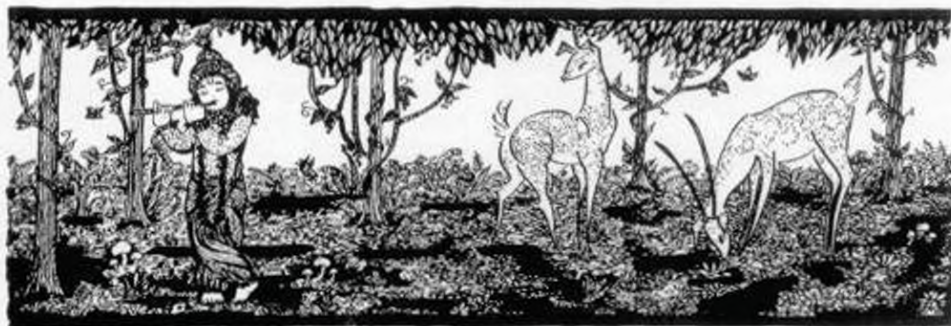


WAR

From the painting by Paul Mak

every way with those nations that want to start wars of aggression. Nations of the earth should get together to destroy nature-created calamities due to disease, floods, poverty, sickness and earth-

quakes, etc. Man should not add to the natural calamities by creating avoidable self-created calamities of poverty, lack, suffering, and death due to wars. It is evident that self-created calamities and wrong vibrations of war and industrial selfishness bring about natural calamities. The state of Texas in America could produce enough wheat and corn to supply the whole world; why is there any starvation in the world today? Because of man's political and industrial selfishness which is against the divine law of cooperation, mutual service and sharing God-given prosperity properly among the nations of the world. If people follow the laws laid down by Christ, "Love thy neighbor" and "Give all ye have," then there will be no poverty-suffering on earth today. The politicians are blinded by their patriotism, selfishness and love of fame and, disregarding the divine law laid down by God and great saints, they are bringing an avalanche of miseries upon the nations of the earth. Follow the dictums of saints who are the true children of God and not the dictums of Satan. We wish every true child of God of every nation would non-cooperate with Satan and war, and work in every way to establish constructive, international peace and prosperity and spiritual happiness in their own nation and in all nations. Let us eradicate all wrong misery-producing sense of false patriotism and establish in every world-citizen the true international patriotism of brotherhood, peace, mutual good will and consideration of mutual mental, hygienic, industrial, social, scientific, philosophical, moral and spiritual progress and happiness.



Swami Yogananda—Today's Prophet

(Continued from Page 59)

ness of a soul is judged by such acts. Swamiji has innumerable incidents of this inspiring nature in his life and consequently he is considered by his followers to be like the pole-star of this existence, shedding light which shows the path and guides the footsteps of the masses to the threshold of Self-Realization.

"Thus, by his example, like Jesus in days gone by, Swamiji teaches us never to think of revenge, never to criticize, never to bear any grudge or hatred against anyone, but instead to give love to all who try to hurt us. He tells the multitude not to live in delusive darkness any longer by clinging to age-old habits and mental inhibitions, not to stand like children on the seashore of life, playing with pebbles and building houses on sand, but to learn to cast nets on the ocean of Self-Realization—not to while away the precious moments of our lives in laziness and bondage to hurtful habits, but to awake, rise up and spend our time in realizing the truths of existence through concentration, meditation and contemplation.

Divine Tolerance

"At this period of the world, much inharmony reigns due to intolerance in all fields—political, social, economic as well as religious. Here Swamiji has proved that he stands as a tower of tolerance. His actions, sayings and life all bespeak tolerance. I can emphasize this point by a little story from the Talmud. A great devotee of God, Mahmud, used to dispense hospitality to all who visited his desert home. It was his practice to converse with God every night. One day a venerable-looking gentleman about sixty years of age came to his door and asked for food and water. When he was about to eat, Mahmud asked him why he did not first give thanks to God. The traveler replied that he had never done so and had no intention of doing so now. The indignant Mahmud drove his guest away. That night when the devotee was holding his nightly meditation, God asked him why he had turned away the hungry guest. Mahmud replied that he

could not tolerate him as he was ungrateful toward God. God said, 'I have been tolerating him for sixty years and you could not tolerate him for one evening'.

