

Self- Realization MAGAZINE

FOLLOW THE PATH OF THE GREAT ONES! 3

Paramhansa Yogananda

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Healing of Body, Mind, and Soul

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Guests at the SRF Garden Party. The buffet lunch was served on the grounds of Mt. Washington Estates, a sunlit foliage fairyland. (See Page 11).

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Convocation banner on the Lotus Tower, SRF Church, Hollywood.

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Paramhansa Yogananda and a few of the 125 disciples present at the Master's last birthday party, SRF headquarters, January 5, 1952.

Follow The Path of the Great Ones!

By PARAMHANSA YOGANANDA



The following words of Paramhansa Yogananda were addressed primarily to disciples of the Order, but their truth is universally applicable. They are extracts from his talk to the disciples on the occasion of his last Christmas celebration, on December 25, 1951; and from his final address to the members attending the August 1951 SRF Convocation. Both these talks were recorded by electrical transcription. In the light of the fact that his mahasamadhi was then not far off, Paramhansaji's words concerning the organization and the disciples who would carry on the work now carry doubly significant weight.

The Heavenly Father has fulfilled all my wishes for the organization. Personal wishes I did not have. Our churches are without debt, but it has not been easy to be here with so many responsibilities, sometimes without a penny. I have no bank account. I parted willingly with everything I had. I have a little box, that is all. It is never empty, by the grace of God. That demonstration was given in my life because I live for Him. I did not have one eye on Him and one eye on the money. My two eyes were wholly on Him. God alone supported me. When I needed anything, it was there. God loves that devotee who not only meditates but works for Him in the world. When a spiritual man does for God as true husbands do for their wives, God loves him. It is not those who give lip service that move my Father; it is he who works for Him.

You belong to the greatest Order, for Self-Realization teaches the highest principle, that of meditation combined with activity. Everywhere people are working, but they forget God. In our Centers we work for Him and live in an ideal environment, with the consciousness of God in our bosom.

There are an inner and an outer circle of devotees—those who are steadfast and those who come and go. I prize most the bouquet of souls who have come to serve God and the Masters steadfastly; and that bouquet of souls I offer to the Heavenly Father. I do not care who comes and goes. He who follows me, follows not me but Him that sent me.

The Masters don't want disciples; they don't want anything except to do the will of God. Think of my own Guru. Everyone except myself and three little boys left him, because he didn't flatter them. He didn't suit their fancies. But I didn't leave him, and see what he did for me! By converting me he has converted millions.

The Masters pay no attention to those who come and go. Jesus said, "Who is my mother? and who are my brethren? Whosoever shall do the will of my Father which is in heaven, the same is my brother, and sister, and mother." (*Matt. 12:48*) I recognize *all* as brothers and sisters in a metaphysical way; but those that love God, I *know* as my own dear brothers and sisters.

Spirituality cannot be bought in a market place. When you are very desirous of God, he sends you a guru. You must have regard for the link of gurus and must follow the way they show if you want to reach God. Some don't follow the teachings, yet they expect the result just the same. It won't work. Never go to bed without giving God your deepest attention. You won't die! But die for God if it be necessary.

Control the body until you are its master. Then when you sit to meditate you will not nod. Practice *Kriya Yoga* and you will make your body a fit temple to receive God. Your body has to be ready to receive the divine power. Your consciousness has to be right. Then God will automatically steal into you!

God may not respond to you for years. Only when He is convinced that you seek Him, not for temporal glamor and glory, but to be unconditionally His, forever, will He open the door. It is those who go all the way, not just half-way, for whom He opens the door. But only He can tell when He will open the door.

Don't demand that God appear before you just because you have meditated ten years, or whatever you consider a proper time. God has disappointed many saints who have meditated incarnations. But as soon as you make no demand, and just say, "God, I will wait for you, no matter how long it takes," He will come. The greatest thing is to have that resolute desire. Krishna said, "Out of a thousand, one seeks Me, and out of a thousand that seek Me, one knows Me." Those who last to the end of the path will be the first to find Him.