"In similar ways, Swamiji shows his tolerance. As God tolerates everyone all the time, so Swamiji teaches this great lesson of tolerance. He says, 'We are all sinners before God but if we have God's love within us we are cleansed within and are saved.' What a beautiful thought that is! It gives hope of redemption to everyone and rouses a new faith and a new life in all hearts.

Great Ocean of Love

"In many ways Swamiji emphasizes again and again on tolerance and more tolerance. But this tolerance is not the outcome of fear or weakness, or lack of will-power, but springs out of the great divine love and compassion lying within him. He has a will like steel, strong and unbending, and he is moved only by sincere, pure love of the devotee. Swamiji finds the panacea of all ills of life in this divine love. He is always swimming in the great ocean of love, always pouring forth this limitless love as the clouds pour forth showers in the rainy season. He is always trying to awaken this love within everyone, as God's love acts like a magic wand which transforms all weeds into beautiful flowers that adorn our heart, mind, body and soul. Through this great love he consciously beholds God in everything, whether in nature or human beings. That is why he does not push away anyone from him, however ungrateful or sinful the person may appear. There lies his greatness. Like Jesus, he draws everyone, virtuous or vicious, good or bad, toward his own bosom and baptises all with the fire of love, kindles within all the spark of love for God. It is this new consciousness which he inspires in all which will turn the animal instincts of man into divine instincts. The transformation will start with individuals first, gradually become national and then international, thus eliminating wars and hatred from the face of mother earth.

Creation of Better World

"It is this great love of God which has made Swamiji a man of self-sacrifice. He has dedicated all his earthly possessions to the furtherance of the teachings of India's great saints and sages as given to him by his own Master. He has concentrated his life, happiness, self-interest to the creation of a better world through the technique of Self-Realization. He works day and night, often without rest, sleep, food or the comforts of life, continually devoting his energies to the spread of this new light for the world, free from any cravings for personal fame or glory.

"He, like all great messengers of God, is the personification of humility. For all his great and noble and world-famous works he takes no personal credit but gives all the glory to God and his Master. His devotion to his Master

is unique among disciples in this day and age.

"There is only one parallel that can be given to the life of Swami Yogananda. As nineteen hundred years ago in the streets of Galilee Jesus used to walk, his long robe flowing, his benign countenance lightened with the consciousness and realization of God, his mouth uttering the divine message to bring the wayward souls back to God, so similarly Swamiji goes on unselfishly, pursuing the ideal of service to all the children of God.

"Night and day, night and day, he is striving in every possible way to enlighten people and to bestow on them the priceless technique of Self-Realization. Darkness is still on those who have not recognized his divine message yet; eternal joy and peace on those who have understood him."

Greetings from Salt Lake

By ALYCE GUBLER

Mrs. Alyce Gubler, joint leader with Mr. Merck of the Salt Lake City Center, had the following message for the assembled guests at the Yogoda Convocation banquet:

"On the joyful occasion of this great convocation I bring to you greetings and the well-wishing of our faithful and devoted students and friends of Salt Lake City. Following the expressions of gratitude of other leaders, I should like to take this opportunity to say that I am profoundly grateful to India, her saints, culture and environment, for producing a Master, and for her unselfishness in sharing that Master with us. To Swamiji I am grateful and forever indebted for his example and teaching.

"I was first attracted and impressed with the gentle kindness and perfect unselfishness of this man of God, and if all else passed away there would still remain the first impression I received that here was the good life exemplified.

"The teaching is made up of the basic truths underlying all religions and philosophies which constitute the rules for moral and harmonious living and is the only foundation on which spiritual unfoldment can be built. In addition, Swamiji's teachings embrace a priceless technique which is the tool placed in our hands to expedite our progress toward realization of the purpose of man's sojourn in this school of life. So to those who have not had the teaching, I would say, 'Try it and you will know of its efficacy'. To you here I would say, 'Let us be devoted to its practice and as a result, experience in our lives the peace and perfect joy of Swamiji's Bliss-God'. For myself I pray for wisdom to know the best for those concerned and the highest good to do, and for strength to live it unflinchingly. I thank my all-loving Father, God, for bringing me to the feet of my beloved Guru to learn how to cultivate or to realize the inner Self".