So must you follow the teachings. Practice your *Kriya*, so that I see in your eyes that you are drunk with God and are not saying, "When will I have God?"

God is caressing you through the breeze, in the sunshine. He is the food that you eat. He is the One that nurtures you as father, mother, and relatives. He is the only relative. That is why Jesus said, "There is no man that hath left house, or brethren, or sisters, or father, or mother, or wife, or children, or lands, for my sake, and the gospel's, but he shall receive an hundredfold now in this time, houses, and brethren, and sisters, and mothers, and children, and lands, with persecutions; and in the world to come eternal life." (*Mark 10:29*)

No one belongs to another. We have all come from God. We are seemingly strangers; it is only when we love God that we become truly brothers and sisters, for only in God does that relationship hold in the hereafter. Salvation is for those that love God—those who go to the end, not just to "stick it out," but because they love Him.

Jesus and the Masters are the examples—the great reflections of God for you to follow that you may know you are potential children of God. We are all sons of the one Father. But you have to realize that. May that consciousness come to you! Do not call yourselves sinners any more. Sin belongs to the past. It is no longer yours. God is yours! And the great Masters and Christ are yours. Hold that in your bosom, in every thought you have, and you will find you dreamed you were a man, and you woke and found you were God's reflection.

"Seek ye first the kingdom of God!" Not only monks, but all people! This world was not made just for producing children and for selfish hunting of money. Millions have thought that, and millions have gone away, unsatisfied. God once showed me how houses are like human chicken coops, where people peck and eat and love, and finally become "fried" chicken. He said, "Is that what you want?" And I said, "No, Lord! I came with You; I remain with You; I go away with You. I am content."

How shall you seek Him? Through Self-Realization Fellowship, the greatest dispensation sent to the world by Christ and Babaji. All credit belongs to the great Jesus Christ and to Babaji, who together sent this work to unite the original Christianity and the original Yoga. Christ felt the lack of real God-communion in the churches. They are all doing good, but they must show people how to seek God. That is why Christ and Babaji sent me here, and why Self-Realization is the new dispensation that was promised in the scriptures. Christ promised to send the

Holy Ghost after he had departed. Where is it? Holy Ghost means the sacred cosmic vibration that is the structure of all creation, the vibration you can hear by the SRF meditation technique. SRF is bringing that which has never before been given in the churches. When you practice that technique and hear and commune with that sacred vibration, you will be one with the Lord through the Christ Consciousness.

You are with the greatest religion in the world, and if you follow it and the Masters, you won't want anything else, for Self-Realization will take you to your highest goal—our own Beloved—God!

I want to remain steadily in the spirit of God, that I can give you something, that I can saturate you, bathe you, and change you forever, forever, and forever in this infinite ocean of Light that I behold. Babaji, Jesus, Lahiri Mahasaya, Sri Yukteswarji, I bow to you all again and again. It is your message from Him that has permeated me, and he who shall receive that message from me with open heart shall never go away unfulfilled. His or her heart shall be a wonderful cup that will gradually expand into an eternal vessel to receive the ocean of Infinity and the power of Spirit. My ceaseless prayer is:

"Heavenly Father, may Thy love shine forever on the sanctuary of our devotion, and may we be able to awaken Thy love in all hearts."

May His light surcharge you! Everywhere you go, *live* God. Practice your *Kriya*; be intoxicated with that communion with the Spirit, and whosoever sees your eyes shall change. May you all be surcharged with the great power that is emanating from me as the power of the Father, none else. My hands, my feet, my mind and thought, my meditation and *samadhi*, all belong to the Father. Lord, bless all through the Masters, and bring them to Thy consciousness, that we may live in a new world no swords shall destroy. We are come to open heaven in every heart, that through the instrumentality of our great America, India, and all nations that are loyal to God, we may establish one United States of the World. God bless you all!



One World, America and India are being drawn closer to each other from day to day; and no better foundation for this friendship can be designated than that which is built on the unity of the spiritual life.