Yogavatar Lahiri

(Continued from Page 4)

discover that only the wooden seat and background were visible, while not a trace of the Master could be seen. He returned to Lahiri Mahasaya pleading and imploring him to allow himself to be really photographed. The Master, smiling with compassion, said, "My son, you wanted a picture of **Me**? How could your camera see my Self, my Soul? I perceive you want a photograph of the temporary temple I live in." Later he agreed that one single photograph be taken, when he did not dematerialize his body as before.

Shama Charan Lahiri Mahasaya predicted, at the time when with his sacred touch he spiritually baptised the baby Yogananda, that he would be a "spiritual engine," i. e., just as a railroad engine carries several cars to a destination, so also the spiritual engine or Guru-preceptor, Swami Yogananda, was to carry many divine souls to the land of eternal freedom. This prophecy has been already fulfilled, for in America alone Swami Yogananda has initiated over one hundred fifty thousand persons into his Yogoda teachings. The life of this great Yogavatar is being written by Swamiji.

Appeal for Flood Sufferers

All Self-Realization students are urged by Swami Yogananda to send a contribution to the Red Cross for the benefit of the middle-western sufferers from the great floods in America recently. "We must feel for others as though they were ourselves. We must expand our little consciousness of this body into the infinite consciousness that embraces all bodies. Selfishness is the cause of misery; unselfishness brings us closer to God," Swami Yogananda told his students of the Thursday Night Meditation Class at Mount Washington. He announced that the weekly collections from this class would be donated to the Red Cross for a month.

Page Seventy-two

San Diego Interested

The *San Diego Sun* of January 31, 1937, carried an illustrated article about the Encinitas Hermitage, as follows:

"A theological group has come to San Diego County. It has chosen the Encinitas promontory as the ideal site upon which to build a retreat. The name of the organization is the Self-Realization Fellowship, and they are going to call the large Encinitas estate the 'Yogoda Dream Hermitage'. The estate overlooks the ocean from the most conspicuous point in the southern section of the city. . . . Swami Yogananda is a very congenial person, and he'll tell you he was born in India and that his organization is by no means a cult nor a group of fanatics, but that they have organized in an attempt to fully realize the best on earth. He will tell you that his faith and that of his followers is based on the best parts of all the religions known. The dream hermitage will be used as a retreat. There, 500 feet above the ocean, some of the 150,000 members can retreat from the world to study, to meditate, to enjoy life's riches. The hermitage is being built by a Los Angeles contractor. Now composed of two buildings, it will not be complete until a large glass temple is built on the highest knoll of the estate."

Swami Yogananda's Banquet Speech

(Continued from Page 63)

aside if you wish. You must help your Father. Come back to your home and like the prodigal son returned home, He shall kill the fatted calf of wisdom, eternal bliss and Divine understanding for you and you shall find Him with you evermore.

"God, Guru, Masters, devotees, I bow to you all. I bow at the feet of all humanity, for all are the children of God."

Inner Culture

Directory of Self-Realization Fellowship Centers

(Yogoda Sat-Sanga Society)

Ranchi, India

New EASTERN HEADQUARTERS of YOGODA SAT-SANGA (Self-Realization Fellowship), SHYAMA CHARAN MISSION, with Ashram accommodations and departments for Fortnightly Instructions by Correspondence, and the Brahmacharya Vidyalaya, a Residential School for Young Boys. Patrons: Yuvaraja of Mysore and Maharaja S. Nundy of Kasimbazar, Bengal.

Western disciples, guests, and visitors are welcome and will find hospitable and suitable accommodations.

Calcutta, India

Self-Realization Fellowship (Yogoda Sat-Sanga Society) and the Students' Home. Secretary: S. Majumdar, B. A.; 293 Upper Circular Road.

Yogoda Girls' School and Yogoda Sat-Sanga Center (for ladies), 39 Raja Dinendra St. Manager, Tulsi Narayan Bose; Teacher, Sister Radha Rani.

Puri and Serampore, India

Self-Realization Fellowship (Yogoda Sat-Sanga) at the Kararashram, Puri. Swami Sebananda in charge.

Yogoda Sat-Sanga Ashram, Moti Lal Bhattacharya in charge, Bhaktashram, Chatra, Serampore.

Midnapore, India

Yogoda Sat-Sanga Ashram, Khukurda.
Yogoda Sat-Sanga Ashram, Ghatal, Dt. Midnapore.

Bombay, India

Dr. H. W. Nawle, Conducting Teacher. Meetings each Thursday evening at Amarchand Bldg., Bombay.

Tukumā, Latvia

Mr. Harry Dikman, Conducting Teacher; Zigfr. Meierovica iela Nr. 20. J. Vessel, Secretary.

Los Angeles, Calif.

Western Headquarters of THE SELF-REALIZATION FELLOWSHIP (Yogoda Sat-Sanga Society), founded by Swami Yogananda. Free public lectures when announced. All sincere Souls are welcome to come and meditate and read at any time in the day. Address, 3880 San Rafael Avenue, Los Angeles, Calif. Phone CApitol 9531.

Self-Realization Fellowship Church, 711 West Seventeenth Street. Seva Devi, Assistant Leader-in-Charge. Services held every Sunday at 11 a.m. Phone: CApitol 9531. Other speakers when announced.

Encinitas, Calif.

Yogoda Dream Hermitage By The Sea (residential Ashram), also Temple of all Religions (under construction), Swami Yogananda in charge.

*Santa Barbara, Calif.

Self-Realization Fellowship Center Meetings held each Thursday evening at 8 p.m. Mrs. Lloyd Briggs, Conducting Teacher. For further information write or telephone Mrs. Briggs. Address 1740 Prospect Ave. Telephone 27984.

Boston, Mass.

Dr. M. W. Lewis, Conducting Teacher, 29 Edg-hill Road, Arlington, Mass. Meetings on the 1st and 3rd Monday evenings of each month, at 8:15 p. m., at 543 Boylston St., Boston, Mass.

*Des Moines, Iowa

Meetings held every Thursday afternoon at 1:30, at the home of Mrs. Flora M. Lucas, 1428 W. 46th Street.

*Canton, Ohio

Sri R. K. Das, Conducting Teacher. Meetings every Thursday evening at 8 p.m., also Sunday evening services at 8 p.m., at the home of Mrs. J. E. Bowen, 831 Harriet Ave., N.W. Phone 23129. Miss Erna Coleman and Miss Mary Singer, secretaries. Mr. E. Davies, President of Board of Directors.

*Akron, Ohio.

Sri Ranendra Kumar Das, Conducting Teacher. Mrs. Marie Jewel Ailes, assistant conducting teacher, 1018 N. Howard St. Miss Minnie Hardgraves, secretary, 2221 21st St., So., North Akron, Ohio. Meetings each Tuesday evening at 8 p.m. at 34 S. High St., Pythian Bldg., Room 201.

*Dayton, Ohio

Conducting Teacher, Sri Ranendra Kumar Das; Secretary, Miss Mary Hootinger, Vandalia, Ohio. Mrs. Elma King, in charge of classes, 730 North Main St. Telephone Adams 2835. Meetings each Wednesday evening at 8 p.m. at the home of Mrs. Elma King.

Cincinnati, Ohio

R. K. Das, Conducting Teacher, 2917 Sander St. Phone: University 1631. Several weekly meetings, held in Parlor A, Sinton St., Nicholas Hotel.

*Cleveland, Ohio

Dr. M. P. Wherrit, Conducting Teacher, 10609 Euclid Ave. Mrs. M. P. Wherrit, secretary; Mrs. A. R. Brenne, treasurer, 1651 Clarence Ave. Meetings each Thursday evening at 8 p.m., at Allerton Hotel, Card Room, E. 13th St. and Chester Ave., Cleveland.