"To our new President Rajasi Janakananda we offer our *pranam*s and love; and in tendering homage to him, we strengthen the tie that binds us all together.

"Glory be to God and the Gurus. *Om Amen.*"

Rajasi's inspiring talk then followed; it is presented elsewhere in this issue. The voice of Paramhansa Yogananda was then heard, in a recorded talk he had given on his last Christmas, December 25, 1951, and in excerpts from his final address at the 1951 SRF Convocation. The beloved Guru's thrilling words appear in a separate article in this issue.

Seventy-two persons made the pilgrimage, by bus, on Monday, July 28th, visiting the Encinitas hermitage and the SRF Lake Shrine at Pacific Palisades, sites hallowed by the presence of Paramhansaji and made beautiful, as was every site he founded, by his own hands.

The day closed, upon the return of the group to Los Angeles, with a brief meditation at the SRF Hollywood Church. Resident disciples reluctantly bade farewell to the devotees who had come from near and far to share with them the fullness of companionship and divine communion in Spirit.

The following SRF center leaders attended the 1952 Convocation: Mr. Pedro Gonzales Milan, Merida, Yucatan, Mexico; Yogacharya José Cuaron, Mexico City, D.F.; Mrs. Helen Erba-Tissot, Basle, Switzerland; Mr. Oscar Font, Havana, Cuba; Mr. Fred Bachman, Union City, N.J.; Mr. J. T. Raymer, St. Paul, Minn.; Mrs. Norma Weeks, Post Falls, Idaho; Miss Signe Schultz, Bremerton, Wash.; Yogacharya Mildred Hamilton and Rev. Ralph Hamilton, Seattle, Wash.; Mr. and Mrs. Clifton Davis, Vancouver, Canada; Yogacharya J. Oliver Black, Detroit, Mich.; Kamala Silva, San Francisco, Calif.; Mrs. Marjorie Goodnight, Glendale, Calif.; and Mr. Wilson A. Tyson, Gardena, Calif.

NAMES OF SISTERS

Six renunciates, Sisters of the SRF Order, will henceforth be known by their monastic names. These Sisters, all of whom have been disciples of Paramhansa Yogananda for nineteen or more years, took the monastic vows from Master personally. The names are:

Durga Ma (Florina Darling). Durga is a name for God in the aspect of Divine Mother.

Tara (Laurie Pratt). A name for God in the aspect of Divine Mother.

Daya (Faye Wright). The word means "kindness."

Mataji (Virginia Wright). The word means motherly qualities.

Dharja (Margaret Lancaster). The word means "endurance."

Sradha (Orpha L. Sahly). The word means "receptivity to Divine Will."

A SPIRITUAL INTERPRETATION
OF THE *BHAGAVAD GITA*
By PARAMHANSA YOGANANDA



Chapter 5, Stanza 15

Literal Translation

The All-Pervading takes no account of anyone's virtue or sin. Wisdom is eclipsed by Cosmic Delusion; mankind is thereby bewildered.

Spiritual Interpretation

"The Omnipresent Cosmic Beam creates, for entertainment, the dream pictures of men, their virtuous and sinful activities on this dream earthly stage. God is not a meticulous accountant of human merits and demerits. The Cosmic Beam, Its Wisdom and ever-new Joy, are hidden behind the shadows of relativity and ignorance. Mortals, not perceiving the causative Light, stumble in the darkness of delusion."

As fog hides the right road to a destination and leads the driver of a car astray, so the wisdom-path toward God is obscured by mists of delusion that cast men into ditches of mortal desires and ignorance.

The Spirit of *Sat-chit-ananda* (ever-existing, ever-conscious, ever-new Bliss) is uncontaminated by the darkness of delusion (Nature), even as a serpent, the possessor of poison, itself remains unaffected by its own venom. Though the poison is produced within the snake, the

creature is not affected by it; similarly, even though the delusive dualities of Nature derive from God, He is uninfluenced by them.