*Topeka, Kansas

Meetings the second and fourth Thursdays of each month at the Y.W.C.A. Building, until further notice. Mr. Roy H. Clark, chairman, 532 Kansas Ave.; Mr. A. E. Seal, Conducting Teacher, 2732 Wisconsin Ave.; Mrs. Alta M. Redmond, Sec. and Treas., 1908 N. Kansas Ave., North Topeka.

Milwaukee, Wis.

Meetings every Thursday evening at 8 p.m., at the Wisconsin Hotel, North Third Street, Room 157. Conducting Teacher, Miss Lillian Grabler, 3035 North Richards St.

Denver, Colorado

Friday weekly meetings in Room 303, Y.W.C.A. Building, 1545 Tremont Place, at 8 p.m. Fredrick H. Wadley, Conducting Teacher, 3428 Colfax Ave. "A." Miss Dorothy J. Ladwig, Assistant Teacher and Secretary, 1536 Willow St. Study Class every Tuesday evening at 429 Acoma St., at 7:30 p.m., Mrs. J. Leo Friend, Teacher and Treasurer.

Minneapolis, Minn.

Sunday evening services held in Pioneer Hall, Lumber Exchange Bldg., 5th St. and Hennepin Ave. Mondays, open class at Center, 7:30 p.m. Tuesday, closed class at 8 p.m. Wednesdays, Inner Group, for all students, at the home of Mrs. Elisabeth Backus, 2201 E. Lake of Isles Blvd. Course No. 1 taught by Miss Ednah Hall, Conducting Teacher. Consultation by appointment, 2215 Colfax Ave. South. Phone: Kenwood 0643. Noon meditations at Center, 12:15 to 1:00 p.m. every day except Saturday and Sunday. Yogoda monthly supper, 25c, last Sunday of each month, 6:30 p.m., Pioneer Hall, before services. Self-Realization Fellowship Center, 433-34 Lumber Exchange Building. Rental Library.

Salt Lake City, Utah

Alyce Gubler in charge. Self-Realization Fellowship Center Meetings held every Sunday evening at 7 o'clock in the Newhouse Hotel.

St. Louis, Mo.

U. Punditji, Conducting Teacher. Daily Meditation, 1:30 p.m., open to public. Sunday, 10:00 a.m., Self-Realization Fellowship Sunday School. Morning Services, 11:20 a.m. Evening services, 8 p.m. Each Friday at 8 p.m., Psychological Study and Question Class. Visit the library and Center at Room 840-842, Maryland Hotel, 9th and Pine Sts.

*Indianapolis, Indiana

Meetings, 38½ Pennsylvania St., Penn. Bldg., Rm. 408; Sunday services at 11 a.m. Class Friday evening at 8 p.m. Public cordially invited. Conducting Teacher, Sri R. K. Das. Mr. Fred Wm. Renz, President of Board of Directors. Miss Meta Eckhart and Mrs. Chas. Hoffman, Mentors; others when announced. Lending library.

Washington, D. C.

Brahmachari Jotin, Conducting Teacher. Several meetings weekly at 1758 Columbia Road, N.W.

*Miami, Florida

Conducting Teacher, Mrs. Olga Lade. Services Sunday, 11 a.m., also at 8 p.m. on Sundays, Wednesdays, and Thursdays. Library open from 4 to 8 every day. 313 Venetian Arcade.

*These Centers are newly inaugurated and will be acknowledged and ordained after three years' trial.

Center News

By **ORPHA L. SAHLY**
(Director of Center Activity)

Mt. Washington, Los Angeles

On Sunday, January 3, at Mt. Washington, a 12th Anniversary special Yogananda Convocation was held. In the afternoon Swami Yogananda delivered a soul-stirring address on "Strange Spiritual Experiences and the Resurrection of my Master", to a tensely listening audience in the packed assembly room.

Following the address, in the evening, a Hindu-American Banquet was served in the great banquet hall. The hall was strikingly decorated for the occasion and presented an entrancing scene to the eye. Guests from far and near were present, including prominent local personalities, many Center Leaders, and friends. Musical entertainment was provided as a background to the enjoyment of delectable and novel Hindu delicacies. Guests were waited upon by Mt. Washington devotees garbed in rich and colorful *saris*, the native dress of the Hindu woman, thus adding to the unique atmosphere of the affair.

Interesting short talks were given by Judge and Mrs. Hardy of Los Angeles, St. Lynn, Faraon J. Moss, business manager, Dr. Lewis of Boston, Brahmacharee Jotin of Washington, D. C., Sri Nerode, Sri Das, Dr. R. Ostojka, Seva Devi, and other Center leaders and teachers. The outstanding note sounded in these talks was the great devotion and gratitude to the teachings as the open door to Life more abundant and happy, and to Swami Yogananda as the harbinger of these truths to the Western world, and to him as the representative of the Great Masters who have been enabled through the Swami's own great attainment, to pass on these life-giving techniques and most precious secrets, for the uplift of all who accept and apply. Mr. C. R. Wright, com-

panion-secretary to Swami Yogananda on his expedition through Europe and India, gave an enlightening short talk on his impressions of Indian life.

The Swami's closing words were redolent of his great devotional spirit, and gracious, humble acceptance of the gratitude offered him, as he said, "It is not I, but the Father in me, who doeth these things."

And so the great banquet and the first Convocation came to an end. A Director's and Center Leader's meeting the following morning elucidated important plans for future activities.

Bombay, India

It gives us great happiness to welcome the new Center in Bombay, India, which is conducted by Dr. H. W. Nawle, Amarchand Bldg., Bombay, India. This Center was established during Swami Yogananda's visit there, and we are confident that through it many sincere souls will find help and guidance in setting their feet upon the path of Realization.

Latvia, Europe

An interesting Center and one of which we are proud, is the little group of faithful students in Latvia. Tucked away in the heart of Europe, under conditions difficult, and different from anything we of the Western world experience or picture in our imaginations, limited in many ways, these students carry on. The nation of Latvia itself has a history of valor and spiritual strength which is indicative of those qualities inherent in the individuals. Let us send greetings and blessings to our loyal fellow-members across the seas. The Latvia Center has been in existence several years.

The Horn of Plenty Bank

WE wish to be of greater service to our readers and students and have developed this method of helping you to demonstrate in your life the abundance and success which are yours by Divine right.

Until you realize that you and the Father are One, and that "All things whatsoever the Father hath are mine," and you know this in your mind and soul, you cannot manifest the abundance, health and happiness which you desire.

The purpose of the Horn of Plenty Bank and prayer practice is to help you to get the right attitude of mind firmly established through the daily practice of right prayer and right habit, and thus to help you to demonstrate in your everyday life the things you are only vaguely wishing for now.

As your mind is changed and renewed through right thinking, through persistently knowing that your good is yours now, the way opens for you to receive it.

The Horn of Plenty Bank is a beautiful reminder to keep the idea of abundance always present in your consciousness.

This plan helps you practically in a number of ways. First, it shows you how to think correctly and encourage you in doing so through inspiring you to daily affirmation and prayer.

It helps you to realize and develop faith in the one unfailing source of supply, which is God, through the practice of a short prayer and meditation which is to be held in mind each time a coin is deposited, whenever a negative thought appears, and at as many other times during the day as possible.

It helps by supplying an easy method of saving for subscriptions to "Inner Culture" Magazine, for spiritual books or for offerings to the Mother Center to help carry on the holy work of spreading God's message to suffering humanity.

March, 1937

It helps by giving you the opportunity to supply your friends with gifts of spiritual literature. In this way you put into practice the command: "Give and it shall be given unto you."

It helps by giving you, along with the little Horn of Plenty Bank, a special lesson outlining the Divine Bank, of bringing desires into manifestation. Faith and prayer and work are the most important steps. Wishing and ineffective prayer get you nowhere. This method teaches you how to pray correctly and then how to do your part in bringing about your desire.

It also helps by giving you the service of trained workers who pray for your success, health or happiness from the moment your request reaches us for a Horn of Plenty until the contents which you have saved are sent in with your order. You will wish to have one of these beautiful banks with you always once you have started your prayer drill and have found how effective it is.