When a serpent bites anyone the poison affects him; similarly, man as a mortal is influenced by Cosmic Delusion. Nevertheless, though *maya* is imposed on man, he can overcome it by refusing to yield to its temptations. The devotee should understand that the purpose of God in creating the world and Delusion is to develop perfect beings. This pastime is God's hobby!

To encourage perfection the Lord gave men free will—and a challenge! He subjected them to the inner wholesome temptations of His goodness and to the outer unwholesome temptations of Nature. Human life is a vast and complicated puzzle that each man must solve at last.

When man skillfully uses his divine gift of free choice and discrimination to respond to the temptations of virtue and not of evil, he attains the necessary victory. He is "out" in the game of life; he returns to the blessed Home with his heavy winnings.

This, then, is the truth about the mystery of human life on earth. This is the reason why man should not yield (as many psychologists wrongly advise) to the "natural" impulses, but should be guided by the spiritual inclinations that are truly natural to his Being, the soul.

Though God is Good, and has originated Cosmic Evil only to test man and thereby afford him opportunity to return by free will to the kingdom of his Father, still the whole "plot" of God has caused man a lot of trouble! We must accept the fact philosophically, and realize that the more the human body is put under discipline, the more man will find joy in the soul. These are the rules of the game, and we can do nothing about it! Nor would we wish to change the rules if and when we understand the wisdom of their Divine Framer.

Even as God, surrounded by Cosmic Delusion, is not affected by it, so man, intrinsically an image of God, has within him all the divine powers. He too can remain in close proximity with the delusive senses without being subject to them. God has deliberately created each man with an eternal stamp of His own perfection. By succumbing to evil for a while or for long periods, man can eclipse the inner perfection of his soul, but he can never destroy it. As soon as he removes the enveloping delusion that persists through his own ignorance, he finds that he has always been perfect, even as God is, and never was otherwise.

The doubting heart should remember wherein lies the great justice of God: that He has not thrown us into evil permanently by destroying our inner divine nature and by making us mortal beings in actuality. He has instead made us essentially in His image, that we never obliterate

His true nature during any test of environmental Cosmic Delusion. It would have been very difficult, if not impossible, for man to become God if man were really only human. But it is undeniable truth: man was first made in the image of God; then, and not till then, was he placed under the influence of Cosmic Delusion, and equipped with the power of free will—to choose between Nature or Creation and God or Creator. Man, early or late, learns to make the right choice. Otherwise no one would be reading these lines!

It is the great mercy of God that He did not create us in a mortal image, for then He could not have created within us a divine image except by His special grace. God knows that man is made in His image, that no matter how heavily sunk in delusion he may be, even a sinner of sinners can wash away the mud of ignorance and discover the hidden spiritual gold. We are eternally divine; only temporarily are we slaves of delusion. "For we are His workmanship, created in (the perfect consciousness of) Christ Jesus unto good works, which God hath before ordained that we should walk in them."*

That is why all men should understand that sense enjoyment is not the goal of life; only a return to perfection can satisfy the human heart and the divine plan.

A man with extremely bad karma may be immersed in delusion for many incarnations, but not forever, because he is eternally God's. A man who forgets his real Self for numerous lives becomes so riddled by suffering that he cannot stand himself or his own habits. As soon as he tries earnestly to improve, he discovers the path to divine joy.

Eternal perdition, or final immersion in delusion, is impossible. A piece of gold, though hidden under debris as large as the Himalayas, will remain always gold. When the dirt is removed, the gold in its true nature shines forth. Similarly, a mountain of sin covering the soul cannot change its intrinsic nature as an image of Perfection.

This thought makes divine sense: that man has been made in the divine image and can therefore never be eternally consigned to a limbo of delusion. It is impossible for a soul to become eternally evil because *it is eternally good.*

Bible students do injustice to its teachings when they believe a soul can be consigned permanently to hell. A worldly judge metes out sentence to a man only according to the measure of his sin; God, more just than any human judge, could never punish a man for one incarnation or for many incarnations of evil life with a disproportionate "eternal"

*Ephesians 2:10.

sentence of banishment in delusion. Finite causes cannot produce infinite effects.