Complete instructions in the use of the bank and also a lesson in demonstration are sent with each request for a Horn of Plenty.

Fill in the blank below and let our workers help you to bring into manifestation the super-abundant good which is yours now.

Please send me a Horn of Plenty Bank and please also put my name on the prayer list for opening up the way for prosperity to come to me.

Name _____

Street _____

City _____ State _____

Page Seventy-Five

Members' Letters of Appreciation

"In one week's training under the teachings of Self-Realization Fellowship, I have received more genuine education than in two universities of which I am a graduate. I have found the Course so far just what it claims to be. Already with the Third Praeceptum I have experienced physical, mental and spiritual improvement. After suffering from stomach gas and headache for the past seven years, after carrying out the exercise in Lesson I, I have cured myself of all these ailments. I feel 10 years younger, and no matter how hard I work I never feel tired."—R. B. E., New York.

"I want you to know that the Lessons have been a great help to me in getting a better understanding of life and the Truth. I am enjoying the review of the Lessons. There is always something new and interesting in them no matter how many times one has gone over them. Wouldn't want to do without them for I prize them as the highest thing I have. I have never had so much joy and happiness in my life as I have had the last year.—A. B., Denver, Colo.

"As you asked for constructive criticism, I must state, that in the volumes of books that I have read in Public Libraries I found not as much truth in them as I found in your twelve type-written pages. The intuitive deduction contained therein appears to me logical, and my claim is, that anything similar cannot be found in the numerous Text-books and Psychology."—H. B., New York.

"I wish to again express my deep gratitude for the untold benefit I am deriving from the studies. The study has already effected definite changes for good and has brought that abundant

peace which we desire to share with our fellowmen. Each lesson is a revelation and I look forward to them with increasing devotion."—A. L., Virginia.

"I wish to state again that the benefits and blessings I have received since joining the Self-Realization Fellowship are too numerous to mention. I was sick in body, mind, and Soul, when I joined, now, thanks to the Technique of Rejuvenation, my body is getting back to the fatigueless stage of youth, or better, I am beginning to feel so good I can't understand it; I feel a power for good all around me; it seems inestimable and I know my Soul is marching onward and upward on the pathway of my Self-Realization."—J. C. F., B. C., Canada.

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"I find that the material things I used to fret and worry about do not bother me at all since starting my studies. One of the greatest benefits to me is: I have learned to keep smiling when things seem to be all wrong. The tensing exercises are wonderful for recharging the body. I can practice while at work and actually demonstrate that I feel as fresh and full of pep and vigor after nine hours' hard work as I felt when I started work at seven in the morning."—K. N., Michigan.

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Comments of the Press

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(Continued on Page 79)

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Comments of the Press

(Continued from Page 77)