This oft-quoted stanza of the *Bhagavad Gita* says with wonderful truth that God does not take into account the sin or virtue of man. Man himself by his actions reaps the results of his good and bad karma owing to the proper use or the misuse of his free will.

In this sense God does not remain in this universe as a watcher of human beings, constantly rewarding or punishing them according to their virtues or sins. But He has made laws which do mete out invariable justice. "Be not deceived; God is not mocked: for whatsoever a man soweth, that shall he also reap. For he that soweth to his flesh shall of the flesh reap corruption; but he that soweth to the Spirit shall of the Spirit reap life everlasting. And let us not be weary in well doing: for in due season we shall reap, if we faint not."*

The Lord never punishes anyone for evil actions. Man himself is the sower and reaper of his own sufferings. Foolishly going against the divine laws and the nature of his own Being, he is the sole cause of his own hurt.

In India the most popular quotation from the *Bhagavad Gita* about the origin of evil is this part of stanza 15: "Wisdom is covered by ignorance; that is why people are deluded."

This point can be illustrated in the following way: If a man in a brightly lighted and beautifully furnished room closes his eyes and jumps about wildly, he would behold darkness, stumble, and hurt his limbs. Recovering his sanity, he would realize that the darkness and the hazards to life and limb had been caused by his self-imposed stupidities.

Similarly, the wise man who keeps his inner eye open, constantly viewing the light of God that permeates all matter, is never hurt but is suffused with joy. The man of ignorance closes his eye of wisdom and sees nothing on earth but darkness, delusion, and suffering. When a wise guru helps the blind devotee to regain his true sight, he perceives that his own sorrows and those of all his fellow beings are caused by man's willfully kept inner darkness; the wisdom-light of God is eclipsed. The permanent ever-present inner joy of the soul is hidden by the lustful human ego and by the impermanent joys of the senses.

When man forsakes delusion he regains the inner paradise. The *Gita* therefore says that people suffer just because they do not open the eye of spiritual perception; they are immersed in the everchanging outer world.

*Galatians 6:7-9.

(To Be Continued)

"TIME" Reports the Guru's Passing

TIME, national news weekly, presented (on the "Religion" page of its August 4, 1952 issue) the following report of Paramhansa Yogananda's death:

GURU'S EXIT

Paramhansa Yogananda, by his own claim, was the last in a line of four Indian gurus who were "directly commanded" by God to teach the world "the secret yogic science of self-liberation." He moved to the U.S. in 1920 to fulfill his charge. In Southern California he established the headquarters of a Self-Realization Fellowship, with a membership of some 150,000. For more than 30 years he taught his disciples the yoga doctrine that human beings can achieve "god-realization" through their own efforts at disciplining mind and body. Even skeptics testified to his own discipline, e.g., he could slow or speed the pulse in his right wrist, while retaining a normal pulse beat in the left.

For the last two years the guru suffered from a "metaphysically induced illness," as his disciples put it—the result of "working out" on his own body some of the physical and spiritual burdens of his friends. Last November he began hinting that it was time for him to leave the world. As the weeks passed, the Master grew silent. He finished dictating his spiritual books. His last "little desire" was fulfilled, he said, when a disciple from Florida sent him some green coconut juice in March.

The Fellowship's magazine, *Self-Realization*, tells the rest of the story. On March 6, Paramhansa told his disciples laughingly, "I have a big day tomorrow. Wish me luck." The next day he attended a banquet at Los Angeles' Biltmore Hotel for the new Indian ambassador, Binay Ranjan Sen, and his beautiful wife. After eating modestly (vegetables and strawberry parfait), the guru rose to make a speech about "spiritual India." He ended it with a quotation from one of his own poems:

*Where Ganges, woods, Himalayan caves, and men dream God—
I am hallowed: my body touched that sod.*

As he finished, Paramhansa lifted his eyes, turned slightly to the right and slid to the floor, dead.

Self-Realization disciples claim that their teacher thus performed *mahasamadhi* (a yogi's conscious exit from the body). The medical verdict was "acute coronary occlusion," i.e., a heart attack.