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Inner Culture

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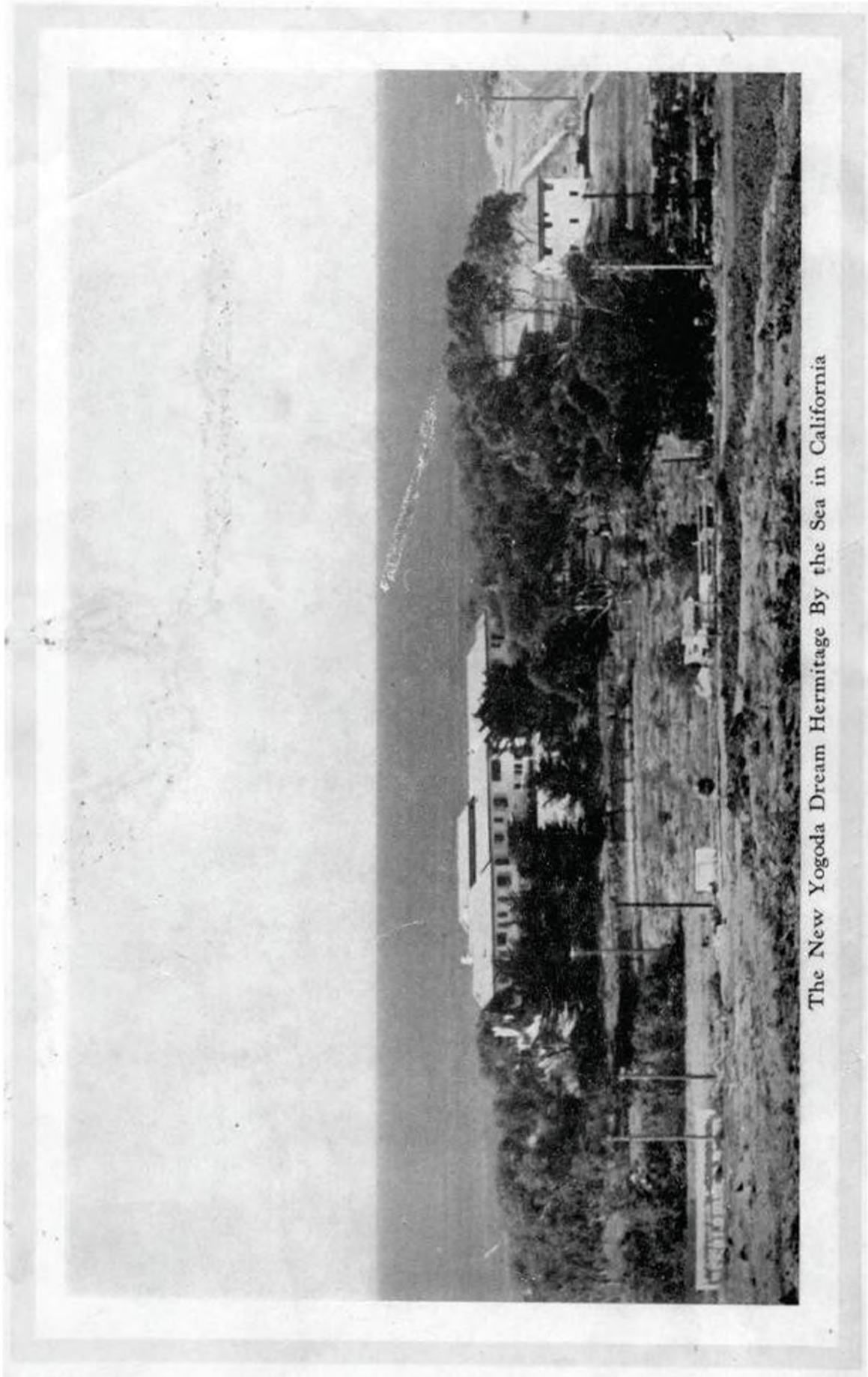
By SWAMI YOGANANDA

A dream of yore
Of incarnations before
Of a dream-bud retreat
Grew in the garden of my soul,
For ages 'twas caressed
By the sunny breeze of His blessings blessed
Until in this life
Away from all strife
On Encinitas' Elysium mountain beach
Beyond all noises' reach
That dream-bud blossomed true
Into a flower,—a dream of silent rest
Dropped from Heaven's breast
Through magic touch of a most blessed mine
Beloved Saint Lynn divine.

The muffled mystery fragrance of this flower home
Long did roam—
At last it came, wafting, enchanting, entrancing,
Through vaporous joyous tears
Down the arches of the ancient years,
Until I searched here and there,
North, East, West, South, everywhere,
And at Divine Mother's call
Was summoned on this motionless mountain liner tall,
Bedecked with celestial caves and lacy trees,
Jutting out to the seas,
Anchored forever
By the sands of silver.

As I sat on the sandy mound
By the surf-tapestried opal ocean round
Ecstatic-Heaven-bound,
A diamond chip of this retreat I found
Glistening on the screen
Of my forehead's Spirit-Eye unseen.
That vanished vision now—
I valiantly vow—
Has come forever to decorate
A part of this retreat ornate.

On threshold of my mind's door
Once before
Divine Mother asked me
To look and see
If I could find Her soar by the hills of Elsinore.
Now I know I shall seek Her no more
In any other sea-fenced mountain core,
For I found Dame Divinity reigning,
Without, within, everywhere like showers raining,
By entrancing Encinitas' Elysium shore.



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