At Forest Lawn Cemetery, where Paramhansa's body was embalmed, officials reported an unusual phenomenon. Wrote Mortuary Director Harry T. Rowe: "No physical disintegration was visible . . . even 20 days after death . . . Paramhansa Yogananda's body was apparently devoid of impurities . . . [His] case is unique in our experience."

Pope's Pronouncements

The Vatican last week made important pronouncements on three subjects.

¶ In the kind of letter which went to any but a Catholic country, Pope Pius XII sent a message to the Russian people. Reminding them of their ties with Rome, he prayed "that the Christian faith which is the basis and support of human society, may be strengthened and increased among the peoples of Russia, and that all the winds of the enemies of religion, all their errors and their deceptive artifices may be driven far off from you." The announcement, widely broadcast by the Vatican radio, was the Pope's way of saying that the church's attack on Communism is moral, not political or nationalistic, and does not extend to the Russian people.

¶ A papal statement on economic matters went to the president of Vatican Radio, at an annual gathering of socially conscious French Catholics. As usual, the Pope steered a middle course between the advocates of laissez-faire and those of complete government regulation. Social justice can be realized, he wrote, neither by "the free play of blind economic forces" nor by "an oppressive, omnipotent, meddling government, which would stifle the legitimate initiative of private initiative."

¶ The Holy Office condemned "corrupt and immoral forms of sacred art." Wanted the Holy Office. "Of no moment are the objections raised by some that sacred art must be adapted to the necessities and conditions of the present times. For sacred art, which originated with Christian society, possesses its own code, from which it can never deviate." Although the statement also deplored deceptively religious art, Vatican spokesmen admitted that it was aimed principally at modern artists who had challenged technical methods. With Archbishop Cebal Cantarino, "We see it present in a label of art. . . . The danger caused by Matisse decorating the chapel of Venice has not yet died down. . . . Chagall would like to paint a Catholic chapel. . . . and Picasso has been toying with the idea of decorating a Communist chapel. . . . It is high time to unmask the permissiveness of this false art which simply consists of rejecting the human and denying the divine."

Guru's Exit

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science of self-liberation." He moved to the U.S. in 1920 to fulfill his charge. In Southern California he established the headquarters of a Self-Realization Fellowship, with a membership of some 200,000. For more than 20 years he taught his disciples the yoga doctrine that human beings can achieve "god-realization" through their own efforts at disciplining mind and body. Even laymen testified to his own discipline; e.g., he could close or speed the pulse in his right wrist, while retaining a normal pulse beat in the left.

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King's Son, and his beautiful wife, Anne, eating modestly (vegetables and strawberry outfit), the guru rose to make a speech about "spiritual foods." He ended it with a quotation from one of his own poems:

*Walter Gropius, woods, Himalayan
caves, and men from God—
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rod.*

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Missionary's English

In his 27 years in India and Africa, the Rev. Charles Kingsley* Williams found that English-speaking natives often had trouble understanding the rich prose of the King James Bible. In reading Greek, Missionary Williams came to use his Greek New Testament, translating into simple English as he went along.

When he returned to England 15 years ago, Williams set to work putting his scattered translations together. In London this month, his *New Testament in Plain English* was published, a short, common sense translation based on an English vocabulary of some 2,000 words.

¶ Matthew says: "And which of you by worrying can add one more hour to his life-time?"

King James advised: "Which of you by taking thought can add one cubit unto his stature?"

¶ Luke 6:9: "You double-dealer, first take the log out of your own eye, and then you will see clearly to take the splinter out of your brother's eye."

King James: "Thou hypocrite, first put the beam out of thine own eye, and then thou shalt see clearly to put out the mote that is in thy brother's eye."

Methodist Williams intended his *New Testament for the mission field*, but said he: "I now find that it can be of use also in this country among those who left school at 10."



PARAMHANSA RISING TO MAKE HIS LAST SPEECH.
David G. Harbo/1957

"working out" on his own body some of the physical and spiritual burdens of his friends. Last November he began living that it was time for him to leave the world. As the weeks passed, the Master grew sicker. He finished dictating his spiritual books. His last "little desire" was fulfilled, he said, when a disciple from Florida sent him some green coconut juice in March.

The fellowship magazine, *Self-Realization*, tells the rest of the story. On March 6, Paramhansa told his disciples goodbye. "I have a few days to come, with me back." The next day he attended a banquet at Los Angeles, Biltmore Hotel for the new Indian ambassador, Bhai

* Named for, but no kin to, famed Charles Kingsley, 19th century theologian and novelist, (*Widow's Hill*), who served as Queen Victoria's chaplain.

¶ Alfred Mathew is a former Methodist, Missionary of a few, Felix Passio is a practicing Communist.

¶ Sighed: Mrs. Bhai Bhatani Sen, wife of the Indian Ambassador, looking for better in a respectful Hindu manner (the present).

The page in *TIME* reporting the "Guru's Exit." The photograph ("Paramhansa Rising to Make his Last Speech") shows Col. A. R. Steinberg; Mme. B. R. Sen, wife of the Ambassador of India; and Paramhansa Yogananda.

News of SRF Centers



Los Angeles, Calif.

The *Los Angeles Mirror* ran the following news story on August 9, 1952. The article was written by the church editor of the *Mirror*, Mr. Omar Garrison.

"When Self-Realization Church of All Religions, 4860 Sunset Blvd., opened its doors in 1942, its founder, the late Paramhansa Yogananda, dedicated it to 'the ideal of human brotherhood and the realization of one God as the Father of all mankind.' To emphasize that theme, the architecture and interior appointments of the church combine features of both East and West.

"A reflection pool, set in a spacious expanse of greensward, reflects the gold-leafed lotus domes of an arched entrance tower. The blue, white, and gold interior of the church provides facilities for both worship and drama, with a silk-curtained stage, flanked by two pulpits. Recessed in the walls are statuettes of Christ, and of some of the world's great religious teachers and saints: Buddha, Krishna, the Virgin Mary, and St. Francis of Assisi.

"Equipment of the main hall includes a pipe organ, rheostat-controlled lighting, and blue, wall-

to-wall carpeting. In planning the church, the Hindu founder told his building committee:

"If theaters can be embellished to attract everyone toward material amusement, shall we not make God's house even more lovely to entice people to find the Creator of all beauty?"

"Much of the building and landscaping of the church was done by resident students of Self-Realization Fellowship, which maintains a Lake Shrine in Pacific Palisades, and headquarters that include a residence for members on Mt. Washington Estates.

"Regular 11 o'clock Sunday services are conducted alternately by the Rev. C. Bernard and the Rev. Donald Walters. In charge of Sunday school activities are Misses Lois Carpenter and Eva Lorraine."

At the *Kriya Yoga* Initiation ceremony in 1951, the last which Paramhansa Yogananda attended, the Master conferred upon several SRF ministers the title of *Yogacharya*. The following ministers may now use the title *Yogacharya* (teacher of yoga): Mildred Hamilton, Seattle, Wash., and Jose M. Cuaron, Mexico City, D. F.

Self-Realization Church

Our Churches



UNIVERSAL, practical, and self-realization teachings of 1909 in the church, which is now a place of peace and quietude, and a place of peace and quietude, and a place of peace and quietude.

BY OMBEL GARRETT

When the church was first built, it was a place of peace and quietude, and a place of peace and quietude, and a place of peace and quietude.

The church was first built in 1909, and it was a place of peace and quietude, and a place of peace and quietude, and a place of peace and quietude.

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1931-1932, which is now a place of peace and quietude, and a place of peace and quietude, and a place of peace and quietude.



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The page in *Los Angeles Mirror* describing Self-Realization Church, Hollywood, California.



A few of the 600 guests at the SRF 1952 Convocation Garden Party, watching a demonstration of yoga postures by resident disciples of the Order. The scene is the tennis court at the Mt. Washington Center, international SRF headquarters, Los Angeles.